

# Appendix C

## **Birthday Celebration Policy 2017-18**

Each teacher has a classroom birthday policy. We encourage students to donate a special book to the school or classroom library. Bringing treats to class must be arranged with the teacher ahead of time and be modest in nature.

### **Approved Birthday Treats**

Vista Grande believes in teaching and modeling healthy choices. Treats offered for classmates in celebration of your child's birthday should be about 100 calories. We also believe that each child's birthday is a special day. Each teacher has established procedures and preferences for acknowledging student birthdays, that will follow these guidelines.

Small, individual bags of:

- Pretzels
- Animal crackers
- Goldfish
- Cheez-Its
- Sliced apples
- String cheese
- Graham crackers
- One cookie
- 2-bite brownies
- 2-bite cupcakes

OR

A donation to the classroom:

- Book
- DVD
- Art materials
- (consult your teacher's wish list)

In addition, planning for birthday parties at home is a private matter. *Please do not ask your teacher to share class rosters, phone numbers or email addresses as this violates privacy policies.* Handing out birthday invitations at school puts teachers in the awkward position of having to find "lost" invitations or soothing

the hurt feelings of children who are not invited. Therefore, birthday invitations may not be handed out at school.

Thank you for respecting the planning that takes place to ensure quality instructional time while your child is at school. And thank you for respecting the rights of other families who wish to maintain their privacy and our need to protect that right.