

SEPT.

BREAKFAST 2016-2017

ALL MENUS IS SUBJECT TO CHANGE

WG=WHOLE GRAIN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 MAPLE PANCAKE ON STIX & CRAISINS OR APPLE SC. OR CEREAL	30 BANANA BREAD & grape juice OR PINEAPPLE OR CEREAL	31 BELGIAN WAFFLE & ORANGE JUICE OR MIXED FRUITS OR CEREAL	1 PINEAPPLE SMOOTHIES OR ORANGE OR CEREAL	2 PORT.SAUSAGE & STEAMED RICE & GRAPE juice OR ORANGE OR CEREAL
5 LABORDAY NO SCHOOL	6 BLUEBERRY BREAD & GRAPE JUICE OR PINEAPPLE OR CEREAL	7 PORK PATTY & STEAMED RICE & ORANGE juice OR APPLE OR CEREAL	8 PIZZA BAGEL & APPLE JUICE OR MIXED FRUITS OR CEREAL	9 PORT.SAUSAGE & STEAMED RICE & ORANGE juice OR PEACHES OR CEREAL
12 MAPLE PANCAKE ON STIX & CRAISINS OR APPLE SC. OR CEREAL	13 BANANA BREAD & grape juice OR PINEAPPLE OR CEREAL	14 BELGIAN WAFFLE & ORANGE JUICE OR MIXED FRUITS OR CEREAL	15 PINEAPPLE SMOOTHIES OR ORANGE OR CEREAL	16 PORT.SAUSAGE & STEAMED RICE & GRAPE juice OR ORANGE OR CEREAL
19 PEPPER-PIZZA STIX & APPLE JUICE OR ORANGE OR CEREAL	20 HAM LINKS & STEAMED RICE & grape juice OR PEACHES OR CEREAL	21 CINNAMON BUN & ORANGE JUICE OR PINEAPPLE OR CEREAL	22 SCH. MADE COFFEE CAKE grape juice OR MIXED FRUITS OR CEREAL	23 WG FRENCH TOAST & CRAISINS OR PINEAPPLE OR CEREAL
26 MINI PANCAKES AND APPLE JUICE OR ORANGE OR CEREAL	27 BLUEBERRY BREAD & GRAPE JUICE OR PINEAPPLE OR CEREAL	28 PORK PATTY & STEAMED RICE & ORANGE juice OR APPLE OR CEREAL	29 PIZZA BAGEL & APPLE JUICE OR MIXED FRUITS OR CEREAL	30 PORT.SAUSAGE & STEAMED RICE & ORANGE juice OR PEACHES OR CEREAL

ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK , 1/2 PINT

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