

TIM'S LONG TONE WARM-UP

QUARTER NOTE=60

The musical notation consists of three staves in 4/4 time, each containing eight quarter notes. The first staff starts on middle C (C4) and ascends stepwise to G4. The second staff starts on G4 and descends stepwise to B3. The third staff starts on B3 and descends stepwise to F3. Each note is held for the duration of a quarter note, and the notes in each staff are connected by a slur.

PLAY THIS AS SLOW AS YOU CAN.

USE IT AS A LONG TONE STUDY

WHEN YOU GET COMFORTABLE WITH IT, TAKE IT THROUGH OTHER KEYS BY EAR (OR WRITE IT OUT).

REMEMBER, PLAY YOUR LONG TONES EVERYDAY!!!