

# Chesterfield County Youth Development Coalition

January 2015

PO Box 648,  
Chesterfield, SC 29709

Phone 843-623-5265  
e-mail: srmydc@shtc.net

The Chesterfield County Youth Development Coalition is a subcommittee of the Chesterfield County Coordinating Council and was established to address risky behaviors among our youth. We are committed to helping our young people develop the proper decision-making skills needed to prevent risky behaviors. We are students, parents, teachers, law enforcement officers, business leaders, state agencies, faith-based organizations, health care organizations and people from all walks of life working together to build a stronger future for our community.

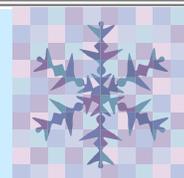
**The Youth Development Coalition will meet in the DSS Commons room on the third Tuesday of every month at 3:30pm.**

We invite those interested in helping the youth of our community to participate in our meetings. By offering your advice, expertise and suggestions you will help to strengthen the coalition while serving the community.

Upcoming Meetings:

- **January 20, 2015**
- **February 17, 2015**

## Annual YDC Planning Meeting



Each year in January and February the Coalition buckles down and closely looks at the current data on youth risky behaviors for the County. We try to determine what we did well, what we didn't get done and what we could have done better. We discuss our budget and determine how to get the biggest bang for our buck. But this year will be different. As of September 31, 2015 the Drug Free Communities grant will end and so will our funding that pays for most of the YDC programs.

One of the most important factors to keep in mind, is that without

*(Continued on page 2)*

## Realistic Resolutions for Your Teens

The New Year means new resolutions, and resolutions are especially important to teens. Just because your teen has made resolutions doesn't always mean they will be followed through. It is important to help them look at their goals and make sure they are realistic.

Parents/Caregivers, there are ways to help your teens stick to New Year's resolutions. Here are a few tips to keep your teen focused on their goals:

Talk to your teen about their resolutions. Make sure each resolution is realistic. Find out why each resolution is essential to them. Tell them why the resolution is essential to you and why they should follow through with it. Make sure that your teen's resolutions are written down. Make them colorful and exciting. Make sure they place them where you both can go back

*(Continued on page 3)*

### Inside This Edition

Point in Time — Homeless Count	<b>2</b>
Websites for Families	<b>3</b>
Buzzed Driving	<b>3</b>
BIG BOWL VOTE 2015	<b>4</b>

## Annual Meeting

(Continued from page 1)

volunteer time and effort, agency donations, and community support we would not have received the DFC grant. And it is with that continued support that the Coalition will be able to continue to offer programs and information in the future.

Over the next 2 months, the members will determine the future work of the YDC. As new issues arise for youth to handle and older concerns continue to be an issue, the Coalition will be making decisions on what the action plan will look like. Data collected from the Youth Risk Survey, Sheriff's Office, local Police Departments, Kids Count, SC campaign, the Communities That Care student survey, and the YDC adult surveys will be used by the members to determine the issues we wish to tackle. Data from and evaluation of the programs already being implemented will determine the programs we keep.

The process of evaluating all of this data is a valuable tool in helping to determine if the coalition

is making a difference in the community. The process will help us to design plans that will enhance the Coalition's mission and vision for the future.

We are looking to you, the members of the community to help in shaping what the Youth Development Coalition will look like in the future. We need you at the table during these very important meetings to make sure we are addressing the needs of the community and the issues our youth face. Please join us in ensuring a bright future for the youth of Chesterfield County.

The YDC is inviting you to join the coalition, to help plan and implement the upcoming year's plan and to ensure our future success. Please keep in the mind that the Coalition is only as productive as the members make it. It is built on the community and help from its citizens.

## Point in Time—Homeless Count

The date for the 2015 Pit Homeless Count is Wednesday, January 28th. This means our volunteer team will canvass Chesterfield County Jan. 29 thru Tuesday Feb. 3 interviewing people in strategically predetermined venues.

Training in interview techniques, strategies and properly filling out the new simplified interview questionnaire is necessary for new and previous volunteers. The dates for this training in January are: Wednesday 7, 14 & 21 from 6 pm until 7:30 pm. The training location will be held in the Commons Room in the DSS building (physical address 201 N. Page St). This is where the Chesterfield County Coordinating Council

meets monthly.

The nationwide PIT Count is an excellent way for our community to be 'the hands and feet' of Jesus. also I am proud to inform you that 'his hands and feet homeless shelter in Cheraw located in front of the mercy- in- me clinic is up and running!!

Please announce this in your churches and call me or e-mail me if plan to volunteer or have any questions. Rev. Bruce Adams St.Paul UMC Chesterfield -Chesterfield County 2015 PIT Homeless Count Coordinator--Phone 843 409 3257 [ebadams@umcsc.org](mailto:ebadams@umcsc.org)

# Great Websites for Family

Now that the holidays are over and kids are back in school it is important to monitor their time on the Internet and the sites they visit. Try to make that time not just about listening to music but a fun and educational journey. The following is a list of websites that are both informative and fun for kids and families.

- \* <http://www.keeprxsafe.com/>
- \* [http://www.stopbullying.gov/references/white\\_house\\_conference/](http://www.stopbullying.gov/references/white_house_conference/)



- \* [www.advocatesforyouth.org](http://www.advocatesforyouth.org)
- \* [www.checkyourself.org](http://www.checkyourself.org)
- \* [www.thecoolspot.gov](http://www.thecoolspot.gov)
- \* <http://casafamilyday.org>
- \* <http://www.well.com/user/woa/facts.htm>
- \* <http://dougthedrugdog.com>

## **Realistic Resolutions** *(Continued from page 1)*

to them to make sure they are on track. Set a date to go back over each resolution every month.

For long term resolutions, break them down into smaller tasks. For example if your teen wants to bring up their grades, set monthly goals. Start with the grade that most needs to be improved and work on just that one subject. Explain to your teen that they may not see the change quickly but if they stick with each goal, it will pay off.

Participate with your teen to help them reach their goal. For example, if your teen sets a goal to lose weight, help them by putting healthier foods in the grocery cart, commit to taking a walk with them every day, or join the gym together. This is not an easy adjustment especially when they may not be

eating right or do not have enough time for extra exercise outside of all of their other schoolwork and extra-curricular activities.

Reward your teen when you see them working towards or accomplishing a goal. If they know that they have support, they will work harder to reach their goal.

These five simple tips are all that is needed to make sure your teens stick to their New Year's resolutions. By using these four steps, you are helping them to learn to make positive choices about future risky behaviors. For more information on setting goals, resolutions, and risky behaviors, contact Stacey R. Mosier at the Chesterfield County Youth Development Coalition at [srmydc@shtc.net](mailto:srmydc@shtc.net) or 843-623-5265.

## **Buzzed Driving is Drunk Driving**

According to the 2014 Communities That Care survey, of the 367 youth in Chesterfield County High Schools 42% reported that they have never tried alcohol. Of the students that did drink, 8.9% students reported that they have driven a vehicle after drinking within the last 30 days. Sadly, 21.1% students reported having been in the car with someone driving who had been drinking alcohol.

In a 2010 National Highway Traffic Safety Administration report, approximately 20% of crashes in the U.S. are caused by drugged driving. Marijuana is the most prevalent illegal drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims. In 2012 the CDC announce that every day, almost 30 people in the United

States die in motor vehicle crashes that involve an alcohol-impaired driver. This amounts to one death every 48 minutes.

Some statistics from [madd.org](http://madd.org)-- Almost half of all 10th graders drink alcohol. High school students who use alcohol or other substances are five times more likely to drop out of school. Kids who start drinking young are seven times more likely to be in an alcohol-related crash. Car crashes are the leading cause of death for teens, and about a quarter of those crashes involve an underage drinking driver.

Remember, impaired driving crashes are 100% preventable. Do your part by choosing not to drive impaired and help others do the same.



# Chesterfield County Youth Development Coalition



CHESTERFIELD COUNTY, SC  
COORDINATING  
COUNCIL

## Mission

*A coalition of citizens and organizations working together to change community attitudes by providing support, assistance and guidance needed to prevent risky behaviors among all youth in Chesterfield County.*

## Vision

*To create a healthy environment in order for our youth to become productive citizens*

Phone: 843-623-5265  
Fax: 843-623-5360  
E-mail: [srmydc@shtc.net](mailto:srmydc@shtc.net)

201 N. Page Street  
PO Box 648  
Chesterfield, SC 29709



## BIG BOWL VOTE 2015

The NFL Super Bowl is known for its commercials as much as it is for the game itself. Of that wide viewing audience, about 18% will be youth under 21. If your child is one of them, he or she will be exposed to alcohol advertising.

A national study published in *Archives of Pediatrics and Adolescent Medicine* concluded that greater exposure to alcohol advertising contributes to an increase in drinking among underage youth. Specifically, for each additional ad a young person saw (above the monthly youth average of 23), he or she drank 1% more. For each additional dollar per capita spent on alco-

hol advertising in a local market (above the national average of \$6.80 per capita), young people drank 3% more.

Last year middle and high school students in 27 states participated in the BBV 2014. Alcohol ads placed second (among high school students) and third (among middle school students) for the most recalled commercials.

If you work with youth in middle or high school and would like to participate in the BBV 2015 please visit: [www.DrugFreeActionAlliance.org](http://www.DrugFreeActionAlliance.org) or contact the YDC at 623-5265. The voting will take maybe 10 minutes of class time.

### **Help Promote the Vote:**

Visit the **Chesterfield County Youth Development Coalition** on Facebook starting January 16 – February 4. The YDC will be posting facts about alcohol and youth up to the day of Super Bowl. A couple of days prior to the game the BBV Ballot will be posted so everyone has the opportunity to vote on commercials after the game. The YDC will tally our local results and post to our page.