

FROM THE NURSE'S OFFICE

If your child suffers from allergies please be aware that students go outside for recess and gym. Due to the high pollen counts, many children are or will become uncomfortable with red, irritated, itchy eyes. Eye drops or allergy medicines cannot be used in school without a doctor's order...this includes over the counter medications. Cool compresses and washing pollen from the face after coming indoors helps decrease irritation. This can be done at school if needed.

Mrs. Lewis
School nurse