



CHARTER BREAKFAST MENU - JANUARY 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
HONEYDEW		APPLE		BANANA		CANTALOUPE		JUICE OR PEAR	
1		2		3		4		5	
8	1 (4 OZ) 2 OZ 1 CUP 8 FL OZ	9	1 1 1 8 FL OZ	10	1 CUP 1 OZ 1 8 FL OZ	11	1 (3.0 OZ) 1 CUP 8 FL OZ	12	1 (3.25 OZ) 1 8 FL OZ / 1 8 FL OZ
15	1 (4 OZ) 2 OZ 1 CUP 8 FL OZ	16	1 (2.7 OZ) 1 8 FL OZ	17	1 CUP 1 OZ 1 8 FL OZ	18	1 1 OZ 1 CUP 8 FL OZ	19	1 1 OZ 1 CUP 8 FL OZ
22	1 (3.0 OZ) 1 CUP 8 FL OZ	23	1 1 1 8 FL OZ	24	1 (3.6 OZ) 1 8 FL OZ	25	1 (4 OZ) 2 OZ 1 CUP 8 FL OZ	26	8 (3.0 OZ) 1 8 FL OZ / 1 8 FL OZ
29	1 CUP 1 PACK 1 CUP 8 FL OZ	30	1 (3.25 OZ) 1 1 8 FL OZ	31	1 BAGEL 1 OZ 1 8 FL OZ				

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CHARTER LUNCH - JANUARY 2018

9-12 PORTIONS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
APPLE		JUICE OR CANTALOUPE		PEAR		BANANA		HONEYDEW	
	1	2	3	4	5	6	7	8	9
8	1	2	3	4	5	6	7	8	9
15	15	16	17	18	19	20	21	22	23
22	23	24	25	26	27	28	29	30	31
29	30	31							

CHICKEN BURGER *BREADED CHICKEN PATTY *POTATO WEDGES *SHREDDED LETTUCE *WHEAT BUN *KETCHUP/MUSTARD *FRUIT *MILK	CHICKEN TENDERS *BREADED CHICKEN TENDERS *POTATO WEDGES *WHEAT BUN *KETCHUP (2) *JUICE OR APPLE *MILK	TERTIARY CHICKEN BOWL *TERIYAKI CHICKEN *STEAMED BROWN RICE BROCCOLI *TAPATIO *FRUIT *MILK	CHICKEN BUREK *BREADED CHICKEN *BURGER WHEAT HAMBURGER BUN *KETCHUP *POTATO SALAD *FRUIT MILK	GLAZED CHICKEN BOWL *GLAZED CHICKEN *STEAMED BROWN RICE CARROT COINS *TAPATIO *FRUIT *MILK	SEASONED GROUND BEEF *SEASONED GROUND BEEF *REFRIED BEANS *SHREDDED LETTUCE & TOMATOES *TOSTITOS SHELLS (2) *TAPATIO *FRUIT *MILK	CHICKEN SANDWICH *WHEAT BREAD DELI TURKEY SLICED CHEESE *CARROT STICKS *RANCH DRESSING *MAYO & MUSTARD *FRUIT *MILK	ASIAN CHICKEN SALAD *MARINATED CHICKEN *ROMAINE LETTUCE *CABBAGE & CARROTS *CRISPY NOODLES *ASIAN DRESSING *WHEAT ROLL *FRUIT *MILK	BBQ RIB SANDWICH *BBQ RIB PATTY *WHEAT HAMBURGER BUN *CELERY STICKS *RANCH DRESSING *FRUIT *MILK	TURKEY & CHEESE SANDWICH *WHEAT BREAD DELI TURKEY SLICED CHEESE *CARROT STICKS *RANCH DRESSING *MAYO & MUSTARD *FRUIT *MILK
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This menu is subject to change without notice. The information is provided for informational purposes only. USDA, Director, Office of Civil Rights, Room 328-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250
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