

Waco Community Referral Manual

The following resources have been gathered from various organizations in hopes to help social service providers better serve clients. Please verify with each agency/organization of services provided and eligibility requirements since these may change with time. The sections beginning with the heading “immigrant” have been identified as places where the immigrant population is served regardless of citizenship status and do not require a social security number. These places usually serve citizens as well. Places not under the heading “immigrant” may serve immigrants as well. When compiling the resources, it was not known if these places served this population group.

Feel free to modify this manual to better fit the needs of your agency/organization as well as keeping it updated.

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| Adult Day Care |
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| Adult Day Care of Waco/Mental Health Associates | (254) 714-2274 |
| Canterbury Villa (Hillsboro) | (254) 582-8416 |
| Friends for Life Day Care Center | (254) 757-2511 |
| Itasca Nursing Home (Itasca) | (254) 687-2383 |
| Sunny Day Center | (254) 799-1099 |

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| Child Abuse |
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| Child, Disabled, & Elder Abuse Hotline | (800) 227-2345 |
| Child Protective Services (CPS) All Texas citizens are mandated to report any suspected or substantiated child abuse or neglect | 1 (800) 252-5400 |
| Child Protective Services (CPS) (McLennan County) 504 N. 6 th Protective services to abused/neglected children | (254) 756-5571 |

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| Children's Services- See Disabilities for additional special needs children's services |
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| After School Tutoring For kids grades 1-5. Free! Monday – Thursday at the Rock, 1525 West Avenue. | (254) 756-1422 |
| A Therapy Connection (OT, PT, Speech) | (254) 399-6955 |
| Bair Foundation Foster Care | (254) 776-5600 |
| Baylor Autism Resource Center | (254) 710-6222 |
| Baylor Speech and Hearing Clinic | (254) 710-2567 |
| Boy Scouts of America, Longhorn Council www.longhorncouncil.org | (254) 772-8932 |
| Big Brothers Big Sisters http://www.bbbscentraltx.org/ | (254) 776-2824 512/472-KIDS |

- Boys & Girls Clubs of Waco** (254) 756-3323
No cost after-school programs for ages 6-18
- Cameron Park Zoo** (254) 750-8400
www.cameronparkzoo.com
- Camp Hope** (Speech, OT, PT, and other) (254) 715-6773
- Communities In Schools of Texas** Phone: (254) 753-6002
3425 Hillcrest Drive Fax: (254) 753-4415
Helping kids prepare for life. Provide academic tutoring; mentoring services; after-school activities; drug, gang, and violence prevention activities; career assistance and exploration; work experience opportunities; enrichment activities and field trips; and peer pressure, self-esteem, and anger management programs
- Counseling** ([See Counselors Below](#))
- EOAC (Economic Opportunities Advancement Corporation)** (254) 754-5641
Early Headstart.
- Fatherhood Initiative** (254)495-2002
<http://www.centraltexasfatherhood.org/>
- Girl Scouts** (254) 756-4497
- Grandparents Raising Children Program** (254) 750-1353
Rehan McNeil
- HOT Workforce Center Child Care Service Program** (254) 754-5421
<http://www.hotworkforce.com/ChildCare/>
Application now online
- Kids and Company** (254) 753-KIDS [5437]
900 Austin Avenue, Suite 401 <http://www.kidsandcompany.org/>
- King's Club** (254) 753-4900
For kids ages 5-11 on Saturday mornings during the school year. Call for locations. Free
- Mayborn Museum** (254) 750-1110
www.maybornmuseum.com
- McLennan Community College Child Development Center** (254) 299-8720
Care for infants-5 years Call for waiting list application
- McLennan County Child Support Hotline** 1-800-687-8269

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| Medicaid Hotline (Texas Department of Health) | 1-800-252-8011 |
| Mission Waco 628 N. 15 th Children's clubs & tutoring, youth tutoring & activities. | (254) 753-4900 |
| (MCYC) McLennan County Youth Collaboration After-school programs, help with academics, behavior and attendance problems | (254) 753-6002 |
| Share a Smile Foundation (Plano, TX) www.shareasmilefoundation.org The purpose of the Share a Smile Foundation is to provide financial support to children requiring plastic surgery and/or medical treatments to repair or remove vascular anomalies, but whose families are not financially able to pay for this service. The Share A Smile Foundation ™® provides assistance to children whose parents work but whose families do not have insurance coverage or qualify for Medicaid/CHIPS. | (972) 208-8813 |
| Statewide Adoption and Foster Care Recruitment Line | 1-800-233-3405 |
| Street Camp 3 days a week in the summer at different sites around Waco, for grades 1-5. | (254) 753-7900 |
| Summer Camp One week in the summer – fun camp in the country – recreation, bible stories, fun. | (254) 753-7900 |
| Talitha Koum www.talithakoum.org | (254)753-1144 |
| Texas Youth Hotline Waco Center for Youth 24-hour residential treatment facility for emotionally disturbed children | (800) 210-2278 (254) 756-2171 |
| Waco ISD Education Foundation www.wacoisdeducationfoundation.org | (254) 755-WISD |
| Waco Library- many locations | (254)750-5941 |
| Youth Connection www.youthconnectionwaco.org | (254) 202-8480 |
| YMCA of Central Texas www.ymcaofcentraltexas.com | (254) 776-6612 (254) 752-1605 |

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| Clothing/Food |
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Angel Food Ministries

For \$30.00, you can receive a box of food containing both fresh and frozen items. Food items are top quality – food bought from major food producers throughout the country to ensure the best food comes to your table. Groceries at a discount. Must call and place order. Menu located at sites and web: www.angelfoodministries.com . Open to all. Locations:

Bosqueville Baptist Church (254) 756-4710

Carver Park Baptist Church (254) 799-2766

Family of Faith Church of the Nazarene (254) 662-1524

Family Worship Center (254) 756-1240

(254) 756-1407

First Baptist Church of Gholson (254) 829-2321

Waco Christian Fellowship (254) 772-9768

www.wacochristianfellowship.com

The Salvation Army (254) 757-2242

Benevolence Program - Crestview Church of Christ (254) 776-0711

Provide food. Call Monday or Thursday between 9-11 a.m. Need SSN for each person in family that is requesting food. Person picking up food needs additional form of ID. Call for additional information during the times listed above.

Bellmead Calvary Baptist Church

Food Pantry, Kids clothes closet, last \$25.00 of bill payment (254) 799-0229

Caritas

318 S. 5th

Provides emergency aid with food (254) 753-4593

Church Under the Bridge

Under I-35 at 4th Street.

Sundays at 10:30 a.m.

Provide free meal.

Department of Human Services: Food Stamps

1711 Herring Avenue * P.O. Box 977

Waco, TX 76703

(254) 756-7418

Fax: (254) 750-1088

Friday Morning Breakfast

At First Lutheran Church, 10th & Jefferson

Provide free meal on Friday morning. Doors open at 6:30 am, eat around 7 pm.

Good Samaritan Missionary Baptist Church – Soup Kitchen (254) 754-7984

1300 Faulkner Lane

Provides soup to eat there or take-out. Open Mondays from 10:00 a.m. – 12:00 p.m.

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

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| Gospel Café 825 S. 10 th | (254) 753-5916 |
| Greater New Life Baptist Church 925 N. 18 th Street | (254) 754-1114 |
| Heart of Texas Goodwill www.hotgoodwill.org | (254) 753-7337 |
| Income Assistance & Food Stamps | (800) 448-3927 |
| Mission Waco 628 N. 15 th Outreach ministry - food and clothing. Provide showers, use of telephone for local calls, limited laundry for \$.50 (per load), use of address and phone number to receive mail and phone calls (calls related to obtaining work), sleeping bags for either one hour of work or \$5, hygiene packs, vouchers to Thrift Shop for clothing. | (254) 753-4900 |
| Mission Waco Thrift Shop 713 N. 18 th | (254) 754-1870 |
| MCC Baptist Student Ministries Daniel Webb | (254) 754-0989 |
| Mighty Wind Worship Center http://www.mightywindworship.com/ | (254) 752-6168 |
| Operation C.R.I.S.I.S. 712 Franklin St. Mon. - Thurs. from 9 a.m. -11:00 a.m. Free Food & Clothing Provides person with help once every 3 months. I.D. required (Any type of ID, even utility bill accepted as ID) | (254) 752-6315 |
| Salvation Army 500 4 th Street | (254) 756-7271 |
| The Storehouse 1817 Franklin Furniture, appliances, houseware, and computers. Monday – Saturday 9 a.m. – 5 p.m. | |
| Victorious Life Church Food, clothing, household items (i.e. toiletries, diapers, cleaning supplies, etc.) | (254) 662-5552 |
| McLennan County Welfare Services | (254)757-5174 |

WIC (Women, Infants, & Children)

(254) 750-5974

Community Referral List

211 Texas

Dial 211 or 1-866-772-9600

www.hotras.com A free help line answered 24 hours a day, 7 days a week connecting callers to helpful resources in their local community.

