



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

Breakfast is a two week rotation.



**Milk choices :**  
**1% White Milk**  
**Fat Free White Milk**  
**Lactose Free Milk**  
**Chocolate Milk**

Monday Pancake Syrup Poptart <b>Fresh Fruit</b> <b>Juice</b>	Tuesday Pizza Bagel Cereal Bar <b>Fresh Fruit</b> <b>Juice</b>	Wednesday Biscuit/Grits Scrambled Eggs Sausage Link Poptart <b>Juice / Fresh Fruit</b>	Thursday French Toast Sticks Syrup Cereal / Honey Grahams <b>Fresh Fruit</b> <b>Juice</b>	Friday Sausage Biscuit Jelly Mini Donut <b>Fresh Fruit</b> <b>Juice</b>	Calories... 648 Cholesterol...22 mg Sodium.736 mg Sugar 526.5 g Carbohydrates 108.1g
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>Avg Nutrients Target</b>
Monday Pancake Syrup Poptart <b>Fresh Fruit</b> <b>Juice</b>	Tuesday Pizza Sausage Mini Donut <b>Fresh Fruit</b> <b>Juice</b>	Wednesday Chicken Biscuit Cereal Bar <b>Honey Grahams</b> Tater Tots/ Ketchup <b>Juice / Fresh Fruit</b>	Thursday Pancake Pub Cereal <b>Honey Grahams</b> <b>Fresh Fruit</b> <b>Juice</b>	Friday Morning sausage roll Honey Bun <b>Fresh Fruit</b> <b>Juice</b>	Calories.. 891 Cholesterol...52 mg Sodium. 1040 mg Sugar 78.9 Carbohydrates 155.4

Low fat and fat free white milk offered Daily.

Menu subject to change based on availability.

Georgia Grown

Local wellness policy at [www.gocats.org/schoolnutrition](http://www.gocats.org/schoolnutrition)



Local Grown

March 2 - We will Serve - Biscuit - Scrambled Eggs - Ham Patty

Birthday Dr. Seuss

Happy