

# Sunset Lane Elementary School



2030 Sunset Lane  
Fullerton, CA 92833

Office: (714) 447-7750  
Fax: (714) 447-7768

Principal: Dr. Tracy Gyurina  
Assistant Principal: Mrs. Escaleras-Nappi

## Suggestions for Talking to your Child/Children about School Lockdowns

This has been an extraordinary year with so many National, State, and regional events that have impacted the students, parents, and staff in our schools. Our students see and hear about these events daily on the television and Internet. At school, we frequently have discussions with students regarding emergency and safety procedures, and we practice safety by holding drills for earthquakes, fires, and lockdown situations. Parents are important and powerful partners in protecting the safety and well being of our students and staff. In response to parent requests, we have provided suggested discussion starters related to lockdown drills. We are asking our parents to take some time with their children to discuss the procedures for safety response. Specifically, please discuss lockdowns and reinforce with your child the importance of knowing what to do during a lockdown.

### Ask your child if they remember recently practicing any emergency drills at school like fire drills, duck and cover drills, and/or lockdown drills?

- Ask your child clarifying questions and encourage him/her to share more information if the answers are short and/or unclear.

### Ask your child if they can tell you what they are supposed to do during a lockdown drill?

- If your child shows that he/she is uncomfortable or seems unsure, encourage him/her to share what he/she knows and that it is okay to be unsure or even a little scared.
- Remind and reinforce with your child:
  1. Listen to your teachers and adults who work at the school.
  2. Make sure your child knows the lockdown procedures (e.g. stay inside the classroom, get under your desk, remain calm and quiet). If your child does not know, please contact your child's teacher so the procedures can be reviewed with your child.

### Ask your child if he/she knows why they practice lockdown drills at school?

- Reinforce the idea that practice helps makes your child prepared for real emergencies.

### Ask your child how he/she feels about lockdown drills?

- Reassure your child that it is okay to feel scared or anxious. There are adults at the school who are watching out for your safety and we practice to make sure everyone knows exactly what to do and how to stay safe.

These are some suggested discussion starters, but as your child's parent, you know the best way to hold this important discussion with your child. Please contact your school's principal if you have any questions or concerns at (714) 447-7750 or [tracy\\_gyurina@myfsd.org](mailto:tracy_gyurina@myfsd.org).

**\*\*Korean translation of this document will be available upon request  
in the school office following Spring Break\*\***