



SCHOOL COUNSELING INFORMED CONSENT

CHAMPS Charter High School of the Arts offers short-term individual counseling to students. Parents/legal guardians or school staff may refer students for counseling, or students may request counseling.

It is CHAMPS policy to obtain parent/legal guardian written permission for counseling that extends beyond two sessions in a school year or that is planned on a regular basis.

I understand that school counseling services are short-term services aimed at the more effective education and socialization of my child within the school community. I understand that these services are not intended as a substitute for diagnosis or treatment for any mental health disorder. I acknowledge that it is my responsibility to determine whether additional or different services are necessary, and whether to seek them for my child.

In order to build trust with the student, the school counselor will keep information confidential, with some possible exceptions. Because these services are provided to minors in the school setting, I understand that the school counselor may share information with parents/guardians, the student's teacher(s), and or administrators or school personnel who work with the student on a need to know basis, so that we may better assist the student as a team. The counselor is also required by law to share information with parents or others in the event that the student is in danger of harm to self or others. The counselor will make the student aware of these limits to confidentiality and will inform the student when sharing information with others. If you would like the counselor to share information with a third party, such as a community counselor, psychiatrist, social services worker, or pediatrician, you will need to sign an additional release of information form.

We hope your student will enjoy and benefit from the services we offer, and we encourage you to contact us whenever you have a question, input, or concern, or would like an update on your child's progress in counseling.

Agreement means:

- I give permission for my child to receive school counseling services at CHAMPS Charter High School of the Arts for the school year. I understand that I may withdraw my consent at any time by signing and dating a written note requesting termination of counseling services.

Declining means:

- I choose to decline school counseling services for my child at this time. I understand that I may request counseling services at a later date if needed.