

Howard Gardner Community School

2017 - 2018

February

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> hot cinnamon toast bagel banana muffin Fruit Milk 	<ul style="list-style-type: none"> hot sausage and omelet gordita cinnamon crumbles Fruit Milk
<ul style="list-style-type: none"> zac omega fruit-filled blackberry bar (df) cocoa critters cereal (df) Fruit Milk 	<ul style="list-style-type: none"> hot buttermilk pancakes french toast muffin multigrain cheerios & zac attack strawberry bar Milk 	NO BREAKFAST	<ul style="list-style-type: none"> hot omelet and french toast sticks blueberry bagel & cream cheese Fruit Milk 	<ul style="list-style-type: none"> hot southwest chorizo & cheese bagel cinnamon chex & zac apple bar lemon muffin Milk
<ul style="list-style-type: none"> cinnamon "dipperdoodle" bar & string cheese corn chex, zac attack strawberry bar Fruit Milk 	<ul style="list-style-type: none"> hot cinnamon toast bagel blueberry burst muffin Fruit Milk 	NO BREAKFAST	<ul style="list-style-type: none"> hot french toast sticks, sausage, and egg apple cinnamon muffin Fruit Milk 	NO SCHOOL
NO SCHOOL	<ul style="list-style-type: none"> yogurt & granola cocoa critters cereal (df) Fruit Milk 	NO BREAKFAST	<ul style="list-style-type: none"> hot buttermilk pancakes blueberry bagel & cream cheese Fruit Milk 	<ul style="list-style-type: none"> hot southwest chorizo & cheese bagel french toast muffin multigrain cheerios & zac attack strawberry bar Milk
<ul style="list-style-type: none"> zac omega fruit filled strawberry bar (df) cinnamon chex & zac apple bar Fruit Milk 	<ul style="list-style-type: none"> snow flurries cereal (df) lemon muffin Fruit Milk 	NO BREAKFAST		

Did You Know?

Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

This institution is an equal opportunity provider