

Get the help you need
and put your mind at ease

It happens to everyone. You have a health problem and aren't sure what to do. Now there's a place to turn, 24 hours a day, where you have access to a nurse who will:

- ▶ Advise you personally, no matter how big or small the concern
- ▶ Use nationally accredited guidelines to assess your symptoms
- ▶ Provide easy-to-understand explanations about medical tests and results
- ▶ Talk you through self-care for treating minor medical conditions at home
- ▶ Help determine if you need to go to the emergency room
- ▶ Stay on the line until everything's under control

Best of all, it's provided to you at no additional cost!

No more waiting and worrying.

**Call Medical Mutual's
Nurse Line**

(888) 912-0636

or visit

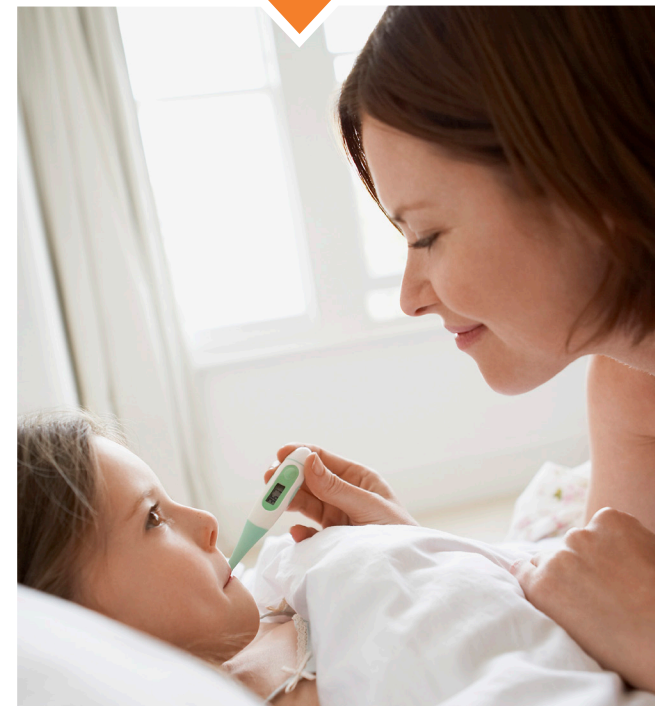
MedMutual.com/member

to chat with a nurse.



When you or a family member
get sick, you want help fast.

Nurse Line



(888) 912-0636
MedMutual.com/member

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.

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Nurse Line

The help you need to make the right decisions about your healthcare



“With small kids you never know what’s happening next. What a comfort to know a nurse is there.”

“The nurses are very knowledgeable. They take the time to find out exactly what’s wrong, so I can make a better decision.”

Anytime I have a problem or want information, all I have to do is get online and I can chat with a nurse anytime, 24 hours a day.



Highly trained and experienced nurses take your call

Call toll-free or chat online to speak with a specially trained, compassionate nurse anytime, night or day, whenever you have a health concern. The nurses are qualified to offer support and information that will help you make more informed health decisions.



Health counseling, education and help with symptom identification

When you speak with a nurse, he or she will ask you questions about your health such as medications you might be taking, allergies, levels of pain and more. The nurse will evaluate your symptoms, provide an assessment, and help you take the most appropriate action right then and there. From general health, wellness and medical information to a triage of urgent issues, Medical Mutual’s Nurse Line staff will help you make the most informed decisions about what to do. If it’s an emergency, the nurse will tell you what steps to take immediately, and follow up later to see how you’re feeling.



Nurse Line is a valuable health benefit

Thanks to Nurse Line, you never have to worry about what to do when illness or accidents strike. Whether your concerns are big or small, the Nurse Line team is standing by, just a call or click away, 24 hours a day, 365 days a year. Best of all, there’s no added charge for this benefit and even the call is toll-free.

