

**COURSES ACCEPTED AS MEETING  
THE COACHES FIRST AID AND CPR REQUIREMENT  
JANUARY 2014 (UPDATED)**

**FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) ([www.emsc.nysed.gov/ciai/pe/](http://www.emsc.nysed.gov/ciai/pe/) - Select Toolkit, then click on Approved Coaching Courses)
2. American Red Cross:
  - a) The following "Responding to Emergencies" courses (now valid for only 2 years per ARC):
    - Responding to Emergencies First Aid
    - Responding to Emergencies Adult and Child First Aid/CPR
    - Responding to Emergencies Adult and Child First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
    - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
  - b) Lifeguarding/First Aid/CPR/AED
  - c) Lifeguarding/First Aid
  - d) Waterfront Lifeguarding
3. NYS Department of Health/Bureau of Emergency Medical Services:
  - a) Certified First Responder (meets First Aid and CPR certification)
4. National Safety Council:
  - a) Advanced First Aid, CPR & AED (meets First Aid and CPR certification)
5. Emergency Care & Safety Institute (ECSI)
  - a) Sports First Aid & Injury Prevention – NYS Coaches
  - b) First Aid, CPR & AED Essentials – NYS Coaches
  - c) Health Care Provider CPR & AED
6. American Safety & Health Institute (ASHI) – Advanced First Aid

**ADULT CARDIOPULMONARY RESUSCITATION (CPR) – Cards must be renewed every 1 to 2 years per certifying agency requirements – NO ONLINE COURSES ACCEPTED**

1. A State Education Department approved agency that offers CPR using the new SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid). ([www.emsc.nysed.gov/ciai/pe/](http://www.emsc.nysed.gov/ciai/pe/) - Select Toolkit, then click on Approved Coaching Courses)
2. National Safety Council (NSC):
  - a) CPR/ AED Course
  - b) b) Advanced First Aid, CPR, AED
3. American Heart Association Courses (AHA):
  - a) Advanced Cardiac Life Support (ACLS) (credited only for CPR/AED)
  - b) Basic Life Support for Health Care Providers (BLS)
  - c) Heartsaver AED (includes CPR)
  - d) Heartsaver First Aid/CPR/AED
4. American Red Cross Courses (ARC):
  - a) Adult CPR/AED (*For high school coaches only*)
  - b) Adult & Child CPR/AED
  - c) CPR/AED for the Professional Rescuer
  - d) Lifeguarding
  - e) Lifeguarding/First Aid/CPR/AED
  - f) Waterfront Lifeguarding
  - g) Responding to Emergencies courses listed as follows:
    - Responding to Emergencies Adult and Child First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
    - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
  - g) CPR/AED for Professional Rescuers and Health Care Providers
5. American Safety & Health Institute (ASHI)
  - a) Adult CPR/AED (*for high school coaches only*)
6. Emergency Care & Safety Institute (ECSI)
  - a) Sports First Aid & Injury Prevention – NYS Coaches
  - b) First Aid, CPR, AED Essentials – NYS Coaches
  - c) Health Care Provider CPR & AED

**SED does not require the following to have separate certification in First Aid to coach; however a valid CPR certificate will be required:**

- Nurses (Registered Nurse, Nurse Practitioner, LPN)      - Certified EMT/Paramedic      - Physician – Physician Assistant      - Certified Athletic Trainer      - Optometrists  
 - Fire and Police Officers (full time)      - Physical Therapists      - Dentists (includes oral and Maxillofacial Surgeons)

\*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922. Per NYSED "Guidelines for the Coaching Requirements" ([www.emsc.nysed.gov/ciai/pe/](http://www.emsc.nysed.gov/ciai/pe/)) – Distributed per Genesee Valley Educational Partnership Regional Certification Office (Revised 1/22/2014)