

FULLERTON SCHOOL DISTRICT
Health Services

**5th & 6th GRADE GROWTH AND DEVELOPMENT
OBJECTIVES**

1. Introduction to the anatomy and physiology of the reproductive system.
2. Changes that can be expected when a child goes through the phase known as puberty.
3. Information about menstruation and pad care.
4. Encourage an exchange in dialogue with parents, teacher, and nurse.
5. Understanding the new responsibility that accompanies these physical changes.