

Client Services: Victor Salas (818) 698-4020 & Field Representative: Veronica Alcaraz Valcaraz@freshstartmeals.net

Menus subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Hot Dog with Carrot Sticks (1c) & Ranch	2 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c) (45)
5 Penne Pasta (1c) & Turkey Meat Sauce (3/4c) with Green Salad (1 1/2c)	6 Cheeseburger with Tater Tots (1c)	7 Pepperoni Pizza with Carrot Sticks (1c) & Ranch (76 Reg + 4 Cheese) Starts at 11:55am	8 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (1c)	9 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c) (45)
12 Herb Chicken Breast with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	13 Beef Taquitos (2) with Whole Kernel Corn (1c)	14 Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch	15 Chicken Tamal with Pinto Beans (1c)	16 Pesto Chicken Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) (45)
19 NO SCHOOL	20 PepperJack Cheeseburger with Sweet Potato (1c)	21 Red Chicken & Cheese Enchiladas with Black Beans (3/4c)	22 Chicken & Waffles with Mashed Potatoes (1c)	23 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c) (45)
26 Tuna Salad Sandwich with Green Salad (1 1/2c)	27 Double Dog Chicken Hot Dogs with Tater Tots (1c)	28 Ham & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch (62)	29 Ground Turkey (2oz) & Cheese (.5oz) Nachos (2oz) with Refried Pinto Beans (1c)	30 Spaghetti (1c) & Meatballs (4) with Steamed Broccoli & Carrots (1c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// Participating in LENT //Lent Fridays count: 45 Reg, 20 Veg// No Pizza on Menu



“Eat Right, Be Bright!”