

2017 - 2018

Instituto Health Sciences Career Academy – Sports Handbook



Dr. Hillyn Sennholtz - Principal

Alec Brown – Athletic Director

Welcome!!!

Instituto Health Sciences Career Academy is honored to provide a sports and wellness program for students and their families. We believe that sports are one of the ways students at IHSCA can embody the mission of the school. Being a part on an athletic team can be a rewarding and positive educational experience that enhances a students' high school education and helps prepare them for college. It is important that students have clear understandings of the time demands, responsibility, dedication, and sacrifices required when making a commitment to a sports team. The following information explains the philosophy, goals, and polices of the athletic department. Please refer to this document when a question about your students' participation in sports arises.

Philosophy of Athletics at IHSCA

Athletics at IHSCA are considered an important part of the educational experience. Students can develop physically, mentally, and emotionally from athletic opportunities. Students will have the opportunity to work cooperatively with a team and to discover his or her own physical limits. Athletic opportunities should not be limited to a few. IHSCA will strive to provide athletic experiences for all students interested either through competitive or intramural sports. Our sports program will be designed to promote good sportsmanship and the enjoyment of competition. The hard work and dedication of our teams will make the whole community proud.

Program Goals

It will be the goal of the sports program to:

- Enhance students' opportunities to compete for placement in top universities.
- Develop habits of mind that ensure successful transitions into real world experiences.
- Emphasize the development of basic skills, appropriate attitudes, and team concepts.
- Allow as many students as possible to participate and share the experience and benefits derived from team membership.
- Promote the benefits of living a healthy lifestyle

Commitment

Each member of an athletic team **MUST**:

- Commit to being present at all team activities, including practices, meetings, and games.
- Dedicate himself/herself to becoming an excellent member of the school, community, and team.
- Strive to continually improve as a student and athlete.
- Demonstrate pride in the school and team.

Athletic Code of Conduct:

Attendance Policy:

Any student-athlete absent from school or with an unexcused tardy the day of a scheduled game or practice session will not be allowed to participate in that game or practice except with permission from the Principal or Athletic Director. A Friday absence counts towards Saturday/Sunday and Monday holiday participation. A student must be in school for a minimum of 3 periods in order to participate in extra-curricular activities on that day.

Behavioral Policy:

Student Athletes should be on their best behavior at all times. They are required to follow the standards set by the IHSCA student code of conduct in order to participate in athletics.

- Any student athlete assigned a detention must serve that detention on the day it is assigned regardless of team practices, games, or activities that may fall on that day except with permission from the Principal or Athletic Director. Student athletes who fail to serve their detention may be suspended or dismissed from their team for missing assigned detentions.
- Student athletes who are suspended from school during their athletic season may not participate in their sport during the time they are suspended. Student athletes who are suspended multiple times during their athletic season may be dismissed from their team for the remainder of the season.

Athletes are also expected to uphold good sportsmanship during athletic competitions. Taunting, either as an active member or as a spectator, at a sporting event is forbidden and may lead to suspension or elimination from the team. Honesty is expected at all times. Stealing and lying will not be tolerated and, subject to due process, may result in suspension or immediate dismissal from the team.

Student Athletes are representatives of their community, school, and team at all practices, contests, and events. Students must conduct themselves properly when traveling. Profanity is discouraged. The Athletic Director, Coaches, and all other adult volunteers reserve the right to assign consequences if they see student athletes not being the representatives they should. These consequences may include suspension or dismissal from the team.

Student Athletes will respect that their coaches have the best interests of them and the team in mind. They will obey the specific rules of the coach. Failure to do this may result in suspension or dismissal from the team.

Student Athletes will have respect for their school grounds and the grounds they compete on. Damage to buildings and equipment may result in immediate suspension from the team. The length of such suspension will depend on the severity of the damage as determined by the Athletic Director and Coach.

Student Athletes will have respect for all officials during any athletic contest. Disrespect towards officials may result in suspension or dismissal from the team.

Academic Policy:

IHSCA student athletes must be passing all of their current classes in order to participate in the sports program. If a student athlete is not passing one or more classes they will not be allowed to participate in their sport until their grade is raised to a passing level.

Equipment/Uniform Policy:

Uniforms and sports equipment used during an athletic season belong to the school and must be returned upon the end of the season. If the event that uniforms and/or equipment is not returned the student athlete will be charged for the missing items.



Student athletes and parents are required to read and sign this document before participating in their sport. Please return this page to your coach.

I _____ agree to the terms of the athletic handbook and pledge to obey those rules for the entire term of my athletic participation.

Student-Athlete Signature: _____

Date: _____

Student Phone Number: _____

Student Email Address: _____

Parent/Guardian Signature: _____

Date: _____

Parent Phone Number: _____

Parent Email Address: _____

