



COUNSELOR CONNECTION

San Pasqual High School – Counseling Department

Counseling Department

Counselors:

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College & Career Technician

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Class of 2020!

The Counseling Department is here to guide you to graduation and help you prepare for life after high school.

In order to graduate from San Pasqual High School, all students must meet the 230 credit Escondido Union High School District graduation requirements. These requirements, listed on your high school transcript and on the SPSHS website, must be met prior to graduation.

Counselors are available to help students seek, identify, and achieve personal goals. In addition, Ms. Villavicencio in the Career

Center is also a great resource. We all work closely to help you gain access to knowledge and skills needed to reach your highest potential.

We produced this newsletter **for you!** It's full of great information to research, understand and navigate through options available to you after high school.

If you have any questions and concerns, please utilize the websites listed in this newsletter and/or contact your counselor.

Make a Plan

Ask yourself:

- What high school career pathways can you choose from?
- What colleges have programs that will get you to your career?

Don't have any idea what career you will pursue?

- Visit the Career Center, or schedule an appointment with Ms. Villavicencio.
- Visit: www.cacareerzone.org

Available resources:

Take a quick assessment.
Interest profiler
Work Importance Profiler
Skills Profiler

- Career Exploration, college application, job application templates.
- Job application tools to create resumes, job search letters, and job references list

“But what if I have no idea what I’m good at or what I like to do”

Volunteering and doing internships are great ways to figure out what you like to do and what you're good at. By volunteering you are not only helping your community, you are trying new things that may lead to what you truly like to do.

Join or start a club! Our campus has many different clubs to participate in.

*Both are also great additions to your resume!



Finding Your Purpose

Consider doing community service or getting an internship in an area you are interested in to get a better feel for what a career is like.

What does the World Need?

San Diego Priority Sectors:

- ⇒ Health
 - ⇒ Life Science
 - ⇒ Clean Energy
 - ⇒ Advanced Manufacturing
 - ⇒ Information Communication Technology
- Workforce.org/reports

What can you be paid for?

Find out how much your lifestyle will cost, or find out what a certain salary can afford.

Cacareerzone.org - Make Money Choices Quiz

Consider the term Return on Investment and how much time and money you are willing to spend on your education compared to the career you will have.

What do you love?

Know yourself—What are your strengths, interests and values?

Gain exposure—Do research, check out career fairs, join clubs, ask questions about careers when you meet an adult, go to activities in the evenings, weekends and summers.

What are you good at?

Find ways to develop expertise:

- ◆ Career Pathway
- ◆ Clubs/Summer/After School Programs
- ◆ Community College Course
- ◆ Volunteer/Community Service

Career Clusters



Agriculture, Food & Natural Resources



Architecture & Construction



Arts, Audio/Video Technology & Communications



Business, Management & Administration



Education & Training



Finance



Government & Public Administration



Health Science



Hospitality & Tourism



Human Services



Information Technology



Law, Public Safety, Corrections & Security



Manufacturing



Marketing, Sales & Service



Science, Technology, Engineering & Math



Transportation, Distribution & Logistics