

Welcome back!

I hope that you and your family enjoyed your summer vacation. My name is Bernadette Seim-Barnes, and I am thrilled to be the new elementary school counselor for Riverview Schools. This is going to be a great year of learning, growing and discovery. I cannot wait to get to know your child and your family.

Let me begin by telling you about myself. I am originally from Wisconsin and I obtained my Bachelor degree from the University of Wisconsin-Madison - go Badgers! I received my Master's Degree in Counseling Education from the University of Wisconsin-Oshkosh. I am a Licensed School Counselor and a Licensed Professional Counselor. My husband and I live in Riverview and our daughters attended Riverview Schools. We have two cats and in my spare time I love to garden, read, travel and best of all, spend time with my friends and family.

This is my 22nd year working as a school counselor and my 18th year in this fabulous district. I am looking forward to providing counseling services to our elementary students. I will be working with students individually, in small groups and, as needed, in classrooms. I will be able to work with students who are experiencing a variety of concerns including grief, friendship, family changes, and managing anger or stress. Students who could benefit from counseling services can be referred by their teacher, principal or by their family.

My schedule is:

**Monday & Friday:** Memorial Elementary

**Tuesday:** Forest Elementary

**Wednesday & Thursday:** Huntington Elementary

If you have any questions or concerns, please feel free to contact me. Since I cover three buildings, email is the best way to get ahold of me: ([bseimbarnes@riverviewschools.com](mailto:bseimbarnes@riverviewschools.com)).

Watch your newsletters for counseling news on upcoming groups.

Mrs. Seim-Barnes, M. Ed., LPC

K-5 School Counselor

Riverview Community School District