



Huntington Beach

City School District



June 1st, 2017

Greetings!

In this edition of the Early Childhood Newsletter, you will find information on our upcoming summer camp program, as well as a few parenting classes that are provided at no cost to families this summer at Pretend City Children's Museum through Child Behavior Pathways. Keep reading to find our monthly reminder on the importance of reading aloud daily, and a link to resources from Pretend City Children's Museum. And last, you will see a few tips that will help you to ensure that your child is safe in and around water this summer. Drowning is the third leading cause of injury-related death in young children between 1 and 4 years of age; we can never be too careful.

We hope that you have an amazing summer!

Have a bath - bubbles optional! • Go for a walk • Make a fresh batch of playdough • Put on your favourite music and dance • Draw on my back and I'll guess what you're drawing • Draw with chalk on the pavement • Perform a puppet show • Cut out magazine pictures to make a funny collage • Make a cubby house from blankets • Play a board game • Create an obstacle course • Listen to an audio story • Get threading or try simple sewing • Make a paper chain as long as your house • Play hopscotch or skittles • Make mud pies • Create a magical land • Make a box car or boat, train or plane • Pull weeds or rake leaves • Wash your bike or dolls or the car • Go on a treasure hunt • Bake a cake • Dress up • Read a book • Go for a swim • Play a guessing game • Visit a new park • Make up a game with a blown up balloon • Have a running race or a wheelbarrow race or 3-legged race • Ride your bike or scooter • Make a milkshake or banana split! • Visit the library • Climb a tree • Play a card game or build a house of cards • Play hide and seek • Draw around your body and decorate it • Build a sandcastle • Blow bubbles • Have a picnic in the backyard • Create a crown or superhero mask • Kick a ball • Play shops or restaurants • Take an indoor toy outdoors • Take photos or a video • Do a jigsaw puzzle • childhood101.com

Summer Camp in the Huntington Beach City School District



Build, Think & Play

HBCSD Preschool Academy proudly presents Summer Camp 2017

Designed specifically for children 3 to 5 years of age, our Summer Camp will actively support each child in activities aligned with the California Foundations and Frameworks, the pre-cursor to Common Core Standards. Science, Technology, Engineering, Arts and Mathematics experiences will be presented daily and are designed to engage your child as they build, think and play! Woven through each day are language and literacy components designed to strengthen their love of learning.

Perry Elementary (License #304370262)
Monday thru Thursday, 9 am – 1pm (snack provided)
Registration now open!



Information: www.hbcds.us/preschoolacademy
Contact us: earlychildhood@hbcds.us or 714-962-3348 extension 2335

Join us for an exciting summer of exploration and discovery!

Enroll for 1, 2 or 3 weeks of summer camp

Week 1: July 10—13, 2017 Week 2: July 17—20, 2017 Week 3: July 24—27, 2017

\$150 per week per child \$25 annual non refundable summer camp registration fee

This program is limited to the first 24 children enrolled for each week based on a first come—first served basis. A waiting list will be formed for all children after the 24th child is enrolled. Program availability is based on a minimum enrollment of children per session per week. Should a week not meet minimum enrollment, you will be notified and a refund for that week will be issued. Please return your registration form and fee to secure your enrollment. The registration form is available online at hbcds.us/preschoolacademy (then select summer camp) or at Perry Elementary and the HBCSD District Office. Mail in registration is welcome.

For more program registration information please contact:

Earlychildhood@hbcds.us 714-962-3348 extension 2335

Free Summer Parenting Classes through Child Behavior Pathways

Find out more and register for Prepping for Summer (*June 26th, 2017 from 5:30pm-7:30pm*): **Prepping for Summer**

Find out more and register for Getting Ready for the New School Year (*July 31st, 2017 from 5:30pm-7:30pm*): **Getting Ready**



Read Aloud

Dr. Hutton

Says

Name: You!

Date: start today

DID YOU KNOW?

Right now, your child's brain is growing incredibly fast: approximately **85%** of adult size by age 3, and **90%** by age 5, with maximal activity during that time.



Rx

Read aloud every day for at least 15 minutes to "feed your child's brain," building vocabulary and other pre-literacy skills, and powerful social-emotional bonds.

Refill Daily

No Substitution

DR. JOHN S. HUTTON
Pediatrician & Research Fellow
Cincinnati Children's Hospital



Learn more at ReadAloud.org

Pretend City: Family Resources!

Pretend City
CHILDREN'S MUSEUM

Perhaps you have been to Pretend City Children's Museum down in Irvine, but haven't yet visited their website. Below, please find a link to their offerings, including information on the Orange County Early Developmental Index, activities you can do with your child from infancy through 5 years of age, and even a link to complete a developmental screening!

