

Student Health Advisory Committee Meeting
Tuesday, February 12, 2018
Agenda

I. Introductions

II. Campus Flu Reports

III. Child Nutrition Update

IV. Health Curriculum

- a. Health Course
- b. Coordinated Health Programs
- c. Human Sexuality
- d. CPR Instruction (Secondary)

V. Emergency Operation Manual

VI. Campus Events/Programs

- a. CHS Tobacco Survey (next week)

May SHAC Agenda Items:

- Physical Education Curriculum (EHAA, EHAB, EHAC Legal)
- Fitness Gram
- Alcohol Awareness Instruction (EHAC Legal)
- Parenting Awareness Program (EHAC Legal)

Minutes:

Chris Miller called the meeting at approximately 3:00pm. Motion was made by Mary McCarthy and seconded by Deborah Kaspar to waive the reading of the minutes from the October SHAC meeting.

Campus Flu Reports

Lead nurse Deborah Kaspar spoke on behalf of all CBISD campuses. Nurse Kasper stated that there were currently no severe effects of flu on any CBISD campus. While some students were exhibiting flu like symptoms, only a handful have been identified with the flu. She also reported that in conversations with the county, there has been limited cases reported. All campus nurses are reporting to principals regularly. All campuses are promoting hand washing. Maintenance

is making every effort to make sure that hand sanitizers are staying filled and custodial crews are being diligent in wiping all hard surfaces and doorknobs on a daily basis.

Child Nutrition Update:

Ann Edwards, CBISD Child Nutrition Director, reported that National School Breakfast week will run March 5 – 9. The motto this year is “Dive into a healthy school breakfast.”

Art contest promotion is ongoing at all elementary schools. Students are drawing their own healthy hero’s that promote healthy eating and lifestyles. The winner will receive art supplies as a prize. Mrs. Edwards reports they have received over 100 entries thus far.

Health Curriculum:

Health curriculum at high school campus was discussed. CHS, as part of the foundation diploma program requires all students to take a ½ semester of health. Course is offered in the traditional setting as well as through virtual school. The curriculum is based on the Texas Health TEKS and the Glencoe Health textbook is used for instruction. Classes meet daily for 50 minutes for one semester. Junior high also offers the health course under the same guidelines for high school credit.

Coordinated Health Programs (K-8):

Mr. Miller reviewed policy EHAA Legal that requires schools to offer Coordinated Health Programs to develop and implement programs designed to prevent obesity, cardiovascular disease, oral disease and type 2 diabetes. Schools reported they are using the CATCH program for instruction. Campuses did ask for professional development and updated resources for the program as it had not been done for a few years. Campus also discussed extra programs that were being done to teach the requirements.

Human Sexuality:

Mr. Miller reviewed policy EHAA Legal, which identifies Human Sexuality instruction, in CBISD. Policy implementation was discussed at all campuses.

CHS and WBJH stated that they used a new program in conjunction with Communities in Schools called “Free to Be Me.” This program meets policy requirements. It lasted one week and serviced approximately 400 students at CHS. It provided resources such as appropriate dating ideas, relationship red flags and personality profiles. Teachers stated that it was well received and extremely professional to a sensitive subject.

Elementary schools discussed the continued program that is done in 5th grade. Pam Erwin stated that a new, updated video was used this year that was more in line to current topics.

Parent permission forms were distributed for all events according to policy.

CPR Instruction:

Mr. Miller reviewed policy EHAC Legal that identifies required CPR instruction in grades 7-12. Currently, CHS and WBJH offers non-certified CPR instruction through the health classes offered on campus. Instructional materials used include the Glencoe Health Textbook and American Red Cross CPR video. Additionally, CHS teaches CPR certification in the Health Science program offered at CHS. Health Science teacher, Patty Azlin, is a certified CPR instructor. CPR certification is required for all CNA candidates before starting practical rounds.

Emergency Operations Manual:

Mr. Miller reviewed district and campus Emergency Operations Manual. Council discussed ways to implement information to all on campus in a professional development setting.

Parent Recruitment:
Commmity

Campus Events/Programs:

Elementary Jump Rope for Heart

CHS Tobacco Survey – will take place next week during all History classes.

National Schools Breakfast Week March 5-9.

Elementary Running Club – ongoing

Adjournment:

Motion was made by Scott Moody at 3:47 to adjourn meeting. Seconded by Robert McReynolds. SHAC meeting adjourned at 3:48

Members in Attendance:

Tara Belote
Ann Edwards
Wendy Thoe
Pamela Erwin
Becky Cade
Chris Rexses
Patti Neel
Deborah Kaspar
Hannah Lamb
Scott Moody
Robert McReynolds
Chris Miller
Mary McCarthy
Lisa Hall

