

Charter School of Educational Excellence
Health Services Department

260 Warburton Avenue, Yonkers, NY 10701
Nurse's Office Phone # (914) 476-5070 Ext. 22
Nurse's Office Fax # (914) 613-0751



FLU SEASON IS HERE

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill.

Our school policy states that you should not send your child to school if he/she has:

- Fever in the past 24 hours
- Vomiting in the past 24 hours
- Diarrhea in the past 24 hours
- Chills
- Sore Throat
- Strep Throat (MUST have been taking an antibiotic for a full 24 hours before returning to school)
- Earache
- Toothache
- Persistent headache
- Bad cold, with very runny nose or bad cough, especially if it has kept the child awake at night
- Drainage from the eyes, with crusting on the eyelids
- Head Lice - until your child has been treated according to the nurse or doctor's instructions

If your child becomes ill at school and the school nurse feels the child is too sick to benefit from school or is contagious to other children, you will be called to come and take him/her home from school. It is essential that the nurse's office has a current, working phone number where you can be contacted during the day and an emergency number in the event you cannot be reached. Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness. If your daytime or emergency phone number changes during the year, please notify the school immediately.

If your child is absent for 3 or more days, medical justification is required for return to school. Please call the school's Health Office if you have any questions or concerns.

Thank you,

School Nurse

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WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Usually, the best place for them is in school, but there are some times when keeping them home to rest or call for an appointment with your health care provider is recommended.

Please keep your child home and/or contact your child's doctor for:

- Fever greater than 100.4° (taken by mouth)
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucous (liquid) from their nose, with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever

If your child has a fever, it is not a good idea to give them medicine like Tylenol or Advil and send them to school because as soon as the medicine wears off, the fever may return and you will be called to come and pick up your child.

Please keep children home for 24 hours after the fever ends or they have completed 24 hours of medication if prescribed by your health care provider.

If you find your child is frequently asking to stay home from school, if they are falling behind or appear anxious about school, or if there does not appear to be any physical symptoms, contact your school nurse and your health care provider to discuss your concerns.

Remind children to throw away used tissues, cover their mouths when they cough or sneeze, keep their hands away from their face, and to wash hands often with soap and warm water will help keep everyone healthier.

Please call us with any concerns or questions.

Thank you,

School Nurse