



Medical Statement for Children with Special Dietary Needs:
 Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
			1 Pork Roast w/Gravy Mashed Potatoes/Turnips Steamed Carrots Cornbread Diced Pears	2 Pizza Baked Beans French Fries Peaches Graham Cracker	Calories...468 Cholesterol.. 20 mg Sodium. 829 mg Sugar 18.8 g Carbohydrates 67 g
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
5 Chicken Chunks Mac & Cheese Roll Lima Beans Carrots Fruit Cocktail	6 Spaghetti Bread Sticks Shredded Lettuce Tomato Cherry Corn Banana	7 Chicken Teriyaki Scalloped Potato Steamed Broccoli Roll Strawberry Cup	8 Oven Baked Chicken Mashed Potatoes Gravy Brown Seasoned Green Beans Fresh Fruit Roll	9 Chicken Sandwich French Fries Dill Spear Baked Beans Graham Cracker	Calories...498 Cholesterol...43 mg Sodium. 1003 mg Sugar 31.4 g Carbohydrates 72 g
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
12 Hamburger French Fries Shredded Lettuce Tomato Sliced Carrots Fruit Cocktail	13 Chilli Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Graham Cracker	14 Taco Chips/ Beef French Fries Shredded Lettuce Tomato Cherry Corn Apricots	15 Country Fried Steak Mashed Potatoes Turnips Steamed Carrots Cornbread Diced Pears	16 Corndog Baked Beans French Fries Peaches Graham Cracker	Calories...809 Cholesterol...52 mg Sodium. 1232 mg Sugar 43.5 g Carbohydrates 95.9 g
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
19 Meatloaf Mac & Cheese Roll Lima Beans Carrots Fruit Cocktail	20 Pizza Shredded Lettuce Tomato Cherry Corn Banana	21 Fish Scalloped Potato Steamed Broccoli Roll Peaches	22 Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Fresh Fruit Roll	23 BBQ / Roll French fries Carrots Sliced Apples Blueberry Juice Rice Krispie	Calories...427 Cholesterol...30 mg Sodium.778 mg Sugar 58.1 g Carbohydrates 102.6 g
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
26 Grilled Chicken Sandwich French Fries Shredded Lettuce Tomato Sliced Carrots Fruit Cocktail	27 Fish Sandwich Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Graham Cracker	28 Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Pineapple	29 Pork Roast w/Gravy Mashed Potatoes Turnips Steamed Carrots Cornbread Fresh Fruit	30 Pizza Baked Beans French Fries Peaches Graham Cracker	Calories... 796 Cholesterol.. 41 mg Sodium. 1457 mg Sugar 39.6 g Carbohydrates 86.2 g

Low fat and fat free white, strawberry, lactose free and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown

