

# **Orange Grove I.S.D. Student Health Advisory Committee (SHAC) Report 2015-2016**

## **Orange Grove I.S.D. SHAC Mission Statement**

To teach lifetime health and wellness to all OGISD students  
by  
In a way that healthy living is extended from school to home

Providing healthy meals during the school day and teaching students to eat healthy balanced meals  
Providing opportunities for physical activity at school each day  
Providing health education opportunities throughout the district  
Encouraging students, faculty & staff, and family members to eat healthy and exercise

So that all students and their families understand, practice and teach others about healthy living.

**The Orange Grove I.S.D. SHAC Committee met for a total of 5 times during the 2015-2016 school year. The members of the committee consisted of the district-wide school nurse, elementary/intermediate campus nurse, food service director, an administrator from each campus, two campus counselors, P.E./health teacher, paraprofessional, community members involved in public health, parents, and two students from Orange Grove High School, and director of student achievement.**

**Some of the activities addressed by the district Student Health Advisory Committee were as follows:**

- Reviewed the nutrition guidelines for the Orange Grove I.S.D. cafeteria and classrooms. Mr. David Taylor, ARAMARK Food Service Manager, discussed with the committee the efforts of the foodservice staff to serve health meals by following all federal USDA guidelines regarding nutrition standards for the National School Lunch and Breakfast Programs. Mr. Taylor also discussed with the committee the Smart Snacks Requirements for when snacks are sold at school during the school day. The campuses have six exempt days per year from the Smart Snacks requirements and the campuses designated those days ahead of time and submitted them to the SHAC committee
- Report from Lacy Wostal, physical education teacher, regarding Health Education and Physical Activity during physical education and recess
- Sponsored a Flu Shot Clinic for district-wide employees and the community. Natasha Lillis, Orange Grove I.S.D. Registered Nurse, reported that 162 individuals participated in the Flu Shot Clinic—99 members of the OGISD faculty and staff and 63 community members
- Mrs. Janey Henderson, L.V.N. reported to the SHAC committee information regarding immunizations needed before students can attend college and her efforts to get 18 year old students signed-up for the Texas State Registry of Immunizations for Adults. She arranges for a clinic to be provided to required immunizations to students who are getting ready to attend college classes on college campuses while still in high school and/or after graduation
- OGISD Health Fair—held on the evening of Thursday, March 3, 2016. It is estimated that over 300 students, parents, and individuals from the community attended. We had over 60 exhibit booths presenting information about a variety of topics, giving out free gifts, and providing health

food, snacks, etc. to those in attendance. We also had activities for young children. The health fair was a large event and took considerable planning on the part of the SHAC committee.

**Meeting agendas as well as meeting deliberations can be found on the district's website under the OG Info link.**