Careline

(254) 772-9600

(866) 772-9600

Local info. & referral agency that can link callers to over 800 programs in the 6 county area (McLennan, Falls, Hill, Limestone, Freestone, Bosque). All of the referrals are for health & human service agencies. They are not a 24-hour agency.

Consumer

Consumer Credit Counseling

(800) 374-2227

(800) 772-0007

Consumer Protection

(800) 621-0508

Federal Trade Commission

(877) 382-4357

FTC Identity Theft

(877) 438-4338

National Do Not Call Registry

<https://www.donotcall.gov/>

Texas Department of Insurance

(800) 252-3439

Public Utility Commission Consumer Protection

(888) 782-8477

Counseling Services

Advocacy Center

(254) 752-9330

2323 Columbus Avenue

Waco, TX 76701

www.advocacyctr.org

Offers free case management & counseling for all victims of crime. Have counselors who speak Spanish.

AFGO (A Future Growth Opportunity)

(254) 751-1164

Child, couples, family counseling, Sliding Scale & Medicaid accepted

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

Angel Paws Dog Therapy Group (not professional counseling) 840-3867

Baylor Psychology Clinic (254) 757-0535

Psychotherapy, Counseling, Psychological Testing (254) 757-0854

Available to:

Adults, children, adolescents, families, couples

Help with:

- Depression
- Anxiety
- Family or marital difficulties
- Behavioral problems
- Stress
- Learning problems
- Adjustment to changes and loss
- Struggles in school
- Other mental health issues

Clinic hours:

Monday through Friday hours available by appointment. Some evening and weekend hours are available.

Fees: Sliding scale fee for therapy based upon family income.

Center for Children and Families (254) 722-8055

***Celebrate Recovery** www.celebraterrecovery.com

Support group for help with life's hurts, hang ups, and habits

Currently 2 groups, one meets at Calvary Baptist Church,

one meets at Highland Baptist Church. Visit Web-site for specific local group information or call churches.

***Divorce Care Support Group**

Several groups in Waco, go to website and click on

"Find a group" for information.

<http://www.divorcecare.com/>

Dr. Jim Schinder (254) 714-0189

Counseling services, Medicaid accepted

Dr. Manuel Edquist (254) 756-3109

Dr. Mark L. Stephens & Dr. Lance Oberg (254) 772-6770

405 Londonberry Dr. Suite 202 Waco, TX 76712

Specializing in child, adolescent, adult and geriatric psychiatry. Certain private insurance plans are accepted.

Elizabeth Timmons, LMSW-ACP (254) 757-1191

Treating adults, children & families

- (EOAC) Economic Opportunities Advancement Corporation** (254) 756-0954
Offers self-sufficiency program
- Family Abuse Center** (254) 772-8999
(800) 283-8401
Provides housing and counseling services for victims of domestic violence
<http://www.familyabusecenter.org/>
- Family Counseling & Children's Services** (254) 751-1777
Children, Adults, Couples. Sliding Scale, Insurance, & Medicaid
- Heidi Strickler** (254) 424-1974
Specializes in eating disorders
- Jason Paul Francis, LPC** (254) 772-8055
- Katy Hart- Applied Behavior Analysis (ABA) Therapist** (903) 312-1315
- Klaras Center** (254) 752-7889
Counsels ages 4-17 with emotional disturbances & family conflict, can prescribe medication
- Kristi Sorelle, LCSW** (254) 772-8360
Works with clients who have eating disorders
- *Lakeshore Baptist Church**
Family Self-Sufficiency Support Group (254) 772-2910
A monthly meeting at Lake Shore for families in a program helping them to move from welfare to self-sustaining jobs. The program provides counseling, mentoring, medicaid, childcare, education, and housing. LSBC offers a meal and childcare for program participants
- Melanie Illich & Tony Payson** (254) 772-2006
Psychiatry
- MH/MR (Mental Health/Mental Retardation)** (254) 752-3451 or
(254) 776-1101 (emer.)
Variety of services for mentally ill, suicide intervention, psychiatric services
- Neumann/Vierigg Services** (254) 752-1183
Child/family counseling, Medicaid accepted
- Pathway Counseling Center** (254)-776-3235
<http://www.pathwaycounseling.com/>
Sliding Fee Scale- \$50 min. Day and Evening appts.

- *Providence Hospital Support Groups** (254) 776-5970
<http://www.providence.net/SupportGroups.htm>
 Grief, Depression, Mental Illness, etc.
- Rene Boldt, LPC** (254) 723-2916
- Sean McCarthy & Brock Morris** (254) 776-3366
 Child, adult, & geriatric psychiatry. NO INSURANCE ACCEPTED, private pay only
- Tracy Miller, LPC** (254)-776-3235
- Waco Psychological Associates** (254) 751-1550
 Individuals & family counseling
<http://wacopsychological.com/>
- William Lebeau** (254) 776-1231
 Adolescent & adult psychiatry
- *Support Group- may not be Professional Counseling

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| Crime Victim Assistance |
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- Advocacy Center** (254) 752-9330
 Free counseling available with Spanish speaking counselor concerning victims of verbal, physical, and sexual abuse, domestic violence.
- Child/Elderly Abuse & Neglect Hotline, Texas Dept. of Family & Protective Services**
 (800) 252-5400
- Crime Victims Services** (800) 983-9933
- Disabled Crime Victims Assistance** 817-338-0220
- Family Law Hotline** (800) 777-3247
- Family Violence Legal Hotline** (800) 374-4673
Mental Health – Mental Retardation: Abuse Reports & Referrals (800) 252-8154
- Missing Persons Clearinghouse Texas Dept. of Public Safety** (800) 346-3243
- Mother’s Against Drunk Driving** (800) 777-6233
- Parents of Murdered Children** (888) 818-7662
Runaway Hotline (800) 392-3352

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| Sexual Assault Prevention and Crisis Services | (512) 936-1270 |
| TDCJ Victim Services Division | (800) 848-4284 |
| Texas Crime Stoppers | (800) 252-8477 |
| Texas Crime Victims Clearinghouse Office of the Governor | (800) 252-3423 |
| Texas Crime Victim Compensation Attorney General's Office | (800) 983-9933 |
| Texas VINE Victim Information and Notification Everyday | (800) 894-8463 |

TXU Electricity/Atmos Enery

<http://www.tcfv.org/tcfv-content/policy.php?itemid=8>

For victim of crime that has been relocated; deposit for gas and electricity may be waived at their new residence; fill out forms.

