

# Coming Together to Care: An Open Forum about Teen Grief, Loss and Suicide

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**For parents and staff of Willow Springs Middle School\***

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**How do we help our teens navigate the journey of grief and loss when a friend dies? This discussion will focus on:**

- Helping teens sort out feelings, questions and concerns about the death of a friend
- Recognizing the signs of distress in teens
- Fostering resiliency and strong coping skills
- Recognizing the warning signs of suicidal behavior
- Finding help for a struggling teen



Leading the discussion are Grant Halliburton Foundation President **Vanita Halliburton** (left), and Director of Outreach and Education **Sierra Sanchez** (right). Grant Halliburton Foundation is a nonprofit organization working to promote awareness and understanding of teen and young adult mental health, prevent suicide, and strengthen the network of mental health resources for young people. The Foundation provides mental health education, training and support to more than 31,500 students, educators, parents and professionals annually. Visit [www.GrantHalliburton.org](http://www.GrantHalliburton.org) for more info.

## Join Us for a Forum on Teen Grief and Loss

**Willow Springs Middle School**

**Thursday, March 8, 2018**

**7:00 p.m.**

*For more information, contact*

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**\*This discussion is designed for adults. It is not recommended for students.**



**GRANT HALLIBURTON**  
FOUNDATION

**It's about help. It's about hope. It's about peace of mind.**