

Wellness Committee Minutes

October 25th, 2017

Meeting start time: 4pm

Minute taker: Matt McKinley

We will continue to post minutes on our Wellness website and send them to each member of the committee.

Sarah began meeting addressing our committee membership. We need to have representation from various stakeholder groups. A brief discussion took place and names of parents were submitted to me to contact. Susan Macaulay and Ryan Hayes have agreed to help us out as elementary classroom teacher representatives. Jeff Stenlake is now representing our community stakeholder group.

Sarah stated that all of our items have been purchased. Many of our PE teachers have already begun using their new equipment. The SLCHI purchased some bonus items for our district as a "thank you" for all of the work we have done. We are greatly appreciative of the gifts.

I brought up the issue of installation of trail equipment. Should a maintenance request be submitted or should I just go through Mr. Seguin. Mr. Brady suggested doing a maintenance request. Anne Root brought up the installation of the hydration stations. Mr. Brady said we ran into a problem of asbestos behind the wall. He was going to continue to work on a solution to this problem.

The Wellness Workshop, scheduled for November 29th, was addressed. Betty and I discussed the benefits of attending the conference.

A review of the implementation plans was discussed. Sarah suggested that the committee look over the plans and tackle 2 that were in red lettering (nutrition based) and one in blue lettering (physical activity based). After much discussion, Betty, Ann Marie and I decided to tackle the implementation plan dealing with fundraising. Mr. Brady is meeting with the administrative team to put together information on opportunities that already exist for students before and after school to participate in physical activity. Betty and Anne Root were going to handle surveying students interest at the high school and junior high respectively. Lastly, Betty, Sue Macaulay, Anne Root, and I were going to attempt to put together a list of smart snacks to submit to teachers at the elementary level.

Pete is going to contact AW Collins about availability of healthy alternative snacks to be sold in the vending machine in the high school. If the candy can be removed from the vending machine and replaced with healthier options, the vending machine could be turned on after the last lunch period. Pete was also going to draft a letter noting the district wellness policy and federal requirements to be shared with the junior class adviser, HS building principal and superintendent and wellness committee chair.

Meeting adjourned @ 5:15