Victim Assistance Coordinators – McLennan County District Attorney's Office
(254) 757-5084

Waco Crime Stoppers (254) 753-8001

Waco Family Abuse Center (254) 772-8999

Waco Police Department Victim Services Unit (254) 750-7527

Women's Advocacy Project (800) 777-3247

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| Disability Services |
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| Americans with Disabilities | 1-800-514-0301 |
| ARC of McLennan County Serves mentally retarded individuals and their families | (254) 756-7491 |
| A Therapy Connection (OT, PT, Speech) | (254) 399-6955 |
| Baylor Autism Resource Center | (254) 710-6222 |
| Baylor Speech and Hearing Clinic | (254) 710-2567 |
| Camp Hope (Speech, OT, PT, and other) | 715-6773 |
| Central Texas Council for the Deaf and Hard of Hearing | 800-628-5115 |

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| Child, Disabled, & Elder Abuse Hotline | (800) 227-2345 |
| Communication for the Deaf of Texas (CFD of Texas) | (254) 757-3323 |
| Department of Assistive and Rehabilitative Services | (254) 759-7500 |
| Vocational rehab for those with a disability that impairs one's ability to work | |
| www.dars.state.tx.us | |
| First Baptist Woodway Special Needs Parent's Group | 772-9696 |
| Heart of Texas Therapeutic Riding Center | 829-0674 |
| HOTCIL (HOT Independent Living-disabilities) | 754-7050 |
| International Hearing Society | 1-800-521-5247x 333 |
| KLARAS Children's Center (Early Childhood) | 752-3451 |
| KLARAS Center for Families | 752-7889 |
| MH/MR (Mental Health/Mental Retardation) | (254) 752-3451 |
| | (254) 776-1101 Emergency |
| Variety of services for mentally ill, suicide intervention, psychiatric services | |
| Challenger Little League (disabilities) | (254) 857-4978 |
| Disabled Crime Victims Assistance | 817-338-0220 |
| Joy's School of Dance (disabilities class) | 776-1797 |
| Social Security Office | (254) 741-2333 |
| Texas Department of Health- Children with Special Needs (Waco) | (254) 757-0679 |
| Texas State School for the Deaf | 1-512-462-5353 |
| Therapy Group of Waco | 315-1144 |
| Upward Basketball (disabilities) | 752-1655 |
| Waco Regional Day School for the Deaf | 755-9567 |
| Waco Transit, Disabled | 750-1613 |
| Zerogravity Gymnastics (disabilities) | rpeacock@wacoisd.org |

Disaster Relief

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| American Red Cross http://waco.redcross.org/ | (800) HELP NOW (800) 435-7669 254-776-8362 |
| Salvation Army | (800) SAL ARMY (800) 725-2769 |

Domestic Violence

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|---|----------------------------------|
| Family Abuse Center | (254) 772-8999 (800) 283-8401 |
| Provides housing and counseling services for victims of domestic violence Rebecca Carlson, Ext. 2242 for Nonresidential Services | |
| National Domestic Violence Hotline | (800) 799-7233 |
| Waco Police Department Ask for Victims Services | (254) 750-7500 |

Drug & Alcohol Abuse

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| Alcohol & Drug Abuse Helpline | (254) 753-7320 |
| Alcoholics Anonymous Counseling and treatment for alcoholism, support groups www.centexintergroup.org | (254) 754-3336 |
| Council on Alcohol & Drug Abuse | (254) 753-7332 |
| Drug and Alcohol Abuse Hotline | (800) 832-9623 |
| (EOAC) Economic Opportunities Advancement Corporation Youth substance abuse programs | (254) 753-0331 |
| Freeman Center P.O. Box 128 Waco, TX 76703 Residential and outpatient detox services/Drug Abuse Substance Program | (254) 753-3625 (254) 753-3625 |
| HOTCADA http://hotcada.org/meetings.htm Provides crisis line, family intervention and youth education. <i>24 hour helpline:1-800-729-5669</i> | (254) 753-7332 |
| Hope House | (254) 498-0293 |

La Hacienda Treatment Center
Hunt, TX www.lahacienda.com

1-800-749-6160

Manna House

(254) 753-4900

Christian based residential treatment facility for men. Call Social Services Center for more information.

Meyers Center

(254) 296-9866

Mission Waco

(254) 754-1870

(254) 753-4900

Free inpatient drug/alcohol recovery program for men and women; outreach ministry-food & clothing

Transitional House

(254) 753-4900

Substance abuse recovery transitional living for men. Call Social Services Center for more information.

Renewal Recovery Group

521 N. 15th Street

Tuesdays at 7:15 pm. Christian recovery group open to the public.

Recovery Hope House

(254) 498-0293

www.recoveryhope.org

Vogue Beauty College

(254) 756-7061

3110 Franklin Waco, TX

Contact: Brenda

Will give haircut & style only for Freeman Center clients who are going for job interview.

Client needs to be accompanied by a counselor or staff person from the Freeman Center. Do not provide transportation.

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| Eating Disorders |
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Heidi Strickler

(254) 424-1974

Specializes in eating disorders

Kristi Sorelle, LCSW

(254) 772-8360

Works with clients who have eating disorders

Lifelines Foundation for Eating Disorders

(254) 420-3984

10304 Buffalo Ridge

dmontaner@hot.rr.com

Waco, TX 76712

www.lfed.org

Promotes education, awareness, and prevention of eating disorders.

Remuda Ranch

(800) 445-1900

www.remuda-ranch.come-mail: remuda@goodnet.com

A caring place for women and adolescent girls who are suffering from anorexia, bulimia, and related issues. The ranches are a restful oasis in which to reflect, replenish, rediscover and recuperate. There is hope and help at Remuda.

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| Education |
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Computer Lab1313 N. 15th Street

Individual instruction and internet access Monday – Friday 9 am – 12 noon, 1 pm – 7 pm (closes at 6 pm on Friday).

First Church of the Nazarene

(254) 772-5145

6015 Cobbs Drive

Spanish spoken: (254) 752-7128

www.waconaz.com

Free GED classes for all ages, nursery care, and activities for children and youth. Call for more information or to pre-register.

GED – MCC

(254) 753-4900

1315 N. 15th Street

GED and literacy instruction through MCC. Call for times.

Hope Class - Highland Baptist Church

(254) 754-0335

3014 Maple Avenue

Provides ESL classes for children and adults, GED classes, and Citizenship classes. Small fee for student books. Call for specific times and location.

LEAF (Learning English Among Friends)

Offers free English classes each week; child care available. The following are the sites for this program:

Monday: at Lake Air Middle School, 4601 Cobbs Drive from 5:30 – 7:00 pm

Tuesday: at University Middle School, 1820 Irving Lee Street from 5:30 – 7:00 pm

Thursday: at Cesar Chavez Middle School, 700 South 15th St. from 6:00 – 7:30 pm

Thursday: at Carver Academy, 1601 J.J. Flewellen Road from 6:00 – 7:30 pm

MCC (McLennan Community College) Adult Education

(254) 299-8777

1400 College Drive

Fax: (254) 299-8536

Waco, TX 76708

Offers free multi-level English classes (level 1-4), GED, and citizenship classes for any adult. Also offers programs on basic skills, literacy, family literacy, parent education, and workplace literacy. Does not need SSN. Child care may be available at some locations. Classes

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

offered all over the city of Waco, Bosque County, Falls County, and Hill County during day and evenings. Call for schedule and locations (receptionist speaks Spanish). Over 25 locations.

McLennan Community College 254-299-8000
(main switchboard)

McLennan Community College Single Parent Program 254-299-8681

Texas State Technical College 254-799-3611

Region 12 Education Service Center 666-0707

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| Elder Services |
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Adult Protective Services (APS) (800) 252-5400

All Texas citizens are mandated to report any suspected and substantiated elder abuse or neglect.

Adult Protective Services (APS) (McLennan County) (254) 756-5571
801 Austin Avenue

Aged & Disabled Services (254) 755-7656
801 Austin Avenue

Aging Department Hotline (800) 252-2412

Aging Department Referral (800) 252-9240

Alzheimer's Association Heart of Texas Region North Central Texas Chapter
6605 Sanger, Suite 1 (254) 753-7722
Waco, TX 76710 24/7 Helpline: (800) 272-3900

Provides 24/7 helpline, education and training, support groups, safe return program, research, and advocacy.

Central Texas Senior Ministry (254) 752-0316
501 West Waco Drive

Provide several services including transportation.

