

OCTOBER

HARVEST AND SALSA OF THE MONTH!

Look for 🌿 Ollin Farm Pepper Slaw and Housemade Bread and Butter Pickles and 🌶️ Roasted Green Chile Salsa and Green Pea Guacamole on our October menu, and Colusari Red Rice Salad, local peppers, cherry tomatoes, carrots, cucumbers, and Western Slope apples on salad bars.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ON THE MENU! Ollin Farm Pepper Slaw^{GF} – Oct. 3</p> 	<p>1 Veggie Enchiladas Cheese Pizza Pesto Pizza</p> <p>MEATLESS MONDAY</p>	<p>2 Casey/Summit Chicken^{ABF} & Waffles Macaroni & Cheese Spicy Sausage^{GF} Sandwich with Peppers and Onions^{GF} Garlic Bread</p>	<p>3 Hamburger^{ABF GF} Chickpea Masala^{GF} with Flatbread Cheeseburger^{ABF GF} with SFP Secret Sauce^{GF} Oven Baked Fries^{GF} 🌿 Ollin Farm Pepper Slaw</p>	<p>4 Chicken Potstickers with Fried Rice Toasted Cheese Sandwich^(GF available) Pork Green Chile Burrito</p>	<p>5 Beef^{ABF GF} Soft Tacos with Housemade Salsa Spaghetti Marinara with Cheese Southwest Chicken Quinoa Protein Bowl^{GF}</p>	<p>6</p>  <p>SCHOOL FOOD PROJECT Boulder Valley School District Excellence and Equity</p>
<p>7</p>	<p>8 Crispy Chicken Filet^{ABF} Sandwich Cheese Pizza Pepperoni Pizza^{ABF NNF}</p>	<p>9 All-Beef Hot Dog^{ABF NNF GF} Fireside Broccoli Cheese Stuffed Potato^{GF} with Biscuit Turkey^{ABF} & Cheese Croissant BBQ Baked Beans^{GF}</p>	<p>10 Beef Nachos^{ABF GF} with Cheese Sauce Bean Nachos^{GF} with Cheese Sauce Taco Salad^{GF} Brown Rice^{GF} 🌶️ Roasted Green Chile Salsa^{GF}</p> <p>INTERNATIONAL WALK TO SCHOOL DAY</p>	<p>11 Roast Turkey^{GF} Dinner with Mashed Potatoes^{GF}, Gravy & Dinner Roll Veggie Quesadilla Buffalo Chicken^{GF} Sliders</p>	<p>12</p> <p>Menu T.B.D.</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>No School</p>	<p>16 Centennial Chicken^{GF} Street Taco Macaroni and Cheese Casey/Summit Tomato Bisque^{GF} with Toasted Cheese Sandwich^(GF available) Garlic Bread</p>	<p>17 Hamburger^{ABF GF} Cheeseburger^{ABF GF} with SFP Secret Sauce^{GF} and Oven Baked Fries^{GF} Falafel & Hummus Flatbread Wrap with Creamy Cucumbers Oven Baked Fries^{GF} 🌿 Housemade Bread & Butter</p>	<p>18 French Toast Casserole with Turkey Sausage^{GF} and Berry Sauce^{GF} Green Chili and Cheese Tamales^{GF} with Refried Beans^{GF} Nashville Hot Chicken^{ABF} Sandwich</p>	<p>19 Chicken Strips^{ABF} with Dipping Sauce & Garlic Bread Cheese Ravioli with Garlic Bread Veggie Ramen with Tofu & Edamame</p>	<p>20</p>
<p>21</p>	<p>22 Crispy Chicken Filet^{ABF} Sandwich Cheese Pizza Pepperoni Pizza^{ABF NNF}</p>	<p>23 All-Beef Hot Dog^{ABF NNF GF} Fireside Broccoli Cheese Stuffed Potato^{GF} with Biscuit Meat Lovers Lasagna^{ABF} BBQ Baked Beans^{GF}</p>	<p>24 Beef Nachos^{ABF GF} with Cheese Sauce Bean Nachos^{GF} with Cheese Sauce Taco Salad^{GF} Brown Rice^{GF} 🌿 Green Pea Guacamole^{GF}</p> <p>NATIONAL FOOD DAY</p>	<p>25</p> <p>Fall Break →</p>	<p>26</p>	<p>27</p> <p>A TASTE OF BVSD</p>
<p>28</p> <p>Find allergen information, menu updates and more at bvsd.org/food</p>	<p>29 BBQ Pulled Pork^{GF} Sandwich Cheese Pizza Pepperoni Pizza^{ABF NNF}</p>	<p>30 Spaghetti Marinara and Turkey Meatballs Spaghetti Marinara with Cheese Toasted Cheese and Bacon Sandwich</p>	<p>31 Hamburger^{ABF GF} Chili Smothered Baked Potato with Biscuit Cheeseburger^{ABF GF} with SFP Secret Sauce^{GF} Oven Baked Fries^{GF}</p>	<p>ON THE MENU! Southwest Chicken Quinoa Protein Bowl^{GF} – Oct. 5</p> 	<p>ON THE MENU! Falafel & Hummus Flatbread – Oct. 17</p> 	<p>ON THE MENU! Crispy Chicken Filet^{ABF} Sandwich – Oct. 22</p> 

Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a "GF" symbol. Hormone- and antibiotic-free choices are designated with a "ABF" symbol. Nitrate- and nitrite-free choices are designated with a "NNF" symbol. Menu subject to change.