

# NOVEMBER

## HARVEST AND SALSA OF THE MONTH!

Look for 🌱 Roasted Carrots, Curried Cauliflower and Carrots, Jones Farm Mashed Potatoes and 🌱 Green Pea Guacamole on our November menu, and Autumn Wild Rice Broccoli Salad, carrots, and Western Slope apples on salad bars.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ON THE MENU! Toasted Cheese Sandwich – Nov. 2</p> 	<p>ON THE MENU! Pasta Alfredo – Nov. 5</p> 	<p>ON THE MENU! Casey/Summit Chicken<sup>ABF</sup> and Waffles – Nov. 14</p> 	<p>ON THE MENU! Green Pea Guacamole<sup>GF</sup> – Nov. 29</p> 	<p>1 Chicken Strips<sup>ABF</sup> with Dipping Sauce &amp; Garlic Bread Tofu Bibimbap</p>	<p>2 French Toast Casserole with Turkey Sausage<sup>GF</sup> and Berry Sauce<sup>GF</sup> Toasted Cheese Sandwich (GF available)</p>	<p>3  Boulder Valley School District Excellence and Equity</p>
4	<p>5 Pasta Alfredo Cheese Pizza Pesto Pizza</p> <p>MEATLESS MONDAY</p>	<p>6 All-Beef Hot Dog<sup>ABF NNF GF</sup> Veggie Burrito BBQ Baked Beans<sup>GF</sup></p>	<p>7 Beef Nachos<sup>ABF GF</sup> with Cheese Sauce Bean Nachos<sup>GF</sup> with Cheese Sauce Brown Rice<sup>GF</sup></p>	<p>8 Oven Fried Chicken with Brown Rice<sup>GF</sup> Green Chili Tamales<sup>GF</sup> with Refried Beans<sup>GF</sup> 🌱 Curried Cauliflower and Carrots<sup>GF</sup></p>	<p>9 Roast Turkey<sup>GF</sup> Dinner with Mashed Potatoes<sup>GF</sup>, Gravy &amp; Dinner Roll Veggie Cheese Flatbread</p>	10
11	<p>12 Menu T.B.D.</p> <p>VETERAN'S DAY</p>	<p>13 BBQ Pulled Pork<sup>GF</sup> Sandwich Cheese Pizza Pepperoni Pizza<sup>ABF NNF</sup></p>	<p>14 Casey/Summit Chicken<sup>ABF</sup> &amp; Waffles Macaroni &amp; Cheese</p>	<p>15 Hamburger<sup>ABF GF</sup> Chickpea Masala<sup>GF</sup> with Flatbread Cheeseburger<sup>ABF GF</sup> Oven Baked Fries<sup>GF</sup></p>	<p>16 Beef<sup>ABF GF</sup> Soft Tacos with Housemade Salsa Spaghetti Marinara with Cheese</p>	17
18	19	20	21	22	23	24
THANKSGIVING BREAK						
25	<p>26 Crispy Chicken Filet<sup>ABF</sup> Sandwich Cheese Pizza Pepperoni Pizza<sup>ABF NNF</sup></p> <p>Find allergen information, menu updates and more at <a href="http://bvsd.org/food">bvsd.org/food</a></p>	<p>27 All-Beef Hot Dog<sup>ABF NNF GF</sup> Fireside Broccoli Cheese Stuffed Potato<sup>GF</sup> with Biscuit BBQ Baked Beans<sup>GF</sup></p>	<p>28 Beef Nachos<sup>ABF GF</sup> with Cheese Sauce Bean Nachos<sup>GF</sup> with Cheese Sauce Brown Rice<sup>GF</sup> 🌱 Green Pea Guacamole<sup>GF</sup></p>	<p>29 Oven Roast Chicken<sup>ABF GF</sup> with Brown Rice<sup>GF</sup> Cheese Calzone 🌱 Roasted Carrots<sup>GF</sup></p>	<p>30 Roast Turkey<sup>GF</sup> Dinner with Mashed Potatoes<sup>GF</sup>, Gravy &amp; Dinner Roll Veggie Quesadilla</p>	<p>ON THE MENU! Bean Nachos<sup>GF</sup> with Cheese Sauce – Nov. 28</p> 

Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a "GF" symbol. Hormone- and antibiotic-free choices are designated with a "ABF" symbol. Nitrate- and nitrite-free choices are designated with a "NNF" symbol. Menu subject to change.