

# Arrow Academy Wellness Policy Assessment Tool

District				
	Fully In Place	Partially In Place	Not in Place	Example/Comment
<b>Nutrition Guidelines</b>				
There is a School Health Advisory Council that actively meets twice a school year.	X			
Reimbursible meals are served to students that meet all state and federal guidelines.	X			
Schools do not sell competing foods and drinks on campus during the school day.		X		School was found to sell fund raiser food during school hours. Issue was correct.
Schools do not market or advertise food or beverage that do not meet Smart Snack or National School Lunch Program standards.		X		School was found to sell fund raiser food during school hours. Issue was correct.
<b>Wellness Goals</b>				
The District provides schools with resources to provide students nutritional education.	X			
The District provides professional development opportunities for staff involved in nutritional education.	X			Annual training is provided as well as bi-weekly nutrition huddles.
The District ensures that health and fitness education is shared with families and the public.	X			Schools have events such as family health and fitness nights.
The District will ensure that positive and appropriate nutritional promotion in the cafeteria, classroom and other settings.	X			TDA provided posters are used in the cafeteria when available.
<b>Physical Activities</b>				
The District provides schools with resources to provide students physical education.	X			
The District provides professional development opportunities for staff involved in physical education.	X			
The District ensures that moderate to vigorous activity is emphasized in physical education classes.	X			
The District ensures that fitness education is shared and encouraged with families and the public.	X			Schools have events such as family health and fitness nights.
<b>Implementation</b>				
School complete an annual assessment of the implementation of the Wellness Policy.		X		Schools have not completed and assessment every year but began this year.
District triennial assessments are completed.	X			

Completed By:  
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