

Nutrition Services

- 100% of District students are eligible to receive one free breakfast and one free lunch per day.
- Smart Snack compliant.
- Summer Food Service Program.
- Annual Professional Development.
- At least one Nutrition Services employee per building is ServSave Certified.
- All Nutrition Services employees have been trained in proper and safe-handling of foods.

Other

- Vision and Hearing Screenings provided to students by school nurses
- Mobile Dentist Unit for students

Ashtabula Area City Schools

District Wellness Assessment



Together Preparing
Every Student for
Future Success

Web site: www.aacs.net



Physical Education

- 50% vigorous activity
- Continuous cardio-vascular endurance improvement through PACER/Fitnessgram
- Daily encouragement of an active lifestyle

Nutrition Education

- Backpack Programs

Staff Wellness

- Flu shot clinics at school locations.
- Wellness initiatives with outside programs (i.e., IMPACT, Weight Watchers, Premier Fitness+)
- Smoke Free District