



# Desk Express

## Floresville ISD Adult Lunch Menu

**All meals are \$3.75**

*Fresh Daily Sides*

### LUNCH DUO

Choose any 2 items ~ Served with Chips and Whole Fresh Fruit

- ½ Sandwich, Wrap or Pita
- Soup of the Day (seasonal)
- Garden Salad

Email your Desk Express order to [opacheco@fisd.us](mailto:opacheco@fisd.us) or [mgalvan@fisd.us](mailto:mgalvan@fisd.us) by 2:00 pm the day before.

## Salad Creations

Salads served with Foccica Bread

Dressings: FF Ranch, Lite Italian, FF Caesar, Pan Asian

### Chicken BLT Salad

Fresh Salad Greens, Chicken Breast, Turkey Bacon, Diced Tomatoes, Cheddar Cheese.

539 Calories 26.14g Fat  
35.27g Carbs 3.28g Fiber

### Chicken Caesar Salad

Fresh Crisp Romaine Lettuce, Grilled chicken Breast, parmesan cheese, Croutons and FF Caesar Dressing

467 Calories 17.80 g Fat  
52.87g Cho 7.67g Fiber

### Chef Salad

Fresh Salad Greens, Oven Roasted Turkey Breast, Turkey Ham, Cheddar Cheese, Tomato, Cucumber

467 Calories 17.80 g Fat  
52.87g Cho 7.67g Fibe

## Cool Wraps & Pitas

Wraps & Pitas are served with Chips and Whole Fresh Fruit

### Turkey Club Wrap

Sliced Turkey Breast, Turkey Bacon, Shredded Lettuce, Diced Tomatoes, Cheddar Cheese, FF Ranch Dressing

425 Calories 13.15g Fat  
51.12g Cho 5.79g Fiber

### Asian Fusion Wrap

Chicken Breast, Shredded Lettuce, Shredded Carrots, Diced Celery, Diced Cucumber & Pan Asain Dressing

494 Calories 18.69g Fat  
61.20g Cho 7.69g Fiber

### Chicken Fajita Pita

Chicken Fajita Meat, Fresh Salad Greens, Sliced Tomatoes, Shredded Lite Cheese

408 Calories 13.21g Fat  
51.19g Cho 8.38g Fiber

## Sandwich Savvy

Create Your Own

Sandwiches are served with Chips and Whole Fresh Fruit

Includes Mustard & Mayo PC

**Bread Choice:** Sliced Wheat, Hoagie, or Fresh Baked Kaiser

**Meat Choice:** Turkey, Turkey Ham, Chicken Salad or Tuna Salad

**Cheese Choice:** Swiss, American or Provolone

Lettuce, Tomato, Sliced Red Onions, Banana Peppers, Pickles, Jalapenos

MONDAY

- **Whole Meat Crispy Chicken Sandwich**  
*on Whole Wheat Bun. Served with Chips and Whole Fresh Fruit.*

TUESDAY

- **Bacon Cheeseburger**  
*on Whole Wheat Bun. Served with Chips and Whole Fresh Fruit.*

WEDNESDAY

- **Fluffy Baked Potato, Plain, Broccoli & Cheese Or Chili**  
*with Butter, Sour Cream and Bacon bits & Breadstick.*

THURSDAY

- **Breaded Chicken Fried Steak**  
*Low fat cream gravy, Mashed Potatoes, Hot Vegetable & Toast.*

Ala Carte  
Pricing

- **Soup & Crackers - \$2.00\*** (seasonal)
  - Chips - \$1.00
  - Fresh Baked Cookie - \$0.75
- **Bottled Water 16.9oz - \$1.25**
  - Diet Soda - \$1.25
  - Tea - \$1.00
- **Fresh Fruit Cup - \$2.25**

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*Menu is subject to change.*



*Lunch menu*  
Floresville Independent School District



Orders will be delivered to your school cafeteria  
For pick up. Delivery for off campus orders.

Lunches are ordered the day before. Please e-mail your Desk Express order to [opacheco@fisd.us](mailto:opacheco@fisd.us) or [mgalvan@fisd.us](mailto:mgalvan@fisd.us) by 2:00 pm the day before. Lunches can be paid for by cash, check or taken from your school lunch account. **Lunch will be delivered to your campus cafeteria where you can pick it up.**

**Desk Express meals are a non-charging item.**

Name: \_\_\_\_\_

Campus/Department: \_\_\_\_\_ Extension: \_\_\_\_\_

Room Number: \_\_\_\_\_

Entrée Ordered: \_\_\_\_\_

Extras: \_\_\_\_\_

Delivered: \_\_\_\_\_ Time: \_\_\_\_\_

Total Due: \_\_\_\_\_