



Medical Statement for Children with Special Dietary Needs:  
 Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
Spring break	Spring break	<b>SPRING BREAK!</b>		Spring break
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
9 Meatloaf <b>Chicken Chunks</b> Mac & Cheese <b>Roll</b> Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	10 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears <b>Fresh Fruit</b>	11 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese <b>Roll</b> <b>Fresh Fruit</b> Peaches	12 <b>Oven Baked Chicken</b> Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples <b>Wheat Roll W.G.</b>	13 Comdog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges <b>Juice</b> Fresh Cookies
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
16 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce <b>Tomato Sliced</b> Carrots Applesauce cup Fruit Cocktail	17 Mac.Cheese w.Ham Fish Sandwich Tater Tots Popeye Salad <b>Fresh Fruit</b> Rip Tide Slushie <b>Rice Krispie</b>	18 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Apricots Pineapple Tidbits	19 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread <b>Fresh Fruit</b> Diced Pears	20 Pizza <b>Chicken</b> Sandwich Baked Beans French Fries Peaches <b>Juice</b> Cup Cake
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
23 Meatloaf <b>Chicken Chunks</b> Mac & Cheese <b>Roll</b> Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	24 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears <b>Fresh Fruit</b>	25 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese <b>Roll</b> <b>Fresh Fruit</b> Peaches	26 <b>Oven Baked Chicken</b> Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples <b>Wheat Roll W.G.</b>	27 Comdog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges <b>Juice</b> Fresh Cookies
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
30 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce <b>Tomato Sliced</b> Carrots Applesauce cup				

Fruit Cocktail

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Offered Daily: Salad Plates and Sandwich Plates

Georgia Grown

Menu subject to change based on availability.

Avg Nutrients Target

Calories...650  
Cholesterol...67 mg  
Sodium. 1155 mg  
Sugar 30.3 g  
Carbohydrates 91.4 g

Avg Nutrients Target

Calories... 692  
Cholesterol...68 mg  
Sodium.1146 mg  
Sugar 24.9 g  
Carbohydrates 92.5 g

Avg Nutrients Target

Calories...650  
Cholesterol...67 mg  
Sodium. 1155 mg  
Sugar 30.3 g  
Carbohydrates 91.4 g

Avg Nutrients Target

Calories... 583  
Cholesterol...47 mg  
Sodium.878 mg  
Sugar 13.5 g  
Carbohydrates 78 g

