

**Have a
Great Day!**

Bronx Academy of Promise

Breakfast Menu



Meal Includes:

November 28 – December 2, 2016

Meat/Meal Alternate, Grains, Fruit, and Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Blueberry Pancakes w/Syrup Turkey Bacon *****</p> <p>Cinnamon Raisin Bagel w/LF Cream Cheese *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Turkey/Ham & Cheese Frittata w/W.W. Toast *****</p> <p>Yogurt Parfait w/Fruit & Granola *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>French Toast Sticks w/Syrup *****</p> <p>Banana Muffin w/Fruit Cup *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Cheesy Scrambled Eggs w/Grit Sticks *****</p> <p>Hot Oatmeal w/Warm Peach Topping *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Belgian Waffle w/Syrup Sausage Link *****</p> <p>Blueberry Muffin w/Fruit Cup *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>

Available at Every Breakfast

Grains: Bagels, English Muffins, Whole Wheat Bread

Milk: Low-Fat White and Non-Fat Chocolate

Water available at every meal

This institution is an equal opportunity provider.