

## **ID/DD Crisis Intervention Specialist**

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### **Clients Served & Program Goals**

Individuals ages 3-99 w/ a confirmed Intellectual and/or Developmental Disability who have experienced a crisis episode or who are at risk of experiencing a crisis episode.

- Services run 90 days or less
- The goal of CIS is to support individuals with ID/DD to remain in the community by providing crisis prevention services

### **CIS Services**

- CIS can provide support to individuals with ID/DD to increase their ability to remain living in the community through the identification of crisis prevention strategies and skills training (e.g. emotional regulation; coping strategies; health and wellness; social skills)
- CIS can provide referrals to other services and programs within in the Travis County area including additional IDD and BH services
- If an ID or DD diagnosis is suspected, a referral can still be made to CIS. CIS will work with the individual to collect the necessary clinical documentation to confirm an ID and/or DD diagnosis and assist in scheduling an Integral Care IDD intake appointment
- Services are available regardless of ability to pay and can be provided in many languages through the use of translation services

If an individual is at risk of harming themselves or others, call the Integral Care Crisis Hotline: 512-472-HELP (4357). If an individual has seriously harmed themselves or others, call 911 and request a Mental Health Officer (MHO) or CIT.