

JANUARY

LUNCH 2016-2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL
9 BEEF STEW & STEAMED RICE MIXED FRUITS OR W/G CORNBREAD	12 WEINER ON W/G BUN & POTATO ROUNDS OR BAKE BEANS VEGGIE STIX OR OR APPLE	11 CREOLE MACARONI & PEACHES GARDEN SALAD OR W/G FRENCH BREAD	12 CHICKEN FINGERS & STEAMED RICE & PINEAPPLE OR LETTUCE & TOMATO baby carrots	13 RST. TURKEY WGRAVY & WHIP POTATO AND ORANGE edamame/carrot/corn OR W/G ROLL
16 MARTIN LUTHER KING DAY NO SCHOOL	17 CHICKEN TENDERS ON SHR. CABBAGE & STM RICE BROCCOLI/CARROTS OR APPLE SC.	18 NACHO/BEEF & BEAN & FRUIT JUICE GARDEN SALAD	19 ASIAN CHICKEN ON SHREDD. CABBAGE RICE & PEACHES VEGETABLE MEDLEY & WG ROLL	20 CHS. BURGER ON W/G BUN & POT. WEDGE baby carrots or LETTUCE OR TOMATO OR APPLE WEDGE
23 PULLED CHICKEN & WHIP POTATO & GRAVY & APPLES EDAMAME/CORN/ BROC. OR W/G ROLL	24 CHICKEN PATTY W/ WG BUN ,OVEN FRIES LETTUCE OR TOMATO OR ORANGE WEDGE	25 BAKED SPAGHETTI & PEACHES SPINACH/ ROMAINE OR W/G FRENCH ROLL	26 ITALIAN SAUSAGE PIZZA & FRUIT JUICE OR BAKE BEANS OR baby carrots or OR GARDEN SALAD	27 KALUA CABBAGE & STEAMED RICE & PINEAPPLE LOMI TOMATO OR
30 BRAISED BEEF wgravy WHIPPED POTATO & WG ROLL BROCCOLI/CARROTS OR MIXED FRUITS	31 WEINER ON W/G BUN & POTATO ROUNDS OR BAKE BEANS VEGGIE STIX OR OR APPLE	1 CREOLE MACARONI & PEACHES GARDEN SALAD OR W/G FRENCH BREAD	2 CHICKEN FINGERS & STEAMED RICE & PINEAPPLE OR LETTUCE & TOMATO baby carrots	3 RST. TURKEY WGRAVY & WHIP POTATO AND ORANGE edamame/carrot/corn OR W/G ROLL

ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK , 1/2 PINT