

SHAC MEETING: September 18, 2013

TIME: 12:00 PM

LOCATION: Smithville Elementary Dining Room

MINUTES: Called to order by Dr. Neal Spears

Minutes reviewed and amended before approval.

Introductions were made of all attendees due to this being the first meeting of the new school new.

OLD BUSINESS: Discussion was made regarding the date for AIM FOR SUCCESS- the abstinence based sexual education program for the school year. No date has currently been set awaiting approval from administration. Mary Pierce RN made a recommendation that Temple currently has a STD nurse associated with Texas Department of Health that would be willing to provide a program on sexually transmitted disease. Janice Rogers LVN, SISD high school nurse, informed the SHAC members of a local OB/GYN that requested to provide a presentation to high school students regarding sexual health, abstinence, and contraceptive use. Discussion was made to further investigate these options in conjunction with or if the AIM FOR SUCCESS program is unavailable. Sharlene Scheler RN stated the health fair at Brown was a tremendous success and plans in progress for health fair for next year. Sophie Weinheimer RN informed the SHAC members of the success of the Seton Health fair and the plans for moving to a possible fall prospective date. Updates were given regarding the athletic physicals held in May. Seton Family of Physicians provided 5 health providers along with ancillary staff to perform approximately 250 athletic physicals for junior high and high school athletes free of charge.

NEW BUSINESS: Dr. Neal Spears reviewed the House Bills and Senate bills regarding the duties of the SHAC. New updates and guidelines were reviewed. There was a concern regarding the lack of parent involvement in the membership. Discussion was made to possible move some of the meetings to an evening meeting time. Further discussion was to involve members in the community to solicit for parent involvement. Discussion was also made regarding

implementation of a social media network to reach out to parents. Topics that need to be addressed by the SHAC are diabetes, obesity, asthma, sexual health, and suicide. The new meeting schedule was set as follows:

October 28, 2013 6:30 PM same location topic-Anaphylaxis and Epic-Pen

February 5, 2014 12:00PM same location topic-Weight Management and Nutrition

April 14, 2013 6:30 PM same location topic-Substance Abuse

Sharlene Scheler RN provided discussion regarding a Smoking Cessation program she will be implementing in the near future. She also stated she will be at the Smithville City Hall on October 26 to collect outdated and unused medication for proper disposal.

Allen Henderson from the My Baby and Me resource was present to discuss the fact they have been full to capacity and have housed 3 expectant mothers and receiving phone calls each day for request for room. Information was given regarding their upcoming fundraising event at Bastrop Convention Center on Monday, October 21 from 7:00 PM til 9:00 PM.

Marcie Owen, Bastrop County Extension Agent, discussed the nutrition program she is implementing at Brown Primary regarding dehydration and nutrition. Illustrations are shown to students regarding the sugar content in soft drinks and the empty calories provided.

Candy Biehle, SISD food services, spoke to the members regarding the need for more students to take advantage of the free breakfast offered to all SISD students. Resources are needed to help encourage students to take advantage of this offer.

Discussion regarding the implementation of a social media site for the SHAC was made. Details would be discussed with technology staff and Anna Murray, parent/student liaison for the district.

After no further discussion the meeting was adjourned at 1:00 PM.