

WHAT TO DO – MEDICAL EMERGENCIES

HEALTH ASSIST

Allergic Reaction

Symptoms:

- Hoarseness or tightness in throat
- Wheezing or trouble breathing or swallowing
- Hives
- Swollen lips, eyes
- Runny Nose
- Dizziness
- Confusion
- Anxiety

What to Do:

1. Have student sit or lie down.
2. Call 911.
3. Notify building on the two-way radio.

Building Secretary will notify:

1. Nurse if available
 2. Parent
 3. Transportation Director who will notify the contractor
4. Ask if they have an Epi-Pen.
 5. If they do, assist student with administration if needed (instructions are on the Epi-Pen).
 6. Note the time the Epi-Pen was administered _____.
 7. Reassure the student until Emergency Services arrive.

Seizures

Symptoms:

- Temporary confusion
- A staring spell
- Uncontrollable jerking movements of the arms and legs
- Loss of consciousness or awareness
- Cognitive or emotional symptoms, such as fear, anxiety or Deja vu

What to Do:

1. Assist student to the floor.
2. Note the time of the incident _____.
3. Call 911.
4. Notify building on the two-way radio.

Building Secretary will notify:

1. Nurse if available
2. Parent
3. Transportation Director who will notify the contractor
5. Remove any objects near the student.
6. Remove glasses if able.
7. IF POSSIBLE, protect the student's head and body by placing clothing between student and object. Example – place sweatshirt between hard objects such as bus window, floor or seat and the student.
8. DO NOT ATTEMPT TO STOP MOVEMENT OR PLACE ANYTHING IN THE STUDENT'S MOUTH.
9. Stay with student until arrival of Emergency Medical Services.

Diabetes – Hypoglycemia (Low Blood Sugar)

Symptoms:

- Nausea
- Nervousness
- Cold/Clammy Skin
- Shakiness
- Irritable
- Confusion
- Difficulty Thinking/Concentrating
- Dizziness
- Headache
- Fatigue

What to Do:

1. Ask student to check his/her blood sugar.
2. Allow student to drink/eat a snack or take glucose tablets.
3. Assist student as needed.
4. If student becomes unconscious, CALL 911 and squeeze cake mate into the student's mouth.
5. Notify building on the two-way radio.

Building Secretary will notify:

1. Nurse if available
2. Parent
3. Transportation Director who will notify the contractor
6. Stay with student until arrival of Emergency Medical Services.