



November 2015

Seale Jr High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Choice of Chocolate or 1% Milk with Every Lunch. Variety of Fruit, Fruit Juice and Vegetables Provided Daily. Thanksgiving Seal Jr High 19th Menu Turkey Gravy Roll Vegetable Stuffing Cranberry Sauce Fruit Cocktail Whip No School Thanksgiving 25th thru 27th Welcome Back <small>Menus are subject to change without notice.</small>
2 Cheese Pizza Sticks Marinara Sauce all American Salad Buffalo Popcorn Chicken Cheese Burgers Cheese Pizza Bread Sticks Ham & Cheese Wrap Fries Tomato Wedges	3 Salisbury Steak Gravy Dinner Roll Beef Nacho Salad Spicy Chicken Sand Popcorn Chicken Turkey Cheese Sand Pizza Burgers Green Beans Mixed Lettuce Salad	4 Orange Popcorn Chicken Broccoli Rice Ham Chef Salad Taco Cheese Burger Tuna Wrap Pizza Burgers Popcorn Chicken Grilled Cheese Sand Beef Quesadilla Spinach Salad Sweet Potato Fries	5 Chicken & Noodle w/ Bread sticks Italian Ham Salad Roll Grilled Cheese Sand Popcorn Chicken Deli Chicken & Cheese Sand Pizza Burgers Chicken Patty Sand Celery Sticks	6 Mexican Lasagna Popcorn Chicken Salad Roll Bread Sticks Hot Dog Burgers Pizza Ham & Turkey Club Beef Nachos Baby Carrots Spinach & Strawberries Salad	
9 Sloppy Joe Melt Chicken Caser Salad Buffalo Chicken Sand Popcorn Chicken Burgers Pizza Bread Sticks Cheese Sand Beef Quesadilla Sweet Corn Tomato Wedges	10 Chicken Mashed Potato Bowl Tuna Salad Celery & Carrots Popcorn Chicken Burgers BBQ Pizza Cheese Pizza Deli Chicken & Cheese Sand Chicken Fajita	11 Baked Lasagna Bread Sticks Italian Salad Ham Salad Melt Pizza Burgers Grilled Cheese Sand Egg Salad Wrap Kickin' Pintos Mixed Lettuce Salad	12 Ranch Chicken Flat Bread Turkey Chef Salad Popcorn Chicken Bread Sticks Pizza Burgers Turkey Cheese Wrap Chicken Nachos Steamed Zucchini Baby Carrots	13 Cheese Sticks Pizza Marinara Sauce All American Salad Spicy Breaded Chicken Sand Burger Popcorn Chicken Pizza Ham & Cheese Sand Steamed Broccoli	
16 Spaghetti Meatballs Spaghetti Sauce Bean Nacho Salad Roll Burger Chicken Cheese Wrap Pizza Burgers Popcorn Chicken Tater Tots Fresh Broccoli	17 Chili Cheese Dog Ranch Chicken Salad Roll Chicken Patty Sand Parm Sand Turkey Cheese Wrap Burgers Cheese Pizza Pepperoni Pizza Green Beans Mixed Lettuce Salad	18 Turkey with Poultry Dinner Roll Gravy Mashed Potatoes Stuffing Green Beans Cranberry Sauce Fruit Cocktail	19 Philly Cheese Steak Breaded Buffalo Chicken Salad Pizza Popcorn Chicken Breadsticks Egg Salad Sand Burgers Grilled Chicken Hot Dog Pizza Popcorn Chicken Baked	20 Sweet & Sour Popcorn Chicken Vegetarian Rice Italian Ham Salad Pesto Burger Popcorn Chicken Pizza Burgers Beef Nachos Ham Cheese Wrap Baby Carrots Spinach Salad	
23 Country Fried Chicken Steak Ham Chef Salad Deli Chicken & Cheese Sand Popcorn Chicken Burgers Pizza Bread Sticks Fresh Broccoli Mashed Potatoes	24 Rotini Italian Meat Sauce Chicken Nacho Salad Popcorn Chicken Burgers BBQ Pizza Cheese Pizza Deli Turkey & Cheese Sand Green Beans Mixed Lettuce Salad	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School	
30 Meatballs Pizza Sub Tossed Cheese Salad Roll Burger Ham & Turkey Roll Pizza Burgers Popcorn Chicken Sweet Corn Tomato Wedges					

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