Find out more here:

[Pretend City Family Resources](#)

Swimming Safety



Swimming Safety Tips

Everything you need to know to keep your kids safe when swimming.

Whether it's a trip to the beach or a dip in the community or backyard pool, you can ensure that swimming is as safe as it is fun by following a few basic safety tips.

There Is No Substitute for Active Supervision

- Actively supervise children in and around open bodies of water, giving them your undivided attention.
- Whenever infants or toddlers are in or around water, an adult should be within arm's reach to provide active supervision. We know it's hard to get everything done without a little multitasking, but this is the time to avoid distractions of any kind. If children are near water, then they should be the only thing on your mind. Small children can drown in as little as one inch of water.
- When there are several adults present and children are swimming, use the Water Watcher card strategy, which designates an adult as the Water Watcher for a certain amount of time (such as 15-minute periods) to prevent lapses in supervision. [Download a Water Watcher card here.](#)



Start Slow With Babies

- You can start introducing your babies to water when they are about 6 months old. Remember to always use waterproof diapers and change them frequently.



Educate Your Kids About Swimming Safely

- Every child is different, so enroll children in swimming lessons when you feel they are ready. Teach children how to tread water, float and stay by the shore.
- Make sure kids swim only in areas designated for swimming. Teach children that swimming in open water is not the same as swimming in a pool. They need to be aware of uneven surfaces, river currents, ocean undertow and changing weather.
- Whether you're swimming in a backyard pool or in a lake, teach children to swim with a partner, every time. From the start, teach children to never go near or in water without an adult present.



Drowning is the leading cause of injury-related death among children ages 1-4.



**SAFE
KIDS
WORLDWIDE**

Don't Rely on Swimming Aids

- Remember that swimming aids such as water wings or noodles are fun toys for kids, but they should never be used in place of a U.S. Coast Guard-approved personal flotation device (PFD).



Take the Time to Learn CPR

- We know you have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better.
- Local hospitals, fire departments and recreation departments offer CPR training.
- Have your children learn CPR. It's a skill that will serve them for a lifetime.

Take Extra Steps Around Pools

- A swimming pool is a ton of fun for you and your kids. Make sure backyard pools have four-sided fencing that's at least 4 feet high and a self-closing, self-latching gate to prevent a child from wandering into the pool area unsupervised.
- When using inflatable or portable pools, remember to empty them immediately after use. Store them upside down and out of children's reach.
- Install a door alarm, a window alarm or both to alert you if a child wanders into the pool area unsupervised.

Check the Drains in Your Pool and Spa

- Educate your children about the dangers of drain entanglement and entrapment and teach them to never play or swim near drains or suction outlets.
- Pools that pose the greatest risk of entrapment are children's public wading pools, in-ground hot tubs, or any other pools that have flat drain grates or a single main drain system.
- For new pools or hot tubs, install multiple drains in all pools, spas, whirlpools and hot tubs. This minimizes the suction of any one drain, reducing risk of death or injury. If you do have drains, protective measures include anti-entrapment drain covers and a safety vacuum release system to automatically release suction and shut down the pump should entrapment occur.
- Regularly check to make sure drain covers are secure and have no cracks, and replace flat drain covers with dome-shaped ones. If a pool or hot tub has a broken, loose or missing drain cover, don't use it.
- If you do have drains, protective measures include anti-entrapment drain covers and a safety vacuum release system to automatically release suction and shut down the pump should entrapment occur. Go to www.PoolSafety.gov for a list of manufacturers of certified covers.
- Check to make sure your pool or hot tub's drains are compliant with the [Pool and Spa Safety Act](#).

For more information visit safe4kids.org.

© 2013 Safe Kids Worldwide®

**SAFE
KIDS**
WORLDWIDE


Link to downloadable version:
[**Swimming Safety Tips**](#)

We hope you have found this information to be of value. It was sent to you because you provided your e-mail address to the Huntington Beach City School District in order to receive periodic updates and information related to Early Childhood Education. The content provided within this e-mail is for informational purposes only and does not constitute an endorsement of any person, program, agency or organization. The Huntington Beach City School District (HBCSD) is not responsible for the accuracy or content of information provided. If you would like to forward this on to others, or if you do not wish to receive future e-mails, please use the links below.



Sincerely,

The Early Childhood Education Department
Huntington Beach City School District

 Like us on Facebook

[Join Our Mailing List](#)

[Forward To A Friend](#)

Huntington Beach City School District | 17011 Beach Boulevard, Suite #560, Huntington Beach, CA 92647 |
earlychildhood@hbcsd.us