Child, Disabled, & Elder Abuse Hotline (800) 227-2345

Friends for Life (254) 772-7600
500 Lakewood Drive

Legal guardianship and money management for elderly, no emergency assistance

Grandparents Raising Children Program (254) 750-1353
Rehan McNeil

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- Healthy Living Centers** (254) 714-2274
323 North 29th Street
Provides senior citizen counseling.
- Help with Homecare for aging parents** (254) 498-6949 cell#1
Email: wacoindependentnurse@hotmail.com (254) 498-4040 cell#2
Gloria Rogers
- Heritage Program for Senior Adults** (254) 202-6200
3000 Herring Avenue
Provides senior citizen counseling.
- National Hospice Hotline** 1-800-658-8898
Information and Referral for the Elderly (254) 752-3240
Jeffrey Place (254) 772-9480
820 Jeffrey Street Fax: (254) 772-2885
Waco, TX 76710
Senior Living. Services offered: Pharmaceutical, social services, rehabilitation, beauty salon/barber, respite care, hospice care, medication assistance, mobility assistance, bathing assistance, personal hygiene assistance, incontinence assistance, transferring assistance, health care coordination, and behavioral assistance. Call for more information.
- Medicaid Fraud – Attorney General** (800) 252-8011
- Meals on Wheels** (254) 752-0316
www.seniorministry.org
- Medicare** (254) 741-2333
Medical insurance for ages 65+
- Medicare Information/Helpline** 1-800-633-4227
- MHMR, elder services** (254) 752-3451
- Nursing Home Complaints; ICF/MR Program & Facility Complaints – Long-term Care Facility** (800) 458-9858
- Taylor Hall** (254) 859-5742
100 4th Street
Provides services for senior citizens. Call for more information.
- Waco Library (computer classes)** (254)750-5941
- Walker, Barbara C MS, LPC** (254) 751-0100
900 Austin Avenue, Suite 1001
Provides senior citizen counseling.

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| Gambling |
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| Gambling Abuse Hotline | (800) 522-4700 |
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| Health |
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| AID-HIV Direct Client Service | (254) 750-5499 |
| National Hotline: | (800) 342-2437 |

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| American Cancer Society www.cancer.org | (254) 753-0807 |
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| American Heart Association www.americanheart.org | (254) 299-0880 |
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| A Therapy Connection (OT, PT, Speech) | (254) 399-6955 |
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| Arthritis Foundation www.arthritis.org | |
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| Baylor Autism Resource Center | (254) 710-6222 |
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| Baylor Speech and Hearing Clinic | (254) 710-2567 |
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| Camp Hope (Speech, OT, PT, and other) | (254) 715-6773 |
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| Community Cancer Association | (254) 202-8082 |
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| Cancer Information Service | (800) 4CANCER |
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The Cancer Information Service in Texas and Louisiana is a program of the University of Texas M.D. Anderson Cancer Center of Houston and supported by the national Cancer Institute.

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| Family Health Centers | (254) 750-8200 |
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12 clinics in the Waco area, Spanish Speaking, Medicaid and Medicare welcomed, most Insurance plans accepted. Call for New Patient Appointment.

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| Health Insurance for Unemployed Pinnacle Ins. Group | (254) 751-9545 |
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| McLennan County Welfare Services | (254)757-5174 |
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| MHMR Center www.hotmhm.org | (254) 752-3451 |
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| Muscular Dystrophy Association www.mda.org | (254) 399-8221 |
| National Hospice Hotline | 1-800-658-8898 |
| Poison Center Hotline | 1-800-222-1222 |
| Susan G. Komen Breast Cancer Foundation www.komencentraltexas.org | (254) 753-3037 |
| Waco-McClennan County Public Health District Immunizations, WIC, HIV/AIDS, Education, STD Clinic, etc. | (254) 750-5450 |

Health Care Equipment

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| Health Care Equipment Loan Ministry | (254) 753-2408 |
| Loans health care equipment (walkers, wheel chairs, shower chairs, etc.) for free depending on availability. Loan is for 6 months and may renew if needed. | |

Health Screenings

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| Care Van Program | (800) 258-KIDS Resha Wafer, press option 1 Barbara Adamson, press option 3 Lynda Shirley, press option 4 Kristen Kelly, press option 5 |
| Provides health screenings including blood pressure checks, body-fat analysis and strength testing. These specially-equipped vans visit schools, churches, restaurants, recreational parks, shopping centers, public housing, community and special events. | |

Homeless Services

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| Compassion Ministries Transitory housing and assistance with job-related skills | (254) 755-7640 |
| Church Under the Bridge www.churchunderthebridge.org | (254) 235-7818 |
| Family Abuse Center Houses & counsels battered women and families | (254) 772-8999 (800) 283-8401 |
| Meyers Center Provides shelter vouchers, shower, haircut, etc. for homeless | (254) 296-9866 |

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Mission Waco

(254) 753-4900

628 N. 15th

Outreach ministry - food and clothing. Provide showers, use of telephone for local calls, limited laundry for \$.50 (per load), use of address and phone number to receive mail and phone calls (calls related to obtaining work), sleeping bags for either one hour of work or \$5, hygiene packs, vouchers to Thrift Shop for clothing.

Salvation Army

(254) 756-7271

Offers emergency shelter, food, clothing, counseling and crisis intervention

Housing**Faith Covenant Support Services**

(254) 759-1213

Habitat For Humanity

(254) 756-7575

www.wacohabitat.org**Housing and Community Affairs**

(800) 792-1119

Housing Authority of the City of Waco

(254) 752-0324

1001 Washington (P.O. Box 978) Waco, TX 76703

Hours: Monday – Fridays 8-5 p.m.

If your rent & utilities are too high for your income, you may qualify. Rent is based on 30 % of your adjusted annual income. Minimum rent is \$50. Families, elderly, disabled, handicapped, veterans, and single persons qualify. The security deposit is \$100 for families and \$50 for elderly, disabled, and handicapped persons. The waiting period varies and is based upon our move-out rate. Free support services provided to residents: after school tutoring, after school programs, adult education, transportation, youth recreation programs, senior coordinator, homeownership programs, counseling programs, and resident councils. Amenities provided: air conditioning, range and refrigerator, washer and dryer hookups, resident associations, campfire club facilities, senior citizen programs, maintenance repairs, after hours maintenance emergency repairs, security patrols, and crime hotline.

NeighborWorks Waco

(254) 752-1647

www.nw-waco.org**Rebuilding Together**

1-800-473-4229

rtwaco@hotmail.com**Waco Community Development Corp**

(254) 235-7358

www.wacocdc.org**Waco Housing Authority/Public Housing Apartments**

4400 Cobbs Waco, TX

Hours: Monday-Fridays 8 a.m. – 4 p.m.

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Affordable unfurnished apartments for qualified applicants. Central heat & A/C, appliances, and other amenities. Interested applicants may apply.

Immigrant - Clothing Services

Acts Church and Ministry (254) 759-1800

1300 Mary St.

Open each Wednesday. (Closed during July.)

Clothes, diapers, paper products.

Caritas (254) 753-4593

8:00 a.m. -3:30 p.m.

No SSN needed, although some form of ID needed as well as verification of each family member. Help given every 30 days. No appointment needed.

Compassion Ministries (254) 755-7640

1421 Austin Ave.

Tuesdays and Thursdays 9:30 a.m. -11:30 a.m.

No SSN needed, but some ID is helpful. Can go once a month. Bring ID for each member of family.

Operation C.R.I.S.I.S. (254) 752-6315

712 Franklin St.

Mon. - Thurs. from 9 a.m. -11:00 a.m.

Free Food & Clothing

Provides person with help once every 3 months.

I.D. required (Any type of ID, even utility bill accepted as ID)

Immigrant - Counseling Services

AA Meetings and Groups (254) 776-3396

Call for schedule. Some meetings are in Spanish.

Advocacy Center (254) 752-9330

Free counseling available with Spanish speaking counselor concerning victims of verbal, physical, and sexual abuse, domestic violence.

Family Counseling Center (254) 751-1777

Sliding fee scale. SSN not needed. Spanish speaking counselor available for children and adults. Call or go by the office for an application in Spanish.

Klaras Center

Children's services (counseling, case management) for disabilities in children. No SSN needed.

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

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| Immigrant - Dental Services |
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Waco-McLennan County Public Health District

(254) 750-5429

Dental Work

(254)750-5487

225 W. Waco Drive

Free flu shot for children and adults. Children must have signed doctor's order. Only information required is name and address.

