



Rochester Academy Charter School



Respect * Accountability * Character *
Success

Dear Parent or Guardian:

Please be informed of the Sports Recertification Process for all students at Rochester Academy Charter School.

The process is as follows:

- 1) Your child must pick up their re-certification packet, which includes the Athletic Permission and Medical Recertification form, Health Appraisal form, Emergency Contact card, and the High School Rules and Regulations form. Packets are available at the Athletic Director's office, the Nurse's Office, the Main Office, or from their coach as soon as they decide to participate in a sport.
- 2) If your child has not had a physical within 12 months prior to the start of the sport season, please make an appointment with your private provider immediately. An exam is valid for 12 months, good through the last day of the month in which it was conducted, even if it runs out during the season.
- 3) You must complete, sign, and return the Athletic Permission and Medical Recertification form included in the re-certification packet to the school nurse in the building your child will attend in September. You must also include a medical clearance from your provider of any recent injuries, illnesses, hospitalizations, or significant medical history on the Athletic Permission and Medical Recertification form, including a family history of cardiac or unknown sudden or young deaths. **(Please be aware that any positive response to medical concerns, especially in the area of cardiac disease may warrant further investigation. Failure to provide complete records can delay the recertification process and your child's clearance to participate.)*
- 4) Your child must re-certify with the school nurse at their home school where their health records are located, no earlier than 30 days or later than 14 days before the first day of practice. Please do not wait until the last minute since it will delay the start of the sport for your child.
- 5) Your child must be present to be re-certified. If your child will be away and unable to recertify in person on the recertification dates below, please arrange for an alternate recertification date in advance with your athletic director.

PLEASE MAKE AND KEEP COPIES OF ALL MEDICAL DOCUMENTS FOR YOUR RECORDS.

If you have any questions please do not hesitate to contact your school nurse or athletic director.

Sincerely,

Allen Kubitz
Director of Athletics