

Welcome to Fontbonne!

My name is Romeo Petric and I am the Athletic Director at Fontbonne Hall Academy. FHA participates in the Brooklyn/Queen Girls Catholic High School Athletic Association which is governed by the NYS Public HS Athletic Association. This sports booklet contains information about the various sports programs offered at FHA which includes basketball, golf, cheer, soccer, softball, swimming, tennis, track and volleyball. Tryouts are required for every program with medicals needing to be on file with the school's nurse and up to date in order to tryout and participate in each program. This booklet also contains the names of our coaches and information about all Fontbonne sports. We hope you have a great freshman year and we hope you try out for one or more of our sports teams. Remember to have fun, and if you have any questions, feel free to send me an e-mail at petric@fontbonne.org. I will respond to your email in a timely fashion.

I look forward to meeting you soon! Thank you and Good luck!

GO BONNIES!

Junior Varsity Basketball

Head Coach:

Mr. Anthony Bartholomeo (bartholomeo@fontbonne.org)

Assistant Coach:

Mr. Pat Nash (nash@fontbonne.org)

The JV Basketball Team had a successful 2015-16 season ending in 2nd place and making it to the league championships game. Practices are usually held 4-5 times a week, including Saturdays on occasion. If you're interested you must be determined and dedicated to be a part of this team. Players are expected to work extremely hard as well as earn their playing time on the court. Tryouts are held in the fall and we hope you would like to help our Junior Varsity get deep into the season.



Varsity Basketball

Head Coach: Mr. Steve Oliver (oliver@fontbonne.org)

Assistant Coaches: Mr. Mike Sammon (sammon@fontbonne.org)

Mr. Bob Atanasio (atanasio@fontbonne.org)

The Varsity Basketball Team had a very good season in 2015-16, ending up in 2nd place in their division. They made it to the quarterfinals but came up a little short in the playoffs. The team had tons of fun on their team trip to Arizona where they faced elite teams in their tournaments proving their skills as a Brooklyn basketball team and ended up as runner ups. The team always shows teamwork and dedication no matter what hurdle is put in their way. Practices are usually held 4-5 nights a week, with Sunday mornings added as needed. If you think you're up for the challenge, get ready for tryouts in the fall!



Cheerleading

JV Coaches:

Ms. Dana Jean-Louis (djeanlouis@fontbonne.org)

Ms. Nicole Romano (romano@fontbonne.org)

Ms. Amanda Strano (strano@fontbonne.org)

Varsity Coaches:

Ms. Jennifer DiBitetto (dibitetto@fontbonne.org)

Ms. Janine Fraumeni (fraumeni@fontbonne.org)

Ms. Mary Jean Tomasino (tomasino@fontbonne.org)

Mission Statement: Acceptance and respect for all.

Membership Requirements:

- ★ Students try out to make the teams
- ★ Attendance
- ★ Passing Grades

Goals for the School Year:

- ★ To be the BEST we can be!
- ★ To take First Place at the Catholic High School Athletic Association Cheer Competition on both the Varsity and Junior Varsity levels.



Golf

Head Coaches: Mr. Bill Eisenhardt (eisenhardt@fontbonne.org)

During the 2016 season, the Fontbonne Golf Team worked on improving their skill and standings. They placed fourth last season and made it all the way to the playoffs. Each year this sport's popularity rises as many new members commit themselves to the team. Feel free to attend the meetings and the tryouts to enjoy the sport and help the team “drive” into another successful season. Our season doesn't start until the spring.



Soccer

Head Coaches:

Mr. Leiv Knutsen (knutsen@fontbonne.org)

Mr. Anthony DiCarlo (adicarlo@fontbonne.org)

Soccer is one of the most competitive sports here at Fontbonne. The Soccer team has achieved the title of Brooklyn Champions, as well as Diocesan Champions several times in the past. Although these last few years have been challenging, we believe our girls will pull out another win. The practices are 3 times a week and the team travels to their games after school. The team plays against teams from Brooklyn & Queens as well as teams but from the New York Archdiocese. The players work hard together and are determined to make a name for themselves. The goals show teamwork and skill as they play together on the field. Tryouts are in August, so get your shin guards and cleats ready!



