

All summer work-outs will be held at
the HS Weightroom.
7-8:15 designed for HS Athletes
8:30-9:45 designed for JH Athletes

JUNE 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1 Graduation 7:30PM	2
3	4	5 Football Camp 8-11AM Basketball Camp 12:00-3:00	6 Football Camp 8-11AM Basketball Camp 12:00-3:00	7 Football Camp 8-11AM Basketball Camp 12:00-3:00	8 Football Camp 8-11AM Basketball Camp 12:00-3:00	9
10 Adkins	11 Baseball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	12 Baseball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	13 Baseball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	14 Baseball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	15	16
17 <u>FATHER'S DAY</u> 18th of June	18 Volleyball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	19 Volleyball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	20 Volleyball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	21 Volleyball Camp Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	22	23
24	25 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	26 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	27 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	28 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	29	30

JULY 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1 NO WORK- OUTS THIS WEEK	2	3	4 <u>4th OF</u> <u>JULY</u>	5	6	7
8	9 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	10 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	11 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	12 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	13	14
15	16 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH Coaching School TBA	17 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH Coaching School TBA	18 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH Coaching School TBA	19 Summer Workout 7-8:15AM- HS 8:30-9:45AM- JH	20	21
22 <u>Coaches Report</u> <u>Coaching</u> <u>School</u>	23 <u>Coaches Report</u> <u>Coaching</u> <u>School</u>	24 <u>Coaches Report</u> <u>Coaching</u> <u>School</u>	25 <u>COACHES</u> <u>REPORT 8-3</u>	26 <u>COACHES</u> <u>REPORT 8-3</u>	27 Coaches TBA	28
29	30 <u>COACHES</u> <u>REPORT 1-9PM</u> Advanced Football Camp 7-9PM	31 <u>COACHES</u> <u>REPORT 1-9PM</u> Advanced Football Camp 7-9PM				

AUGUST 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 <u>COACHES REPORT 1-9PM</u> Advanced Football Camp 7-9PM	2 <u>COACHES REPORT 1-9PM</u> Advanced Football Camp 7-9PM	3 <u>COACHES REPORT TBA</u>	4
5	6 1st Practice 5-10PM Weights/Film	7 Practice 5-10PM Weights/Film	8 Practice 5-10PM Weights/Film	9 Practice 5-10PM Weights/Film	10 Practice 8-11AM 9th 8-11AM JV/V 10-12 Weights/Film @ Game Field	11 *Pictures TBA Alumni Flag Game 5:30-7:30 Orange/Black Game/@Game Field 7-9PM
12	13 Practice@ Game Field 5-7PM Film/Weights 7-9:30PM 9th/JV/V	14 Practice 6AM-7:45AM	15 Practice 6AM-7:45AM	16 *Meet The Tigers 7:15-8PM Tempo Practice 8PM-9PM	17 Scrimmage @ Gonzales 5/6:30	18 Practice 8-11AM Weights/Film 11-1PM
19	20 Practice 8-11AM Weights/Film 11-1PM	21 1ST DAY OF SCHOOL Practice 4-6:30 Weights/Film 6:30-7:30	22 Practice 4-6:30	23 Practice 4-6:30 Weights/Film 6:30-7:30	24 Scrimmage Cedar Creek/Del Valle TBA	25 Coaches Work 8AM-??
26 TBA	27 Practice 4-6:30 Weights/Film 6:30-7:30	28 Practice 4-6:30 Weights/Film 6:30-7:30	29 Practice Varsity 3-5 JV/9th Game TBA	30 GAME @ Eastside Memorial	31 Practice in period only Coaches go Scout	1 Coaches Work 8AM-??