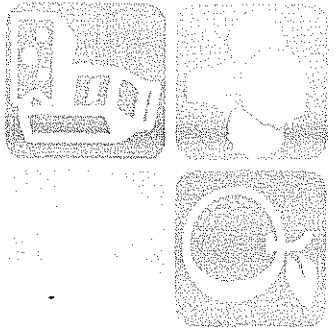


NUTRIMEALS

CHARTER LUNCH - APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APPLE	JUICE OR MELON	GOLDEN APPLE	BANANA	ORANGE
3	4	5	6	7
*CHICKEN BURGER *SHREDED CHICKEN PATTY *SHREDED LETTUCE *CARROT STICKS *WHEAT BUN *RANCH DRESSING *KETCHUP/MUSTARD *FRUIT *MILK	*PENNE ALFREDO *WHEAT PENNE PASTA CHICKEN ALFREDO SAUCE GREEN BEANS *JUICE OR FRUIT *MILK	*BEEF NACHOS *SEASONED GROUND BEEF REFRIED BEANS SHREDED CHEESE *TORTILLA CHIPS *TAPATIO *FRUIT *MILK	*CHEESY CHICKEN BAKED POTATO *CHICKEN BROCCOLI BAKED POTATO CHEESE *WHEAT ROLL *TAPATIO *FRUIT *MILK	*HAMBURGER *SHREDED LETTUCE & SLICED TOMATO *CELERY STICKS *WHEAT BUN *RANCH DRESSING *KETCHUP/MUSTARD/MAYO *FRUIT *MILK
10	11	12	13	14
*CHICKEN PARMESAN SANDWICH *SHREDED CHICKEN PATTY *TOMATO SAUCE *CARROT STICKS *WHEAT BUN *RANCH DRESSING *FRUIT *MILK	Burrito Bean & Cheese Burrito Tapatío Broccoli Florets Ranch Dressing Juice or Fruit Milk	*CHEESY CHICKEN CASSEROLE *GRILLED CHICKEN SHREDED CHEESE WHEAT ROTTI WHITE SAUCE BROCCOLI *FRUIT *MILK	*TERRARI CHICKEN BOWL *TERRARI CHICKEN STEAMED BROWN RICE CALIFORNIA VEGETABLES *TAPATIO *FRUIT *MILK	*CHICKEN TENDERS *BAKED CHICKEN TENDERS POTATO WEDGES *WHEAT ROLL *KETCHUP (2) *FRUIT *MILK
17	18	19	20	21
*HAMBURGER *HAMBURGER PATTY *POTATO WEDGES *SHREDED LETTUCE & SLICED TOMATO *WHEAT BUN *KETCHUP/MUSTARD/MAYO *FRUIT *MILK	*SPAGHETTI W/MEATBALLS *WHOLE WHEAT SPAGHETTI MEATBALLS (3 OZ) *TOMATO SAUCE BROCCOLI *JUICE OR FRUIT *MILK	*Chicken Caesar Salad Marinated Chicken Romaine Lettuce Caesar Dressing CROUTONS Wheat Roll Black Bean & Corn Salad Fruit Milk	*CHIPOTLE BEEF BOWL *CHIPOTLE BEEF SPANISH BROWN RICE PINTO BEANS *TAPATIO *FRUIT *MILK	*LASAGNA *BEEF LASAGNA *SEASONED CARROT COINS *WHEAT ROLL *FRUIT *MILK
24	25	26	27	28



NUTRIMEALS

CHARTER BREAKFAST - APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ORANGE 3	APPLE 4	BANANA 5	MELON 6	JUICE OR GOLDEN APPLE 7
DOUBLE CHOCOLATE MUFFIN FRUIT MILK	BEAN & CHEESE BURRITO TAPATIO FRUIT MILK		STRAWBERRY YOGURT GRANOLA FRUIT MILK	MINI PANCAKES, WHEAT SYRUP 100% FRUIT JUICE OR FRUIT MILK
10	11	12	13	14
CINNAMON TOASTERS CEREAL BEAR GRAHAMS FRUIT MILK	FRENCH TOAST, WHEAT SYRUP FRUIT MILK		BLUEBERRY SPOONERS CEREAL BEAR GRAHAMS FRUIT MILK	TKY SAUSAGE BREAKFAST BURRITO TAPATIO 100% FRUIT JUICE OR FRUIT MILK
17	18	19	20	21
CINNAMON CRUMB CAKE FRUIT MILK	CINNAMON OATMEAL SYRUP FRUIT MILK		HONEY GRAHAM TOASTERS CEREAL BEAR GRAHAMS FRUIT MILK	CHICKEN CHORIZO BURRITO TAPATIO 100% FRUIT JUICE OR FRUIT MILK
24	25	26	27	28
WHEAT BAGEL CREAM CHEESE FRUIT MILK	MINI PANCAKES, WHEAT SYRUP FRUIT MILK		DOUBLE CHOCOLATE MUFFIN FRUIT MILK	BEAN & CHEESE BURRITO TAPATIO 100% FRUIT JUICE OR FRUIT MILK