

**TEXAS SCHOOL FOR THE DEAF MEDIA ALERT**

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**TEXAS SCHOOL FOR THE DEAF'S 5<sup>TH</sup> ANNUAL RANGER TRIATHLON**  
**A FUN, FAMILY FITNESS EVENT - OCTOBER 14**

**Austin, Texas – October 14, 2012** A great event for kids and beginners, Texas School for the Deaf (TSD) hosts its 5<sup>th</sup> Annual Ranger Triathlon, Sunday October 14 at the school's south Austin campus – 1102 South Congress Avenue.

This unique event offers something for everyone! A safe, closed course within TSD's gated campus, indoor pool, and a mixed-terrain running course utilizing, stairs, sidewalks, grass and TSD's track; with prizes and course distances for three age groups: Juniors (ages 7-10), Seniors (ages 11-14) and Adults (ages 15+); and only a \$40 entrance fee.

Sponsored by the Texas School for the Deaf's (TSD) Student Health Advisory Committee to promote healthy lifestyles through physical activities, the Ranger Triathlon is open to the community. Proceeds from the Ranger Triathlon will support TSD's Physical Education Programs for students 0-22 years old who are deaf and hard of hearing.

Participants and volunteers will find registration and complete details at [www.rangertri.com](http://www.rangertri.com).

**Texas School for the Deaf's Ranger Triathlon - October 14**  
**1102 South Congress Avenue**

**Packet Pick-up\*\*/Registration [www.rangertri.com](http://www.rangertri.com)**

\*\*All participants will sign a waiver in person and are not allowed to pick up another participant's packet

**Friday, Oct 12** 11:00 a.m. – 1:00 p.m. Jack and Adam's Bicycles – 1210 Barton Springs Road  
**Saturday, Oct 13** 11:00 a.m. - 5:00 p.m. 1379 Family Sports – 2727 Exposition Drive

**Race Day**

**Sunday, Oct 14** 6:45 - 8:45 a.m. Transition open  
8:45 – 10:30 a.m. Pedestrian access only-TSD campus gates and access to parking closed during race time  
8:45 a.m. Transition closes/Race orientation  
9:00 a.m. Triathlon start



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**ABOUT THE TEXAS SCHOOL FOR THE DEAF (TSD)**

The Texas School for the Deaf is the oldest continuously operating public school in Texas. Educating deaf and hard of hearing students of Texas since 1856, the campus also provides outreach and educational resources for students, their families and professionals in the field throughout the state of Texas. With educational excellence and a strong belief in a culture and community at TSD, students form a unique identity based on their individual strengths and talents. TSD is an environment where students learn, grow, and belong. For more information about the Texas School for the Deaf, visit <http://www.tsd.state.tx.us/>.

