

JUMP START YOUR DAY WITH CBISD BREAKFAST



1-A CHOCO MUFFIN-SAUSAGE OR FROOT LOOPS CEREAL CINNABREAD CHILLY PEAR CUP 100% FRUIT JUICE MILK VARIETY	1-B FLAPSTICK-SYRUP OR APPLEJACKS CEREAL CINNABREAD RED DELICIOUS APPLE 100% FRUIT JUICE MILK VARIETY	1-C BREAKFAST PIZZA STRIP OR MINI WHEATS CEREAL CINNABREAD FROSTY PEACHES 100% FRUIT JUICE MILK VARIETY	1-D EGGS-BISCUIT-SAUSAGE OR CINA FROSTED FLAKES CINNABREAD ORANGE SMILEYS 100% FRUIT JUICE MILK VARIETY	1-E BREAKFAST MINI BURGER OR APPLE CINNA CHERRIOS CINNABREAD SOUR APPLESauce CUP 100% FRUIT JUICE MILK VARIETY
2-A PANCAKES-SAUSAGE OR FROOT LOOPS CEREAL CINNABREAD DICED PEARS 100% FRUIT JUICE MILK VARIETY	2-B EGGS-BISCUIT-SAUSAGE OR APPLEJACKS CEREAL CINNABREAD STRAWBERRY CUP 100% FRUIT JUICE MILK VARIETY	2-C CHOCO MUFFIN-SAUSAGE OR MINI WHEATS CEREAL CINNABREAD BLUE RASPBERRY CUP 100% FRUIT JUICE MILK VARIETY	2-D FLAPSTICK-SYRUP OR CINA FROSTED FLAKES CINNABREAD FRUIT SQUEEZY 100% FRUIT JUICE MILK VARIETY	2-E PANCAKE PUPS OR APPLE CINNA CHERRIOS CINNABREAD BANANA 100% FRUIT JUICE MILK VARIETY
3-A CHOCO MUFFIN-SAUSAGE OR FROOT LOOPS CEREAL CINNABREAD APPLESauce CUP 100% FRUIT JUICE MILK VARIETY	3-B FRENCH TOAST STICKS OR APPLEJACKS CEREAL CINNABREAD GRANNY SMITH APPLE 100% FRUIT JUICE MILK VARIETY	3-C BREAKFAST PIZZA STRIP OR MINI WHEATS CEREAL CINNABREAD PINEAPPLE TIDBITS 100% FRUIT JUICE MILK VARIETY	3-D EGGS-BISCUIT-SAUSAGE OR CINA FROSTED FLAKES CINNABREAD ORANGE SMILEYS 100% FRUIT JUICE MILK VARIETY	3-E MINI STEAK BURGER OR APPLE CINNA CHERRIOS CINNABREAD SOUR APPLESauce 100% FRUIT JUICE MILK VARIETY
4-A COWBOY BREAD OR FROOT LOOPS CEREAL CINNABREAD FROSTY PEACHES 100% FRUIT JUICE MILK VARIETY	4-B EGGS-BISCUIT-SAUSAGE OR APPLEJACKS CEREAL CINNABREAD BLUE RASPBERRY CUP 100% FRUIT JUICE MILK VARIETY	4-C CHOCO MUFFIN-SAUSAGE OR MINI WHEATS CEREAL CINNABREAD FRUIT SQUEEZY 100% FRUIT JUICE MILK VARIETY	4-D PIG-N-BLANKET OR CINA FROSTED FLAKES CINNABREAD BANANA 100% FRUIT JUICE MILK VARIETY	4-E HAWAIIAN BREAKFAST BUN OR APPLE CINNA CHERRIOS CINNABREAD RED DELICIOUS APPLE 100% FRUIT JUICE MILK VARIETY

For a complete breakfast meal students must take at least 3 food items one of which must be a fruit or vegetable. Note: Menu items in **RED** count for 2 food items. Ala carte prices will be charged for individual items if a complete meal is not taken.

Breakfast cycle dates correspond with Lunch cycles dates.

Check out the CBISD website cbisd.com for nutritional information, My School Bucks Online payments, menus, promotions and Online Free/Reduced Meal Applications!

Breakfast is at no cost to elementary students!
Adults Breakfast \$2.25

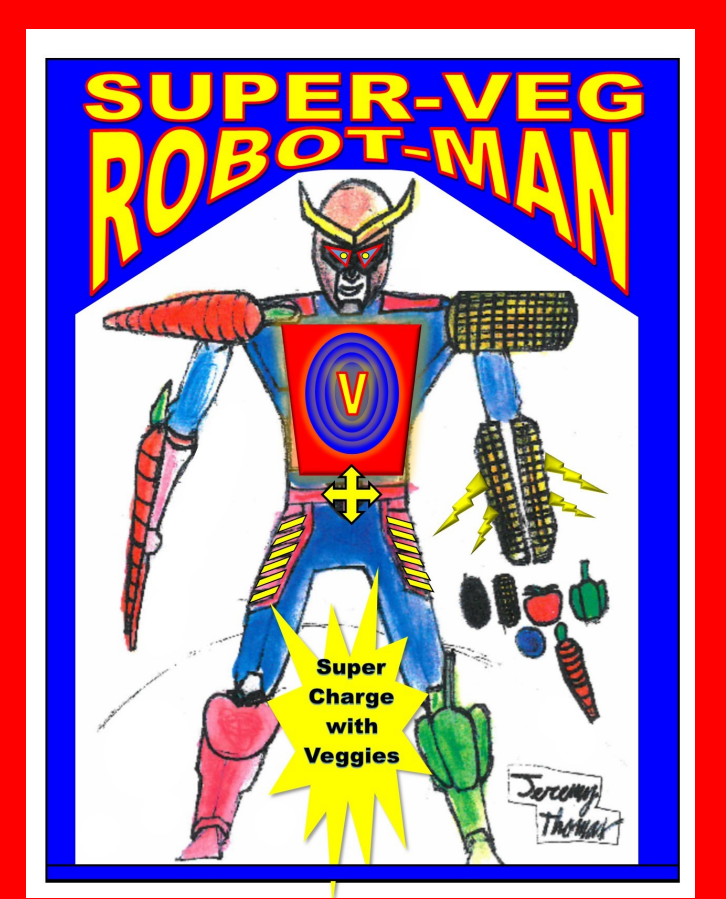
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MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

SUPER

HEALTHY

HEROES



Columbia-Brazoria ISD 2017-2018 K- 6th ELEMENTARY MENU

ELEMENTARY Lunch

- Every Day Entrée Choices:
1. PLATE LUNCH (yellow)
 2. PIZZA CHOICE (blue)
 3. POWER PACK BOX (pink)

- Barrow Lunch includes:
- an entrée choice
 - all sides offered (green)
 - milk variety choice

CYCLE 1	ENTRÉE CHOICE	1-A	1-B	1-C	1-D	1-E
Aug 22-25 Sept 18-22 Oct 17-20 Nov 13-17 Jan 3-5 Jan 29-Feb 2 Feb 26-Mar 2 Apr 2-6 Apr 30-May 4	PLATE LUNCH	CHICKEN TENDERS CREAM GRAVY-ROLL	CRISPY TACO-SALSA TORTILLA CHIPS	CHICKEN DRUMSTICK TEXAS TOAST	BBQ BAKED POTATO GARLIC BREADSTICK	CHEESEBURGER MAYO-MUSTARD
	PIZZA CHOICE	4 CHEESE PIZZA WEDGE	PEPPERONI PIZZA SLICE	GARLIC DIPPING STICK MARINARA	PEPPERONI PIZZA SLICE	4 CHEESE PIZZA WEDGE
	POWER PACK BOX	UNDER THE SEA BOX HAM-CHEESE SANDWICH	KRISPY KRITTERS BOX YOGURT-GRANOLA BUG BITE COOKIES	TURKEY TRACKS BOX TURKEY STICK-CHEESE MINI CRACKERS	BURRITO DIPPER BOX BEAN DIPPER CUP MINI TORTILLA CHIPS-SALSA	SUN FUN BOX EZ JAMMER -CHEESE STICK HEARTZELS PRETZELS
	SIDES <small>(goes with all entrée choices)</small>	WHIPPED POTATOES PEAS & CARROTS APPLE WEDGES	SHRED LETTUCE-TOMATOES REFRIED BEANS FROSTY PEACHES	GREEN BEANS POTATO ROASTERS ORANGE SMILEYS	CORN NIBLETS CUCUMBER TOMATO SALAD SOUR GREEN APPLESAUCE	BURGER VEGGIE CUP VEGETARIAN BEANS DICED PEAR CUPS CHOCO CHIP COOKIE
CYCLE 2	ENTRÉE CHOICE	2-A	2-B	2-C	2-D	2-E
Aug 28-Sept 1 Sept 25-29 Oct 23-27 Nov 27-Dec 1 Jan -12 Feb 5-9 Mar 5-9 Apr 9-13 May 7-11	PLATE LUNCH	CHICKEN RINGS-GRAVY DINNER ROLL	PIG-N-BLANKET CORN MUFFIN	BAKED SPAGHETTI GARLIC BREADSTICK	BEEF STEAK PATTY-GRAVY DINNER ROLL	CIABATTA CHICKEN BUN MAYO-MUSTARD
	PIZZA CHOICE	4 CHEESE PIZZA WEDGE	PEPPERONI PIZZA SLICE	GARLIC DIPPING STICK MARINARA	PEPPERONI PIZZA SLICE	FIESTADA PIZZA WHEEL
	POWER PACK BOX	FIESTA OLE BOX PINWHEEL ROLL UP TORTILLA MINIS-SALSA	POPCORN BLAST BOX TURKEY STICK-CHEESE CUBES POPCORN BAG	MAMA MIA BOX PEPPERONI CIRCLES GARLIC BREADSTICK	MONKEY BUSINESS BOX HAM CUBES-CHEESE CUBES MINI CRACKERS	BREAKFAST LUNCH BOX BOILED EGG-DICED HAM HOMESTYLE BISCUIT
	SIDES <small>(goes with all entrée choices)</small>	POTATO BABY BAKERS CARROT COINS STRAWBERRY CUP	POPEYE SPINACH PINTO BEANS BLUE RASPBERRY APPLESAUCE	ITALIAN GREEN BEANS TOSSED GARDEN SALAD CHILLED PEAR CUP	WHIPPED POTATOES MIXED VEGGIES-RANCH SEASONED CUCUMBERS BANANA	SANDWICH VEGGIES CARROTEENIES STRAWBERRY-BANANA APPLESAUCE
CYCLE 3	ENTRÉE CHOICE	3-A	3-B	3-C	3-D	3-E
Sept 5-8 Oct 2-6 Oct 30-Nov 3 Dec 4-8 Jan 16-19 Feb 12-16 Mar 19-23 Apr 16-20 May 14-18	PLATE LUNCH	BBQ RIB PATTY BUN BBQ SAUCE	CHICKEN FRIES HOT ROLL	CHEESE ENCHILADAS CORN MUFFIN	BREADED CHICKEN CHIPS GRAVY-DINNER ROLL	ITALIAN SUB SANDWICH MARINARA CUP MAYO-MUSTARD
	PIZZA CHOICE	4 CHEESE PIZZA WEDGE	PEPPERONI PIZZA SLICE	GARLIC DIPPING STICK MARINARA	PEPPERONI PIZZA SLICE	4 CHEESE PIZZA WEDGE
	POWER PACK BOX	UNDER THE SEA BOX HAM-CHEESE SANDWICH	KRISPY KRITTERS BOX YOGURT-GRANOLA BUG BITE COOKIES	TURKEY TRACKS BOX TURKEY STICK-CHEESE MINI CRACKERS	BURRITO DIPPER BOX BEAN DIPPER CUP MINI TORTILLA CHIPS-SALSA	SUN FUN BOX EZ JAMMER -CHEESE STICK HEARTZELS PRETZELS
	SIDES <small>(goes with all entrée choices)</small>	BLACK EYED PEAS VEGGIE STICKS-RANCH GRANNYSMITH APPLE	MAC & CHEESE CARROT COINS-TOSSED SALAD PINEAPPLE TIDBITS	PINTO BEANS-FIESTA SALAD CORN-ZUCCHINI MEDLEY ORANGE SMILEYS	BABY BAKERS POTATOES CORN NIBLETS SPINACH STRAWBERRY SALAD MANDARIN ORANGES	BURGER VEGGIE CUP GREEN BEANS TATOR TOTS-KETCHUP FROSTY PEACH CUPS
CYCLE 4	ENTRÉE CHOICE	4-A	4-B	4-C	4-D	4-E
Sept 11-15 Oct 9-13 Nov 6-10 Dec 11-15 Jan 22-26 Feb 20-23 Mar 26-29 Apr 23-27 May 21-24	PLATE LUNCH	POPCORN CHICK SMACKER HOMESTYLE GRAVY GOLDFISH CRACKERS	MINI TWIN HOT DOGS	CHERY BLOSSOM CHICKEN WITH ORIENTAL RICE IN TAKE OUT BOX	CHEESEY TAMALES TORTILLA ROUNDS	EZ JAMMER SANDWICH CHEESE CUBES
	PIZZA CHOICE	4 CHEESE PIZZA WEDGE	PEPPERONI PIZZA SLICE	GARLIC DIPPING STICKS- MARINARA	PEPPERONI PIZZA SLICE	SUPREME PIZZA
	POWER PACK BOX	FIESTA OLE BOX PINWHEEL ROLL UP TORTILLA MINIS-SALSA	POPCORN BLAST BOX TURKEY STICK-CHEESE CUBES POPCORN BAG	MAMA MIA BOX PEPPERONI CIRCLES GARLIC BREADSTICK	MONKEY BUSINESS BOX HAM CUBES-CHEESE CUBES MINI CRACKERS	BREAKFAST LUNCH BOX BOILED EGG-DICED HAM HOMESTYLE BISCUIT
	SIDES <small>(goes with all entrée choices)</small>	SCALLOPED POTATOES CUCUMBER SLICES BLUE APPLESAUCE	TOSSED SALAD-RANCH BAKED BEANS TROPICAL FRUIT	KIMONA BLEND VEGGIES SUNSHINE CABBAGE SALAD FORTUNE COOKIE BANANA	MEXICALLI CORN SHRED LETTUCE & TOMATO SALSA DIPPING CUP RED APPLE WEDGES	TATOR TOTS-KETCHUP PINTO BEANS CONFETTI VEGETABLES STRAWBERRY CUP

HEALTHY HEROES POWER PACK



GRAB-N-GO LUNCH BOX

Power Pack Grab-N-Go Lunch Boxes are packed with:

Healthy Hero Entrées
Whole Grain Bread Items
Super Smart Snacks
PLUS

Fantastic Fun Activity Pages

*Pick up your Power Pack Lunch Box
Grab your Vegetable & Fruit Sides and Milk*

You are all set for a Healthy Hero Lunch

For a complete LUNCH meal students must take at least **3** components, **one of which must be a vegetable or fruit side dish.** Students **may take all** offered components within each meal grouping.. Note: Menu items in **RED** count for 2 components. Ala carte prices will be charged for individual items if a complete meal is not taken.

LUNCH PRICES

Reduced Price Lunch \$.40
Full Price Lunch \$2.75
Adult Lunch Price \$3.75