Junior Varsity Softball

Head Coach:

Ms. Dawn Duggan (duggan@fontbonne.org)

Assistant Coach:

Ms. Nicole Marinello (nmarinello@fontbonne.org)

The Fontbonne JV Softball team is very hard working and dedicated group of players. Practices are about 3-4 days a week, depending on the schedule. During the current 2016 season, their hard work and dedication showed as they made their way to the league championships. If you would like to be a part of their continuing success, tryouts are held in early March for the spring season with fall clinic offered to all students as an option as well.



Varsity Softball

Head Coach:

Mr. Frank Marinello (fmarinello@fontbonne.org)

Assistant Coach:

Mr. John Heinsch (heinsch@fontbonne.org)

The Fontbonne Varsity Softball Team like the JV Team works as hard if not harder to compete in the league's first division. They practice about 4-5 days a week as well. They work on many drills that will improve their batting, throwing, and catching skills. The drills that they use to improve their skills will help them become an all around better player. Their goal as well is to make it to the league championships and to represent the diocese in the state championships. Our team's motto is, "Failing to prepare is preparing to fail". Come down and join us for tryouts in early March for the spring season with fall clinic offered to all students as an option as well.



Swimming

Head Coach: Mrs. Kathi Zahrt-Kocur (kocur@fontbonne.org)

The Fontbonne Swim Team knows the meaning of dedication. They practice hard and give it all they have when they go to meets. During the 2015-16 season, they placed fourth overall in their division. Practices are held Tuesday nights and Saturday mornings, and meets are held on Sunday mornings at St. Francis College in downtown Brooklyn. If you would like to join this great championship team, make sure you listen to the announcements for tryout dates which are tentatively scheduled for September!



Tennis

Head Coach: Mrs. Nancy Tinalli (tinalli@fontbonne.org)

The Tennis Team at Fontbonne is one hard working team. This past year, the tennis team placed fourth overall in league and made it to the semi-finals of the league championships. They practice at Shore Road Park across from FHA, working to improve their technique and stamina. Tryouts are held in August and the season runs through the fall into November. Experience is not needed, however commitment and a will to win is required.



Junior Varsity Volleyball

Head Coach: Ms. Julia Bogdan (bogdan@fontbonne.org)

To be on the Fontbonne JV Volleyball team it takes a lot of teamwork and spirit. They practice about 5 times a week, but their hard work paid off during the 2015-26 season when finished the season in first place, earned the #1 seed in the Brooklyn/Queens championships and winning it all last season. If you want to bump, set, and spike, get your kneepads on for tryouts this August.



Varsity Volleyball

Head Coach: Mrs. Linda Strong (strong@fontbonne.org)

The Fontbonne Varsity Volleyball team works alongside the JV Volleyball team, bumping, setting and spiking. They also practice 5 days a week for many hours during the fall. This year, like the JV Team the varsity teams finished in first place, were slotted as the #1 seed in the playoffs and swept their way to the championships. They made it the state finals coming up short against a strong team from Rockville Center Diocese. Come and join their success at tryouts this September.



Cross Country / Outdoor Track & Field

Head Coach: Mr. John Tutone (tutone@fontbonne.org)

The Cross Country / Outdoor Track & Field team would like to provide each athlete the opportunity to reach her full potential, while fostering the responsibility and high self-esteem necessary to becoming both a competitive athlete, and a young women of strength. They will meet Monday-Thursday right after school from 2:45-4pm. Our goals for the school year is the progression of all team members regardless of talent level or experience, as well as to maintain an enjoyable and productive training environment. We compete in the Varsity, Junior Varsity, and Freshman levels in the Brooklyn Queens Sectional Championship meets, as well as the City Inter-sectional Champion meet.

