



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		<p>Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.</p>				<p>Breakfast is a two week rotation.</p>
Monday	Tuesday	Wednesday	Thursday	Friday	<p>Milk choices : 1% White Milk Fat Free White Milk Lactose Free Milk</p>	
Nutrients						
Pancake Syrup Sliced Apples	Pizza Bagel Fresh Orange	Biscuit/Grits Scrambled Eggs Sausage Link Banana	Sausage Biscuit Jelly Sliced Apples	Cereal Honey Grahams Sliced Apples	Calories... 227 Cholesterol... 8 mg Sodium. 279 mg Sugar 19.9 Carbohyddrats 39.0	
Poptart Sliced Apples	. Pizza Sausage Fresh Orange	Chicken Biscuit Tater Tots/ Ketchup Banana	Cereal Honey Grahams Sliced Apples	Morning Sausage Roll Fresh Fruit	Calories... 237 Cholesterol... 30 Sodium. 378 Sugar 17.0 Carbohydrates 37.4	
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.			
Georgia Grown	Local wellness policy at www.gocats.org/schoolnutrition				Local Grown	

