

Word Lists: Fry Instant Words

Fry Instant Words are high frequency words.

Knowing them is critical.

There are 100 words per page.

Reading each page in one minute is an appropriate goal.

Fry Instant Words 0 - 100

the
of
and
a
to

or
one
had
by
word

will
up
other
about
out

number
no
way
could
people

in
is
you
that
it

but
not
what
all
were

many
then
them
these
so

my
than
first
water
been

he
was
for
on
are

we
when
your
can
said

some
her
would
make
like

call
who
oil
now
find

as
with
his
they
I

there
use
an
each
which

him
into
time
has
look

long
down
day
did
get

at
be
this
have
from

she
do
how
their
if

two
more
write
go
see

come
made
may
part
over

Fry Instant Words 101 - 200

new
sound
take
only
little

great
where
help
through
much

put
end
does
another
well

kind
hand
picture
again
change

work
know
place
year
live

before
line
right
too
mean

large
must
big
even
such

off
play
spell
air
away

me
back
give
most
very

old
any
same
tell
boy

because
turn
here
why
ask

animal
house
point
page
letter

after
thing
our
just
name

follow
came
want
show
also

went
men
read
need
land

mother
answer
found
study
still

good
sentence
man
think
say

around
form
three
small
set

different
home
us
move
try

learn
should
America
world
high

Fry Instant Words 201 - 300

every
near
add
food
between

left
don't
few
while
along

until
children
side
feet
car

idea
enough
eat
face
watch

own
below
country
plant
last

might
close
something
seem
next

mile
night
walk
white
sea

far
Indian
real
almost
let

school
father
keep
tree
never

hard
open
example
begin
life

began
grow
took
river
four

above
girl
sometimes
mountain
cut

start
city
earth
eye
light

always
those
both
paper
together

carry
state
once
book
hear

young
talk
soon
list
song

thought
head
under
story
saw

got
group
often
run
important

stop
without
second
late
miss

leave
family
body
music
color

Fry Instant Words 301 - 400

being
it's
your
stand
sun

order
red
door
sure
become

listen
wind
rock
space
covered

farm
pulled
draw
voice
seen

questions
fish
area
mark
dog

top
ship
across
today
during

fast
several
hold
himself
toward

cold
cried
plan
notice
south

horse
birds
problem
complete
room

short
better
best
however
low

five
step
morning
passed
vowel

sing
war
ground
fall
king

knew
since
ever
piece
told

hours
black
products
happened
whole

true
hundred
against
pattern
numeral

town
I'll
unit
figure
certain

usually
didn't
friends
easy
heard

measure
remember
early
waves
reached

table
north
slowly
money
map

field
travel
wood
fire
upon

Fry Instant Words 401 - 500

done
English
road
half
ten

decided
contain
course
surface
produce

plane
system
behind
ran
round

filled
heat
full
hot
check

fly
gave
box
finally
wait

building
ocean
class
note
nothing

boat
game
force
brought
understand

object
am
rule
among
noun

correct
oh
quickly
person
became

rest
carefully
scientists
inside
wheel

warm
common
bring
explain
dry

power
cannot
able
six
size

shown
minutes
strong
verb
stars

stay
green
known
island
week

though
language
shape
deep
thousands

dark
ball
material
special
heavy

front
feel
fact
inches
street

less
machine
base
ago
stood

yes
clear
equation
yet
government

fine
pair
circle
include
built

Fry Instant Words 501 - 600

can't
matter
square
syllables
perhaps

picked
simple
cells
paint
mind

legs
sat
main
winter
wide

beside
gone
sky
glass
million

bill
felt
suddenly
test
directions

love
cause
rain
exercise
eggs

written
length
reason
kept
interest

west
lay
weather
root
instruments

center
farmers
ready
anything
divided

train
blue
wish
drop
developed

arms
brother
race
present
beautiful

meet
third
months
paragraph
raised

general
energy
subject
Europe
moon

window
difference
distance
heart
sit

store
job
edge
past
sign

represent
soft
whether
clothes
flowers

regions
return
believe
dance
members

sum
summer
wall
forest
probably

record
finished
discovered
wild
happy

shall
teacher
held
describe
drive

Fry Instant Words 601 - 700

cross
speak
solve
appear
metal

already
instead
phrase
soil
bed

hair
age
amount
scale
pounds

rolled
bear
wonder
smiled
angle

son
either
ice
sleep
village

copy
free
hope
spring
case

although
per
broker
moment
tiny

fraction
Africa
killed
melody
bottom

factors
result
jumped
snow
ride

laughed
nation
quite
type
themselves

possible
gold
milk
quiet
natural

trip
hole
poor
let's
fight

care
floor
hill
pushed
baby

temperature
bright
lead
everyone
method

lot
stone
act
build
middle

surprise
French
died
beat
exactly

buy
century
outside
everything
tall

section
lake
consonant
within
dictionary

speed
count
cat
someone
sail

remain
dress
iron
couldn't
fingers

Fry Instant Words 701 - 800

row
least
catch
climbed
wrote

president
brown
trouble
cool
cloud

yourself
control
practice
report
straight

caught
fell
team
God
captain

shouted
continued
itself
else
plains

lost
sent
symbols
wear
bad

rise
statement
stick
party
seeds

direct
ring
serve
child
desert

gas
England
burning
design
joined

save
experiment
engine
alone
drawing

suppose
woman
coast
bank
period

increase
history
cost
maybe
business

foot
law
ears
grass
you're

east
pay
single
touch
information

wire
choose
clean
visit
bit

separate
break
uncle
hunting
flow

grew
skin
valley
cents
key

express
mouth
yard
equal
decimals

whose
received
garden
please
strange

lady
students
humans
art
feeling

Fry Instant Words 801 - 900

supply
corner
electric
insects
crops

guess
silent
trade
rather
compare

thick
blood
lie
spot
bell

major
observe
tube
necessary
weight

tone
hit
sand
doctor
provide

crowd
poem
enjoy
elements
indicate

fun
loud
consider
suggested
thin

meat
lifted
process
army
hat

thus
won't
cook
bones
tall

except
flat
seven
interesting
expect

position
entered
fruit
tied
rich

property
particular
swim
terms
current

board
modern
compound
mine
wasn't

sense
string
blow
famous
value

dollars
send
sight
chief
Japanese

park
sell
shoulder
industry
wash

fit
addition
belong
safe
soldiers

wings
movement
pole
exciting
branches

stream
planets
rhythm
eight
science

block
spread
cattle
wife
sharp

Fry Instant Words 901 - 1000

company
radio
we'll
action
capital

sister
oxygen
plural
various
agreed

gun
similar
death
score
forward

total
deal
determine
evening
nor

factories
settled
yellow
isn't
southern

opposite
wrong
chart
prepared
pretty

stretched
experience
rose
allow
fear

rope
cotton
apple
details
entire

truck
fair
printed
wouldn't
ahead

solution
fresh
shop
suffix
especially

workers
Washington
Greek
women
bought

corn
substance
smell
tools
conditions

chance
born
level
triangle
molecules

shoes
actually
nose
afraid
dead

led
march
northern
create
British

cows
track
arrived
located
sir

France
repeated
column
western
church

sugar
adjective
fig
office
huge

difficult
match
win
doesn't
steel

seat
division
effect
underline
view

