



# LIFT Enrichment After School Cooking Classes

St. Pius V Catholic School - Fall 2018



## Fall 2018 – Session 1 Food Network Favorites

Enjoy delicious and healthy food by your favorite celebrity chefs in this fun, interactive Cooking class! We'll explore dishes made by Gordon Ramsay, Jamie Oliver, Giada De Laurentiis, Guy Fieri, Bobby Flay and more! Whip up chicken tacos, cauliflower au gratin and a rainbow salad wrap!

Each lesson, students will develop their culinary skills while learning about nutrition, culture and even dining etiquette.

On the last day of class, parents are invited to our Kid Restaurant, where the parents can see what their kids learned during the session. Get hungry to learn the art of cooking!!

Day of the Week: Mondays

Dates: 9/17,(skip 9/24), 10/1, 10/8, 10/15,  
10/22,10/29

Lessons: 6

Time: 3:30pm-4:30pm

Price: \$132 per student

Grades: 1-8



***Space is limited register today! Only 16 Spots Available!***

***Registration Deadline: Friday, 9/14/18***

**Register at [www.LIFTenrichment.com](http://www.LIFTenrichment.com)**

**Or Call (310) 890-8704**

**LIFT Enrichment teaches kids to cook and improve their health!**