Emergency: from 8-10 am Monday-Friday

Cost is \$35.00-\$48.00. Call to schedule nonemergency appointments. No SSN needed.

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| Immigrant - Educational Services |
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Calvary Baptist Church

(254) 753-6446

1001 North 18th St.

Wednesdays 6:30 p.m. - 8:30 p.m. English Classes.

Columbus Avenue Baptist Church

(254) 752-1655

1300 Columbus Avenue

Sunday & Thursday afternoons. (Closed for summer.)

First Church of the Nazarene

(254) 772-5145

6015 Cobbs Drive

Spanish spoken: (254) 752-7128

www.waconaz.com

Free GED classes for all ages, nursery care, and activities for children and youth. Call for more information or to pre-register.

Hope Class - Highland Baptist Church

(254) 754-0335

3014 Maple Avenue

Provides ESL classes for children and adults, GED classes, and Citizenship classes. Small fee for student books. Call for specific times and location.

LEAF (Learning English Among Friends)

Offers free English classes each week; child care available. The following are the sites for this program:

Monday: at Lake Air Middle School, 4601 Cobbs Drive from 5:30 – 7:00 pm

Tuesday: at University Middle School, 1820 Irving Lee Street from 5:30 – 7:00 pm

Thursday: at Cesar Chavez Middle School, 700 South 15th St. from 6:00 – 7:30 pm

Thursday: at Carver Academy, 1601 J.J. Flewellen Road from 6:00 – 7:30 pm

MCC (McLennan Community College) Adult Education

(254) 299-8777

1400 College Drive

Fax: (254) 299-8536

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

Waco, TX 76708

Offers free multi-level English classes (level 1-4), GED, and citizenship classes for any adult. Also offers programs on basic skills, literacy, family literacy, parent education, and workplace literacy. Does not need SSN. Child care available: Provident Heights School (5-8pm Mondays, Thursdays), Mighty Wind church (9am-12:00 Monday-Thursday). Classes offered all over the city of Waco during day and evenings. Call for schedule and locations (receptionist speaks Spanish).

Immigrant - Emergency Housing

Family Abuse Shelter

(254) 772-8999

For people fleeing domestic violence. For adults and children. No SSN needed.

My Brother's Keeper

(254) 296-9866

Men or Women. Must have SSN to stay. Call in the morning to reserve spot. Can stay up to 6 months if accepted into transitional housing program.

Salvation Army

(254) 753-2648

524 S.4th

5:30 p.m. - sign in for supper and shelter.

Men and women. No SSN needed. Up to 3 nights stay.

Immigrant – Financial Services

Alliance Bank Central Texas

(254) 741-8000

1324 Lake Air Drive

Compass

(254) 776-1234

1227 N. Valley Mills Drive

Wells Fargo Bank

(254) 714-6124

811 Washington Avenue

richard.contrerasjr@wellsfargo.com

Loan officer Richard Contreras speaks Spanish.

Immigrant - Food

ACTS Church

(254) 759-1800

Food pantry. Help given once a month.

Antioch Community Church

(254) 754-0386

505 N.20th

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Thursdays 4:00 p.m. - 6:00 p.m. Food pantry: Help given every 30 days.
 Friday 6:30 p.m. - 8:30 p.m. Hot Meal. No ID required

Bread of Life Food Pantry

1400 Clay Tuesdays & Fridays from 3:00 - 5:00 p.m.
 No ID required. Help given once a month.

Caritas

(254) 753-4593

8:00 a.m. - 3:30 p.m

No SSN needed, although some form of ID needed as well as verification of each family member. Every 30 days. No appointment needed.

First Lutheran Church

10th & Jefferson Ave. Fridays at 6:30 a.m.
 Hot Breakfast. No ID required.

Food Stamp Outreach Program

(254) 753-3545

Helpings: "Healthy Food for Healthy Families." If your children were born in the United States, you are eligible for Food Stamps. Federal Benefits: Food Stamps / Medicaid / TANF. Please contact Esther Morales to see if you or your children could be eligible to receive federal benefits. Representative speaks Spanish.

Good Samaritan Missionary Baptist Church – Soup Kitchen (254) 754-7984

1300 Faulkner Lane

Provides soup to eat there or take-out. Open Mondays from 10:00 a.m. – 12:00 p.m.

Highland Baptist Church Care Center

(254) 754-8923

3100 Trice

Loaves of Fish

Food pantry.

Manna Ministries

(254) 717-0285

3200 North 22nd Street

Tuesday & Friday from 3:00 p.m. - 5:00 p.m.

Meyer Center

Monday through Thursday and Saturdays at 6:30 a.m.
 Hot Breakfast. No ID required.

Operation C.R.I.S.I.S.

(254) 752-6315

712 Franklin St.

Mon. - Thurs. from 9 a.m. - 11:00 a.m.

Free Food & Clothing

Provides person with help once every 3 months.

I.D. required (Any type of ID, even utility bill accepted as ID)

WIC services

(254) 750-8623

Compiled: from various organizations by SAM 4/2008
 Updated for MCC Career Development by CCM 4/2009

Only for children born in the USA. Nutrition classes for parents. Food Coupons.

Immigrant – Household Items

Caritas

(254) 753-4593

Monday, Tuesday, Wednesday from 8:00 a.m. – 3:30 p.m.

No SSN needed, although some form of ID needed as well as verification of each family member. No appointment needed. Help given every 3 months.

Immigrants – Legal Services

Catholic Charities of Central Texas

(254) 732-0307 x17

4709 Bosque Blvd.

Waco, TX 76710

Immigrant legal services. Call for more information.

Legal Assistance Project

(254) 757-3401

No SSN needed. Help with filing for divorce, child support, and court hearings. Free services (no charge).

Lone Star Legal Aid

(254) 756-7944

Provides help with domestic issues, landlord disputes, etc. Does not help with any criminal cases or cases resulting in money (such as bankruptcy). Must have SSN or Residency Card. Speak Spanish.

Political Asylum Project of Austin

(512) 478-0546 ext. 200 or 211

1715 East 6th Street, Suite 200

Austin, TX 78702

Help with various services for immigrants including U visas. U visa: for victims of domestic violence, sexual assault, criminal assault, rape, torture, false imprisonment, trafficking, incest, abusive sexual contact, prostitution, female genital mutilation, blackmail, being held hostage, involuntary servitude, kidnapping, abduction, obstruction of justice, extortion, manslaughter, murder, perjury, witness tampering, sexual exploitation, and slave trade.

Ruth Project: Waco Immigrant Services Center

(254) 714-0100

ruth_project@yahoo.com

Services for immigrants who are victims of crime by providing Initial Consultations, USCIS Documentation Preparation, Legal Case, Public Education Forums Regarding Changes in Immigration Laws, Connect Clients to Relevant Social Service Providers Within the Waco Region. Representatives speak Spanish. By appointment only.

Immigrant - Medical Services

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Care Net Pregnancy Center

(254) 772-6175

Pregnancy services for moms. Pregnancy tests. Services are free. No SSN needed. Staff that speak Spanish available.

Family Health Card from Family Health Center

(254) 750-8200

Only for McLennan County residents. Based on income. Pay percentage of doctor visit, prescription at FHC. No SSN needed. Does NOT cover hospital. Doctors speak Spanish if preferred.

Family Health Center

(254) 750-8200

1600 Providence Drive
Sandra Title 5 Program

For pregnant women & children until 18 years old who do NOT qualify for Medicaid. Free medical office visits and discount medicine. No SSN needed, although some ID required (even ID from another country). Does not have to live in McLennan county.

Family Health Center

(254) 750-8200

1600 Providence Drive

Any of the 4 caseworkers speak Spanish. Only for children who were born in the USA. Need birth certificate and SSN for each child. Need to make appointment for first visit. Medicaid. Help with some lab work, common visits (such as colds), financial assistance, and Green Card (now called Gold Card)

Help with Homecare for aging parents

(254) 498-6949 cell#1

Email: wacoindpendentnurse@hotmail.com

(254) 498-4040 cell#2

Gloria Rogers

Medicaid

(254) 750-8200

Only for children who were born in the USA. Caseworkers who speak Spanish available.

