



DIET MODIFICATION / ALLERGY FORM

Student Name: _____ Student ID#: _____ Parent/Guardian: _____

Campus Name: _____ Date of Birth: _____ Telephone: _____

****This form does NOT need to be completed every year. A new form is only necessary when changes are required.****

PART A

If your child does not have a food allergy or special diet modification need, please sign below.
 You may stop at Part A. There is no need to complete the rest of this form.

Parent/Guardian Signature: _____ Date: _____

The U.S. Department of Agriculture School Meals Program requires that ALL QUESTIONS BE ANSWERED in order for any diet modifications or substitutions to be made in school meals. This form must be completed and signed by a licensed physician.

PART B

As parent/guardian, I give permission for Diboll ISD to contact the Physician's office regarding my child's dietary needs.

Parent/Guardian Signature: _____ Date: _____

Physician's Statement:

FOR STUDENTS WITH LIFE THREATENING FOOD ALLERGY (must be signed by recognized medical authority – MD, DO, RD, PA, NP) PART C
FOR STUDENTS WITH DISABILITIES (must be signed by physician – MD, DO)

Does your child have a life threatening food allergy? YES NO

If student has a life threatening allergy, check appropriate box(es). Ingestion Contact Inhalation

Foods to be omitted (circle all that apply):

MILK EGGS PEANUTS TREE NUTS FISH SHELLFISH WHEAT SOY OTHER, specify _____

Can the child consume foods where the allergen is an ingredient in the food product? YES NO

(example: Can consume eggs in baked goods, but not scrambled eggs)

Foods to substitute: (NOTE: Diboll ISD cannot honor this document unless substitutions are listed below.)

Does the child have a disability? YES NO *If no, skip remaining questions, sign and date at bottom.*

Circle all disabilities requiring meal modification or name disability, if not listed below: _____

Asthma	Emotional Disturbance	Lead Poisoning	Nephritis	Tuberculosis
Autism	Epilepsy	Mental Retardation	Rheumatic Fever	
Cancer/Leukemia	Food Anaphylaxis	Multiple Sclerosis	Sickle Cell Anemia	IMPAIRMENT: (circle below)
Cerebral Palsy	Heart Disease	Muscular Dystrophy	Traumatic Brain Injury	Speech Hearing
Diabetes	Hemophilia			Visual Orthopedic
Drug Addiction/Alcoholism	HIV	Metabolic Disorder, specify _____		

In order to make a diet change, an explanation of how the disability restricts diet is required.

Major life activity affected by the DISABILITY (circle all that apply): (NOTE: Diboll ISD cannot honor this document unless one life activity is marked.)

Breathing	Eating	Learning	Seeing	Walking
Caring for one's self	Hearing	Performing manual tasks	Speaking	Other, specify _____

Designate consistency in foods, if a texture change is required. Chopped Ground Pured Other

Designate consistency in liquids, if a texture change is required. Thin Nectar-like Honey-like Spoon-thick

List any special equipment or other comments about the child's eating or feeding patterns.

Physician OR Recognized Medical Authority Signature: _____ Date: _____

Clinic/Facility Name: _____ Telephone: _____

RETURN TO SCHOOL NURSE

Questions? Contact the Child Nutrition Department: (936) 829-6262 Received by Nurse: _____ Received by Child Nutrition: _____

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