

**Your school counselor
can help...**

- You understand yourself and others.
- When you need someone to listen.
- With family changes.
- When you are faced with personal and difficult situations.
- With career development and healthy decision-making.
- When you are **stressed out!**

Confidentiality

All information shared during counseling sessions is confidential unless you tell us that:

(1) you are planning to hurt yourself or others

or

(2) someone is hurting you or another student.

In these situations, we are required to share the information with parents, administrators, and/or other appropriate trusted adults.

Heritage Middle School

Counseling Department

2016-2017

Ms. Gladding (A-L)
Ms. Frame (M-Z)

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Heritage Middle School Counseling



Counselors:

Ms. Stacey Gladding (A-L)
Ms. Nicole Frame (M-Z)

Administration:

Ms. DeAngelis (Principal)
Mrs. Wiggins (Asst. Principal)



Mission Statement

The mission of the guidance program at Painesville City Local Schools is to provide knowledge & assistance to all students that will enable them to become productive members of society.

Participation in the guidance & counseling program will assist students to grow and develop a sense of dignity and worth that will be reflected in respect for themselves and others.

Upon completion of the program, students will have experienced opportunities to achieve a better understanding of the world in which they live that may result in their ability to become active, responsible and productive citizens.

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Counselors speak with students to:

- Listen
- Problem-solve issues of concern
- Provide support when dealing with personal problems
- Create a plan for academic success
- Explore career pathways

Counselors speak with parents/guardians to:

- Provide support for parents seeking help
- Provide information regarding available community resources
- Share information about their child within the boundaries of the counselor's professional ethics
- Review student academic performance

Counselor consults with staff and other professionals to:

- Help identify and assist students with academic difficulties
- Assist administration in coordinating activities such as transitioning and scheduling
- Remove barriers to student learning through interventions and plans (eg.-504 Plans)

Examples of Concerns Heard by Middle School Counselors

"I'm having trouble with a class."

"I just need to talk to someone."

"My best friend won't talk to me."

"My homework isn't done because of something that happened at home."

"I just don't know how to get organized."

"I don't feel like I have friends."

"I want to get my grades up, but I don't know where to start."

Counselors may meet with students about...

Behavior issues

Problems with grades

Missing too many school days

Promotion/Retention

Healthy peer relationships

Helping with transitions

College/Career Planning