Meyer Center Medical Clinic

1226 Washington St.

Tuesdays & Thursdays 5:00-7:00

Free basic services to those with no Medicaid or insurance coverage. No SSN needed.

Planned Parenthood

(254) 759-5750

Ross Avenue

Accepts any woman. No SSN required. Payment is based on sliding scale depending on income. Proof of Income (can be a letter from someone if don't receive paychecks). Call to make an appointment. Birth control, well women exams, pregnancy tests, mammogram, blood work. Speak Spanish.

Immigrant - Parenting Classes

Advocacy Center (254) 752-9330

Avance (254) 296-0449

For parents with children up to 4 years old. Develops sense of belonging for mothers.
No SSN needed.

Care Net (254) 772-8270

For first time moms. On-going classes for moms with newborns.

Immigrant – Transitional Housing

Compassion Ministries (254) 755-7640

1421 Austin Avenue

Program for families with children or single women. Speak with Barbara or Kiki.
Interviews at 2:00 p.m. each Tuesday. 6 month program. Spanish speaker case managers available.

Freeman Center (254) 753-3625

No SSN needed. Drug and Alcohol Rehabilitation Services.

House Where Jesus Shines (254) 829-2100

18320 Gholson Rd.

Waco, TX 76705

Half-way house for individuals leaving prison.

Mission Waco Manna House (254) 753-4900

Men's Rehab. Program

Recovery Hope House (254) 498-0293

Women in recovery. No SSN needed, but must be able to work.

Victory Gospel (254) 235-8770

Men's Rehab Program.

Immunizations

Care Van Program

(800) 258-KIDS

Resha Wafer, press option 1

Barbara Adamson, press option 3

Lynda Shirley, press option 4

Kristen Kelly, press option 5

Provides immunizations for medically uninsured and underserved children in Texas. The Care Van Program has immunized over 179,000 children over 281,000 immunizations through

July 2005. These specially-equipped vans visit schools, churches, restaurants, recreational parks, shopping centers, public housing, community and special events.

McLennan County Public Health Department

(254) 750-5450

Medical services at little to no cost, free AIDS testing, reduced rate STD testing

Job Corps

Texas Christian Women's Job Corps

e-mail: cwjc_waco@grandecom.net

texaswcwjc@bgct.org

www.texaswcwjc.org

(254) 757-0416

(254) 757-0422 (fax)

contact: Pam Mohundro

(888) 968-6389 Texas CWJC

Ministers to all women in need with a hand up, not a handout. This is done by providing a vast array of life skills and job skills training, Bible study, and a Christian woman to be her mentor.

Law Enforcement

Emergency Services

911

Bosque County Sheriff Office

(254) 435-2363

Falls County Sheriff Office

(254) 883-1431

Freestone County Sheriff Office

(254) 435-2363

Hill County Sheriff Office

(254) 582-5313

Hillsboro Police Department

(254) 582-2381

Limestone County Sheriff Office

(254) 729-3278

Marlin County Sheriff Office

(254) 883-9255

McLennan County Sheriff Office

(254) 757-5222

Meridian Police Department

(254) 435-2255

Mexia Police Department

(254) 562-4150

Waco Police Department

(254) 750-7500

Texas Department of Public Safety

-Missing Persons Clearinghouse

1-800-346-3243

Legal Assistance

McLennan County DA's Office

(254) 757-5084

Crime Victims Civil Legal Services Hotline

(512) 477-6000

Can call about civil law questions.

Family Law Hotline

1-800-777-3247

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Legal Advice and Referral Hotline for Texas 1-800-756-7066

Legal Aid Services (254) 756-7944

Can call about criminal law questions. Free legal help in civil cases.

Legal Support Center of Texas (254) 755-8116

Can call about criminal law questions.

Resource Center on Domestic Violence, Child Protection, and Child Custody
(800) 527-3223

Can call about civil law questions.

State Bar Legal Referral Service (800) 252-9690

Waco Police Department (254) 750-7500

Medical Services

AIDS Confidential Testing (800) 584-8183

Next day results

American Red Cross (254) 776-8362

Transportation to medical appointments, call in advance

Caritas (254) 753-4593

Medication assistance

Riverside Dental Clinic-Health District (254) 750-5487

Dental services for low-income families

Family Health Center (254) 750-8200

Provides comprehensive outpatient health care

McLennan County Public Health Department (254) 750-5450

Medical services at little to no cost, free AIDS testing, reduced rate STD testing

Medicaid Office (Dept. of Human Services) (254) 757-5174

Medical insurance for low-income families, green card

Medicare (254) 741-2333

Medical insurance for ages 65+

Mission Waco Free Health Clinic (254) 714-1579

Uninsured clients only. Tuesday & Thursday 5:30 pm – 8:30 pm

Planned Parenthood (254) 759-5772

(254) 759-5750 x213

Reduced rate medical information and exams regarding women's health issues. For STD testing and medications for sexual assault patients, call the second number. Everything is confidential. Bring \$20-\$40 with you – fee may be waived depending on your income and circumstances. Bring your case number. Services: Pap smear, gynecological exam, and testing for common diseases (gonorrhea and chlamydia). Can make free appointment for HIV and syphilis testing (Tuesday or Thursday only). Need to let them know to also test for syphilis when they draw blood for HIV test.

Medication Assistance

AARP Member Choice Program

(800) 439-4457

<http://www.aarppharmacy.com/>

For AARP members; no income restrictions; for a wide range of brand and generic drugs. Get discounts averaging about \$9.50 per prescription. Present your card at thousands of pharmacies nationwide. You can save even more on your prescription purchases when you order through AARP Pharmacy Services. Cost: \$19,95 per year.

Calvary Baptist Church

(254) 753-6446

Wednesday evenings 6:15-7:30 pm

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.) Spanish interpreter available.

Caritas of Waco

(254) 753-4593

Monday – Friday 2:00 – 4:00 pm

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

Central Presbyterian Church

(254) 754-3544

Monday – Friday, Times Vary

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

Citizens Health Card

(800) JOE-K_4RX

<http://www.citizensenergy.com>

(800) 563-5479

Contact: Citizens Energy Corp.

For anyone; for all prescription drugs. Get varying discounts on all drugs. Nationwide mail order available, and in pharmacies in Connecticut, Massachusetts, and Rhode Island. \$12 per year for individuals, \$28 per year for families.

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

Eli Lilly and Co.: LillyAnswersCard

(877) RX-LILLY

http://www.lillyanswers.com/the_program.html

For lower-income Medicare beneficiaries and disabled without prescription drug coverage; annual income must fall below \$18,000/individual, \$24,000/household; for any retail-distributed Lilly drug, except controlled substances. A 30-day supply for a \$12 administrative fee.

Family Practice Clinic - Patient Assistance Program

(254) 750-8325

Laticia Rodriguez

Need: Prescription Drug Assistance; For Those Who: Have chronic health problems (diabetes, depression, and high blood pressure)

GlaxoSmithKline: Orange Card

(888) 672-6436

Press release: www.gsk.com/press_archive/press_10032001.htm

For low- and moderate-income Medicare beneficiaries and the disabled without drug coverage; annual income must not exceed \$26,000/individual, \$35,000/couple; for all GlaxoSmithKline outpatient products. Get an average of 30%-sometimes, 40% or more-off the company's prescription drugs.

Grace Baptist Church, China Springs

(254) 836-1469

Monday – Friday by appointment

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

Medicare<http://www.medicare.gov/Prescription/Home.asp>

Identifies drug assistance programs organized by pharmaceutical company, health conditions/diseases, and state- and community-based programs.

NeedyMeds.com<http://www.needymeds.com>

A free resource to help people learn about patient assistance programs and other programs for those who can't afford their medications. The site has direct links to each state Medicaid program, enables searches for pharmacy assistance by drug company and name of prescription drug, and compares companies' discount card programs.

