



Elementary Lunch

April, 2018

02

Spring

03

04

05

06

Break

09

Entrée:
 A. BBQ Pork Riblet Sandwich
 B. Chicken Patty Sandwich
 C. Chicken & Cheese Salad
Sides:
 Roasted Brussels Spouts
 Fresh Baby Carrots
 Fresh Apple
 Fresh Pear

10

Entrée:
 A. Country Chicken Nugget Bowl
 B. Cheeseburger
 C. All American Cobb Salad
Sides:
 Oven Roasted Carrots
 Jimaca Sticks
 Fresh Banana
 Fresh Apple

11

Entrée:
 A. Mac & Cheese
 B. Cheese Pizza
 C. Fresh Apple Cheese Plate
Sides:
 Steamed Zucchini
 Celery Sticks
 Fresh Apple
 Fresh Cantaloupe

12

Entrée:
 A. Roasted Turkey
 B. T.Ham & Cheese Sandwich
 C. Popcorn Chicken Salad
Sides:
 Kickin Pintos Beans
 Fresh Baby Carrots
 Fresh Banana
 Fresh Pear

13

Entrée:
 A. Cheese Pizza
 B. Chicken Tenders
 C. Bean Nacho Salad
Sides:
 Steamed Broccoli
 Fresh Cucumber
 Fresh Apple
 Fresh Cantaloupe

16

Entrée:
 A. Hot Dog on Bun
 B. Turkey & Cheese Sandwich
 C. Kickin Pinto Taco Salad
Sides:
 Sweet Golden Corn
 Fresh Broccoli
 Fresh Apple
 Fresh Pear

17

Entrée:
 A. Fish Sticks w/ Mac & Cheese
 B. Chicken Patty
 C. Turkey Chef Salad
Sides:
 Seasoned Green Beans
 Cucumber Slices
 Fresh Banana
 Fresh Orange

18

Entrée:
 A. Oven Roasted Chicken Drumsticks
 B. Cheese Pizza
 C. Popcorn Chicken Salad
Sides:
 Steamed Zucchini
 Fresh Jicama
 Fresh Apple
 Fresh Cantaloupe

19

Entrée:
 A. Cheese Pizza Sticks
 B. T.Ham Cheese Melt
 C. Chicken & Cheese Salad
Sides:
 Chipotle BBQ Black Beans
 Celery Sticks
 Fresh Banana
 Fresh Pears

20

Entrée:
 A. Cheese Pizza
 B. Chicken Nuggets
 C. Tuna Salad Platter
Sides:
 Steamed Broccoli
 Baby Carrots
 Fresh Apple
 Fresh Cantaloupe

23

Entrée:
 A. Breaded Fish Melt
 B. Chicken Patty Sandwich
 C. Vegetarian Baja Salad
Sides:
 Mashed Potatoes
 Fresh Broccoli
 Fresh Apple
 Fresh Pear

24

Entrée:
 A. Beef Tacos
 B. Hot Dog on Bun
 C. Chicken Caesar Salad
Sides:
 Green Beans
 Fresh Cucumber
 Fresh Banana
 Fresh Orange

25

Entrée:
 A. Broccoli & Cheese Baked Potato
 B. Cheese Pizza
 C. Turkey Chef Salad
Sides:
 Orange Glazed Carrots
 Fresh Zucchini
 Fresh Apple
 Fresh Cantaloupe

26

Entrée:
 A. Beef Nachos
 B. Mac & Cheese w/ Turkey Ham
 C. Popcorn Chicken Salad
Sides:
 Vegetarian Baked Beans
 Celery Sticks
 Fresh Banana
 Fresh Pear

27

Entrée:
 A. Cheese Pizza
 B. Chicken Nuggets
 C. Beef Taco Salad
Sides:
 Steamed Spinach
 Baby Carrots
 Fresh Orange
 Fresh Cantaloupe

30

Entrée:
 A. Cheese Pizza Sticks
 B. Chicken Tenders
 C. Turkey Chef Salad
Sides:
 French Fries
 Fresh Baby Carrots
 Fresh Apple
 Fresh Pear

