

BREAKFAST

APRIL 2018
FHS/East High School
 Menu Subject to Change

Parfaits, Cold Cereal, Sandwiches
 Bagels and/or Muffins are offered as
 an alternate choice with every
 breakfast. Students must take a fruit
 or juice as one of their options

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast **2**

Biscuits and Gravy **3**

Waffles **4**

Breakfast Burritos **5**

Sausage Egg Muffin **6**

French Toast **9**

Oatmeal **10**

Pancakes **11**

Breakfast Pizza **12**

Ham & Cheese Bagel **13**

16

17

18

19

20

French Toast **23**

Biscuits and Gravy **24**

Waffles **25**

Breakfast Burritos **26**

Sausage Egg Muffin **27**

French Toast **30**

Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to print out on the district website.

Breakfast Price: Paid \$2.25 Reduced \$0.30

Lunch Price: Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhsdistrict.net