Novartis: Novartis CareCard

(866) 974-CARE (2273)

<http://www.NovartisCarePlan.com>

For low-and moderate-income Medicare beneficiaries without drug coverage; annual income must not exceed \$28,000/individual or \$38,000/couple; for most Novartis products. Individuals with annual income up to \$18,000 (\$24,000 per couple) get a 30-day supply of drugs for a \$12 flat fee per medicine. Those with annual incomes between \$18,000 and \$28,000 (\$24,000 to \$38,000 per couple) get discounts of 25% to 40%.

Pfizer: Pfizer Share Card

(800) 717-6005

Compiled: from various organizations by SAM 4/2008
Updated for MCC Career Development by CCM 4/2009

<http://www.pfizerforliving.com>

For low- and moderate-income Medicare beneficiaries and the disabled without drug coverage; annual income must not exceed \$18,000/individual, \$24,000/couple; for Pfizer drugs. Buy a 30-day supply of any Pfizer medication for a \$15 flat fee.

Potter's Vessel Ministries

(254) 757-3633

1226 Washington Avenue
Waco, TX 76701

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

Prescription Benefits, Inc.

(800) 377-1614

<http://www.rxbenefits.com>

For anyone; for all prescription drug; cardholders earned an average savings of 21% during 2000, according to the program; 55,000 participating retail pharmacies nationwide. Cost: None for applicants age 65 and older; others pay annual fees of \$48/individual, \$60/family.

PSG/RxUniverse

(800) 794-6490

<http://www.rxuniverse.com>

For anyone; for most drugs; get savings of 5% to 40% off retail drug prices at participating pharmacies, and see discounts of as much as 80% when ordering through its mail-order business, according to the program; 50,000 retail pharmacies nationwide. Cost \$19.95 per year for individuals, \$34.95 per year for families.

RxAssist: Accessing Pharmaceutical Patient Assistance Programs

<http://www.rxassist.org>

A national program supported by the Robert Wood Johnson Foundation, provides health care providers with information on accessing more than 100 pharmaceutical manufacturers' patient assistance programs. These programs generally offer a limited supply of free prescription medication to eligible patients. Patients may want to make their physicians aware of this information.

Salvation Army

(254) 752-7261

By appointment

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

St. Mary's Catholic Church

(254) 753-0146

By appointment

Provide free or low-cost medication for chronically ill persons with long-term medication needs who may have difficulty paying for their prescriptions. Part of Medication Assistance

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

Program (MAP). Call for eligibility requirements. Bring medications and some proof of income with you (W-2, pay check stubs, Social Security Letter of Benefits, etc.)

The Medicine Program

P.O. Box 520
Doniphan, MO 63935

<http://www.themedicineprogram.com>

(573) 996-7300

help@themedicineprogram.com

For those that do not have insurance coverage for outpatient prescription drugs; income level is at a level which causes a hardship when the patient is required to purchase the medication at retail; those that do not qualify for a government or third party program which provides for prescription medication. Must complete form and send with processing fee of \$5.00 for EACH medication. If determined ineligible, the program will refund full processing fee upon written request.

Together Rx (An alliance of drug companies)

<http://www.Together-Rx.com>

(800) 865-7211

For low- and moderate-income Medicare beneficiaries and the disabled without drug coverage; annual income must not exceed \$28,000/individual, \$38,000/couple. (Income ceilings are higher for Alaska and Hawaii residents.); for 150 drugs Abbott Laboratories, AstraZeneca, Aventis Pharmaceuticals, Bristol-Myers Squibb Co., GlaxoSmithKline, Janssen Pharmaceutica Products, Ortho-McNeil Pharmaceutical and Novartis. Get discounts of approximately 20% to 40% - and sometimes more – off selected medicines.

TRICARE

<http://www.tricare.osd.mil/retirees/>

(877) 363-6337

For military retirees, spouses and survivors registered with Defense Enrollment Eligibility Reporting System can obtain prescription drugs with \$3 co-pays for generics and \$9 co-pays for brand-name drugs through a national mail order program and through local retail pharmacies. Prescriptions can be filled at a military treatment facility free of charge.

VA Health Benefits Service Center

<http://www.va.gov/vbs/health/>

(877) 222-8387

For honorably discharged veterans without service-connected disabilities who are enrolled with the VA generally pay \$7 per prescription. Low-income vets and those with some service-connected disabilities can get free prescription drugs at VA hospitals and pharmacies.

Wal-Mart/Sam's Club

4320 Franklin

(254) 751-0464

Program to get medications with specific quantity is \$4. \$4 prescriptions are for up to a 30-day supply of a covered drug at a commonly prescribed dosage for \$4 per prescription fill or refill. Your participation in certain prescription drug coverage plans may entitle you to pay even less than \$4 for certain prescriptions. Medication for: allergies/cold & flu, antibiotic treatments, arthritis pain, asthma, cholesterol, diabetes, gastrointestinal health, ear health, glaucoma/eye care, heart health/blood pressure, mental health, skin conditions, thyroid conditions, and viruses. Call Wal-Mart pharmacist for more information.

Discounted Drugs from Health Care Clinics and Local Providers

<http://www.ncsl.org/programs/health/drug340b.htm>

The federal 340B program allows 8,800 clinics and hospitals to purchase drugs at prices lower than the Medicaid discount. In turn, these providers may be able to pass the discount along to consumers.

Other discount cards and discount pharmacies

Medicare Rights Center: <http://www.medicarerights.org/rxframeset.html>

List of other leading prescription discount cards and mail order discount pharmacies.

Other drugmakers

PhRMA's web site: <http://www.phrma.org/searchcures/dpdpap/>

The drug industry's professional association – the Pharmaceutical Research and Manufacturers of America (PhRMA) – lists more than 40 of its member companies that provide prescription medicines free of charge to physicians whose patients might not otherwise have access to necessary medicines.

Mental Health

ARC of McLennan County

(254) 756-7491

Serves mentally disabled individuals and their families

Baylor Psychology Clinic

(254) 757-0535

Psychotherapy, Counseling, Psychological Testing

(254) 757-0854

Available to:

Adults, children, adolescents, families, couples

Help with:

- Depression
- Anxiety
- Family or marital difficulties
- Behavioral problems
- Stress
- Learning problems
- Adjustment to changes and loss
- Struggles in school
- Other mental health issues

Clinic hours:

Monday through Friday hours available by appointment. Some evening and weekend hours are available.

Fees: Sliding scale fee for therapy based upon family income.

De Paul Center

(254) 776-5970

301 Londonberry Drive Waco, TX 76712

Hours: Monday – Friday 8-5 p.m.

Inpatient services are available for suicidal and homicidal clients. Outpatient services are available for severely depressed clients. Psychological services, suicide prevention, substance abuse counseling

Dr. Melanie Illich & Dr. Tony Payson

(254) 772-2006

213 A Old Hewitt Rd. Waco, TX 76712

Specializing in adult psychiatry, geriatric psychiatry, women's issues, mood disorders & anxiety disorders. Certain private insurance plans and credit cards are accepted.

Dr. William Lebeau

(254) 776-1231

305 Londonberry Dr. Waco, TX 76712

Specializing in adolescent and adult psychiatry. Certain private insurance plans are accepted.

Dr. Sean McCarthy & Dr. Brock A. Morris

(254) 776-3366

8414 Old McGregor Rd. Waco, TX

Specializing in child, adult and geriatric psychiatry. No insurance accepted; private pay only.

Dr. Mark L. Stephens & Dr. Lance Oberg

(254) 772-6770

405 Londonberry Dr. Suite 202 Waco, TX 76712

Specializing in child, adolescent, adult and geriatric psychiatry. Certain private insurance plans are accepted.

Family Health Center

(254) 750-8200

1600 Providence Drive Waco, TX 76707

Psychiatrist on staff

Gospel Café

(254) 753-5916

825 S. 10th St. Waco, TX 76706

Dr. Bob Thripp & Dr. McCarthy

Hours: Thursdays at 1 p.m.

Clients are seen on a first come, first serve basis. Services are free, and there are no requirements.