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.
Grain Choice:
 All Breads, Pastas, Rice and Breading are Whole Grain.
Condiment Selection:
 Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce
Milk Choice: Skim or 1%



Almuerzo elemental

Abril, 2018

02

No hay clases

03

No hay clases

04

No hay clases

05

No hay clases

06

No hay clases

09

Entrada:
A. Sándwich de carne de cerdo barbacoa Riblet
B. Chicken Patty Sandwich
C. Ensalada de pollo y queso
Lados:
Caños de Bruselas asados
Zanahorias frescas
Manzana fresca
Pera fresca

10

Entrada:
A. Tazón de pollo Nugget de país
B. Hamburguesa con queso
C. Ensalada Cobb All-American
Lados:
Zanahorias asadas al horno
Palitos Jicama
Banana fresca
Manzana fresca

11

Entrada:
A. macarrones con queso
B. Pizza de queso
C. Plato de queso fresco de manzana
Lados:
Calabacín al vapor
Tallos de apio
Manzana fresca
Cantalupo fresco

12

Entrada:
A. Pavo asado
B. Sándwich de queso y pavo
C. Ensalada de pollo con palomitas de maíz
Lados:
Kickin Pinto Beans
Zanahorias frescas
Banana fresco
Pera fresca

13

Entrada:
A. Pizza de queso
B. Nuggets de pollo
C. Bean Nacho Salad
Lados:
Brócoli cocido al vapor
Pepino fresco
Manzana fresca
Cantalupo fresco

16

Entrada:
A. Hot Dog en bollo
B. Sándwich de queso y pavo
C. Ensalada de Kickin Pinto Taco
Lados:
Maíz dorado dulce
Brócoli fresco
Manzana fresca
Pera fresca

17

Entrada:
A. Palitos de pescado con Mac y queso
B. Patty de pollo
C. Ensalada de pavo Chef
Lados:
Judías verdes sazonados
Rebanadas de pepino
Banana fresca
Naranja fresca

18

Entrada:
A. Palillos de pollo asados al horno
B. Pizza de queso
C. Ensalada de pollo con palomitas de maíz
Lados:
Calabacín al vapor
Jicama fresco
Manzana fresca
Cantalupo fresco

19

Entrada:
A. Palitos de pizza de queso
B. El jamón de pavo se derrite
C. Ensalada de pollo y queso
Lados:
Frijoles negros de barbacoa
Chipotle
Tallos de apio
Banana fresca
Pera fresca

20

Entrada:
A. Pizza de queso
B. Nuggets de pollo
C. Plato de ensalada de atún
Lados:
Brócoli cocido al vapor
Zanahorias bebe
Manzana fresca
Cantalupo fresco

23

Entrada:
A. Sándwich de pescado con queso
B. Chicken Patty Sandwich
C. Baja ensalada
Lados:
Puré de patatas
Brócoli fresco
Manzana fresca
Naranja fresca

24

Entrada:
A. Tacos de carne
B. Hot Dog en bollo
C. Ensalada César de pollo
Lados:
Judías verdes
Pepino fresco
Banana fresca
Naranja fresca

25

Entrada:
A. Patata al horno
B. Pizza de queso
C. Ensalada de chef de pavo
Lados:
Zanahorias glaseadas de naranja
Calabaza fresca
Manzana fresca
Cantalupo fresco

26

Entrada:
A. Nachos de carne
B. Jamón de pavo y mac y queso
C. Ensalada de pollo con palomitas de maíz
Lados:
Frijoles horneados
Tallos de apio
Banana fresca
Peras frescas

27

Entrada:
A. Pizza de queso
B. Nuggets de pollo
C. Ensalada Taco
Lados:
Espinacas al vapor
Zanahorias bebe
Manzana fresca
Ciruelas frescas

30

Entrada:
A. Palitos de pizza de queso
B. Sándwich de Turquia
C. Ensalada de pavo Chef
Lados:
Puré de patatas
Zanahorias frescas
Manzana fresca
Naranja fresca

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