Mental Health & Mental Retardation

(800) 252-8154

MHMR

(254) 752-3451

110 S. 12th Waco, TX 76703

(254) 776-1101 (Emergency)

Hours: Monday-Friday 8-5 p.m.

Clients that are diagnosed with bi-polar disorder, schizophrenia, schizoaffective disorder, and major depression are offered assistance with medication. Brief cognitive-behavioral therapy

Compiled: from various organizations by SAM 4/2008

Updated for MCC Career Development by CCM 4/2009

is available for clients with major depression. Variety of services for mentally ill, suicide prevention, psychiatric services

Mission Waco Free Health Clinic

(254) 714-1579

1226 Washington Ave.

Hours: Tuesdays & Thursdays from 5:30 p.m. to 8:30 p.m.

Clients are seen on a first come, first serve basis.

Requirements: Client cannot be on Medicaid, Medicare, have private insurance or receive services at Family Practice Clinic.

Motorist

Stranded/Disabled Motorist DPS Help

(800) 525-5555

Nutrition

Care Van Program

(800) 258-KIDS

Resha Wafer, press option 1

Barbara Adamson, press option 3

Lynda Shirley, press option 4

Kristen Kelly, press option 5

Provides information on nutrition and exercise through the Building Healthy Families Initiative, a collaboration between the Foundation, H-E-B, Texas Department of Health, Texas Medical Association, Texas Hospital Association and American Heart Association. These specially-equipped vans visit schools, churches, restaurants, recreational parks, shopping centers, public housing, community and special events.

Pregnancy

CareNet Pregnancy Center

(254) 772-8270 or

(800) 395-3957

Counsels, supports women in crisis pregnancies, pregnancy test, post-abortion counseling

Planned Parenthood

(254) 759-5772

Provides confidential medical information & exams regarding women's health issues

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|--|
| Psychiatrists and Psychologists |
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Psychiatrists:**Dr. Melanie Illich & Dr. Tony Payson**

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Psychologists:

| | |
|--|----------------|
| Dr. Schinder | (254) 714-0189 |
| Does most of CPS cases & perpetrator cases (Right off of I-35) | |
| Dr. Keith Warren | (254) 722-9961 |
| Dr. Laura Wright | (254) 722-8055 |
| Lakeshore Center for Psychological Services | (254) 776-0400 |
| Dr. Randy Boldt | (254) 717-7427 |
| Waco Psychological Associates | (254) 751-1550 |

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|-------------|
| Rape |
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|--|---------------------|
| To find nearest toll-free rape crisis hotline | (800) 656-4673 |
| Crime Victims Civil Legal Services Hotline | (512) 477-6000 |
| Can call about civil law questions. | |
| Legal Aid | (254) 756-7944 |
| Can call about criminal law questions. | |
| Legal Support Center of Texas | (254) 755-8116 |
| Can call about criminal law questions. | |
| Planned Parenthood | (254) 759-5772 |
| | (254) 759-5750 x213 |

Reduced rate medical information and exams regarding women's health issues. For STD testing and medications for sexual assault patients, call the second number. Everything is confidential. Bring \$20-\$40 with you – fee may be waived depending on your income and circumstances. Bring your case number. Services: Pap smear, gynecological exam, and testing for common diseases (gonorrhea and chlamydia). Can make free appointment for HIV and syphilis testing (Tuesday or Thursday only). Need to let them know to also test for syphilis when they draw blood for HIV test.

National Sexual Assault Online Hotline

<http://apps.rainn.org/ohl-bridge/>

Rape, Abuse & Incest National Network

Online services

www.rainn.org

Resource Center on Domestic Violence, Child Protection, and Child Custody

Can call about civil law questions.

(800) 527-3223

Texas Association Against Sexual Assault
<http://www.taasa.org/>

1-800-656-HOPE

TDCJ Victim Services Info
www.tdcj.state.tx.us

(800) 848-4284
victim.svc@tdjc.state.tx.us

Williamson County Crisis Center

(512) 255-1212

Austin Safe Place

Educates, shelters, and counsels men, women, and children of abuse

(512) 267-7233

Rental Assistance

Caritas

318 S. 5th

Financial assistance with rent

(254) 753-4593

Columbus Avenue Baptist Church

Provide financial assistance if eligible after an interview. Call for more information.

(254) 752-1655

EOAC: Economic Opportunities Advancement Corporation

(254) 753-0331

Neighborhood Housing Services of Waco

1818 Columbus Avenue

Salvation Army

(254) 753-2043

Seventh & James Baptist Church

Rental and gas assistance- not Electricity

(254) 753-6425

Waco Housing Authority

Rental assistance

(254) 752-0324

Transportation

Caritas

318 S. 5th

Transportation assistance

(254) 753-4593

Central Texas Senior Ministry

Provide several services including transportation.

(254) 752-0316

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|--|----------------|
| Crestview Church of Christ Emergency bus tickets | (254) 776-0711 |
| St. Paul's Episcopal Church Bus tickets, gas | (254) 753-4501 |
| Waco Bus Services | (254) 750-1613 |

Utilities Assistance

| | |
|---|----------------------------------|
| Catholic Charities | (254) 716-1573 |
| Caritas 318 S. 5th Financial assistance with rent | (254) 753-4593 |
| Columbus Avenue Baptist Church Provide financial assistance if eligible after an interview. Call for more information. | (254) 752-1655 |
| Compassion Ministries | (254) 755-7640 |
| EOAC: Economic Opportunities Advancement Corporation Salvation Army | (254) 753-0331 (254) 756-7271 |
| Highland Baptist Church Care Center 3100 Trice | (254) 754-8923 |
| Income Assistance & Food Stamps | (800) 448-3927 |
| Mission Waco | (254) 753-4900 |
| Salvation Army | (254) 756-7271 |
| TXU Electricity/Atmos Enery http://www.tcfv.org/tcfv-content/policy.php?itemid=8 For victim of crime that has been relocated; deposit for gas and electricity may be waived at their new residence; fill out forms. | |

Veteran Services

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|---|----------------------------------|
| Department of Veteran Affairs Reaching out to America's veterans. | (800) 827-1000 (800) 829-4833 |
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Veteran's Land Board

(800) 252-8387

Voter Registration

Voter Registration/Elections

(800) 252-8683

Women Services

McCAP

www.mccap.org

(254) 399-9728

Women's Advocacy Project

(800) 777-3247

Women's Group

(254) 753-4900

Friendship, prayer, singing, Bibly Study, lunch, skill building, field trips, outreaches (some transportation provided). Wednesdays 11 am – 1 pm. Call for more information.

Texas Christian Women's Job Corps

e-mail: cwjc_waco@grandecom.net

texaswjc@bgct.org

www.texaswjc.org

(254) 757-0416

(254) 757-0422 (fax)

contact: Pam Mohundro

(888) 968-6389 Texas CWJC

Ministers to all women in need with a hand up, not a handout. This is done by providing a vast array of life skills and job skills training, Bible study, and a Christian woman to be her mentor.

Youth Services

Central Texas Youth Services

www.centraltexasyouthservices.org

939-3466

McLennan County Youth Collaboration

After-school programs, help with academics, behavior & attendance problems

(254) 753-6002

Methodist Home

(254) 750-1235

Runaways Need Help

(800) 231-6946
In Texas: (800) 392-3352
(888) 580-HELP

Teen Club

Bible Study, fellowship, parties and food. Call for more information.

(254) 753-4900

- Teen Leadership Waco** (254) 752-5515
- Texas Youth Hotline** 1 (800) 210-2278
www.texasyouth.org
- Waco Center for Youth** (254) 756-2171
24-hour residential treatment facility for emotionally disturbed children.
- Waco Library**- many locations-Teen reading programs (254)750-5941
- YMCA of Central Texas** (254) 776-6612
6800 Harvey Drive
Programs for children and families to build healthy spirit, mind and body for all. Call for more information.
- Youth Connection, Inc.** (254) 202-8480
3000 Herring Avenue Floor 2E www.youthconnectionwaco.org
Helps prevent second teen pregnancy. Call for more information.
- Youth Development** (254) 753-4900
After school for teens 12-17 years old. Call for more information.